

EXHIBIT HALL OPEN

12:30PM – 6:00PM

INTRODUCTION, AWARDS AND WELCOME

1:30PM – 2:15PM

Sheri Katz, DDS, AADSM President

Todd Morgan, DMD, Chair, AADSM Program Committee

KEYNOTE LECTURE: THE FUTURE ROLE OF DENTISTS IN DIAGNOSIS AND MANAGEMENT OF SLEEP DISORDERED BREATHING

2:15PM – 3:15PM

SPEAKER:

Colin E Sullivan, MD, PhD, FRACP

AADSM Honorary Member and Keynote Speaker

OVERVIEW: Dr. Sullivan will present the current trends in the treatment of sleep apnea and forecast future trends.

TARGET AUDIENCE: Dentists

OBJECTIVES:

1. Provide an overview of sleep disordered breathing in children and adults;
2. Outline new models of management of sleep related breathing disorders and the growing role of dentists in the early identification of the problem; and
3. Discuss the potential for prevention through orthodontic management in childhood.

REFRESHMENT BREAK

3:15PM – 3:30PM

REFLECTIONS ON 20 YEARS OF ORAL APPLIANCE THERAPY

3:30PM – 4:00PM

TITRATION PROCEDURES AND PROTOCOLS

4:00PM – 5:00PM

SPEAKER: Bernard Fleury, MD

OVERVIEW: Dr. Fleury will review optimal mandibular advancement and how it must be evaluated by a titration procedure in the same way that it is performed for nCPAP therapy.

TARGET AUDIENCE: Dentists, orthodontists and sleep medicine specialists

OBJECTIVES:

1. Describe the relationship between mandibular advancement and the upper airways anatomy;
2. Describe the relationship between mandibular advancement and the upper airways mechanics;
3. Review a variety of titration strategies to determine the optimal mandibular position; and
4. Analyze the potential relationship between the degree of mandibular advancement and the dental side effects.

SURGICAL SYMPOSIUM: SURGICAL INTERVENTIONS FOR OBSTRUCTIVE SLEEP APNEA

5:00PM – 6:00PM

SPEAKERS: Joel Berger, DDS, MD; Jeffrey Prinsell, DMD, MD, Diplomate, ABDSM; and Edward Weaver, MD

OVERVIEW: Faculty will discuss surgical options and 20-year data on mandibular advancement and present a review of how maxillo mandibular advancement as a single-staged extrapharyngeal surgery that enlarges the velo-oro-hypopharyngeal airway is highly therapeutic for obstructive sleep apnea.

TARGET AUDIENCE: Dentists

OBJECTIVES:

1. Describe the goals and guidelines for OSA surgery;
2. Recognize the many surgical procedures and their uses/indications in an anatomic site-specific approach;
3. Describe a comprehensive treatment algorithm that includes surgical staging and adjunctive procedures; and
4. Review the literature regarding success of extrapharyngeal surgery, including primary versus secondary maxillo mandibular advancement versus intrapharyngeal procedures.

INDUSTRY-SUPPORTED EVENTS

6:00PM – 9:00PM

Please contact these companies directly for more information and to register. Space is limited and pre-registration is strongly encouraged.

Nierman Practice Management

Phone: 800-879-6468

E-mail: Office@dentalwriter.com**Sleep Group Solutions**

Phone: 866 353-3936

E-mail: Sleep@SleepGS.com

Note: Continuing Education Credit may also be available by attending industry supported events. These credits are made available by the event organizer and are not processed by the AADSM. Please contact the companies above for more information.

EXHIBIT HALL OPEN
7:30AM – 6:00PM

1 DENTAL SLEEP MEDICINE: A YEAR IN REVIEW
8:00AM – 9:00AM

SPEAKER: Leslie Dort, DDS, Diplomate, ABDSM

OVERVIEW: Dr. Dort will review the literature relevant to dental sleep medicine published in the last twelve months.

TARGET AUDIENCE: Dentists interested in dental sleep medicine

OBJECTIVES:

1. Summarize the peer-reviewed publications of the past year focused on dental sleep medicine; and
2. Assess the clinical implications of recent publications pertinent to dental sleep medicine.

1 NEUROPATHY OF THE SOFT PALATE ASSOCIATED WITH SNORING AND OBSTRUCTIVE SLEEP APNEA
9:00AM – 10:00AM

SPEAKER: Eva Svanborg, MD, PhD

OVERVIEW: Dr. Svanborg will review how patients with snoring and obstructive sleep apnea have evidence of progressive nervous lesions on the upper airway.

TARGET AUDIENCE: Dentists working with obstructive sleep apnea patients

OBJECTIVES:

1. Review the natural history of snoring, rhoncopy, and obstructive sleep apnea;
2. Describe the pathophysiology of obstructive sleep apnea;
3. Explain how motor nervous lesions in obstructive sleep apnea cause partial paresis of dilating upper airway muscles; and
4. Describe sensory nervous lesions in the upper airway of snorers and obstructive sleep apnea patients.

REFRESHMENT BREAK AND POSTER VIEWING
10:00AM – 10:30AM

1 PHARMACOLOGY OF SLEEP DISORDERS MEDICATIONS
10:30AM – 11:30AM

SPEAKER: Nathaniel Watson, MD, MS, FAASM

OVERVIEW: Dr. Watson will provide an overview of medications used in sleep disorders clinic including pharmacological considerations.

TARGET AUDIENCE: Dentists interested in pharmacological aspects of medications used to treat sleep disorders

OBJECTIVES:

1. Explain different classes of medications used to treat sleep disorders;
2. Describe the pharmacology of these medications; and
3. Review the circumstances under which these medications are used.

0 ORAL ABSTRACT PRESENTATIONS
11:30AM – 12:30PM

Four selected research presentations of clinical significance will be presented and discussed.

LUNCH BREAK (*on your own*)

12:30PM – 1:30PM

MEET THE PROFESSORS

Ticketed Event - Limited To 30 Attendees Each

12:30PM – 1:30PM

FEE: \$50 members; \$60 nonmembers

During these small-group sessions an expert in dental sleep medicine will lead an informal discussion on a single topic.

M 03: BUSINESS OF DENTAL SLEEP MEDICINE
Steve Carstensen, DDS

M 04: CPAP VS OA: TACKLING THE ISSUE HEAD ON
Peter Cistulli, MD, PhD

0 ORAL ABSTRACT PRESENTATIONS
1:30PM – 2:00PM

Two selected research presentations of clinical significance will be presented and discussed.

1 VISUALIZING THE UPPER AIRWAY USING ENDOSCOPY 2:00PM – 3:00PM

SPEAKER: Edward Weaver, MD

OVERVIEW: Dr. Weaver will describe upper airway endoscopy as a powerful tool to view upper airway anatomy and function, and to inform surgical and dental interventions for obstructive sleep apnea.

TARGET AUDIENCE: Sleep dentists, sleep surgeons and sleep medicine clinicians

OBJECTIVES:

1. Review the upper airway anatomy;
2. Describe approaches to evaluate upper airway function with endoscopy;
3. Explain how upper airway endoscopy informs surgical and dental treatment for obstructive sleep apnea; and
4. Appreciate the limits of upper airway endoscopy and alternative uses to evaluate the obstructive sleep apnea airway.

REFRESHMENT BREAK AND POSTER VIEWING

3:00pm – 3:30pm

1 RISK FACTORS ASSOCIATED WITH PEDIATRIC SLEEP RELATED BREATHING DISORDERS 3:30pm – 4:30pm

SPEAKER: Rose Sheats, DMD

OVERVIEW: Dr. Sheats will discuss the risk factors associated with sleep related breathing disorders and the pediatric population.

TARGET AUDIENCE: Dentists and physicians

OBJECTIVES:

1. Describe known and putative risk factors for pediatric sleep related breathing disorders; and
2. Review the evidence describing associations between pediatric sleep related breathing disorders and specific risk factors.

1 DENTAL SLEEP MEDICINE ACCREDITATION 5:00PM – 6:00PM

SPEAKERS: Steve Carstensen, DDS, Diplomate, ABDSM; and Steven Scherr, DDS, Diplomate, ABDSM

OVERVIEW: The American Academy of Dental Sleep Medicine has developed an accreditation process that will enhance your status as a trained dental sleep medicine provider; this presentation will provide up-to-date information about the requirements and application process.

TARGET AUDIENCE: Dentists and office managers

OBJECTIVES:

1. Describe the process of achieving AADSM Accreditation;
2. Review the fees and time requirements involved;
3. Discuss how to position your practice for the future of dental sleep medicine; and
4. Explain how this process will benefit your dental sleep medicine practice.

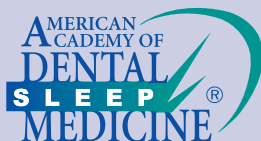


20th ANNIVERSARY RECEPTION

The AADSM Board of Directors invites all meeting attendees to the 20th Anniversary Reception.

The 20th Anniversary Reception takes place on Saturday, June 11, 2011 from 6:30pm – 8:00pm at the Hilton Minneapolis.

The 20th Anniversary Reception is a social celebration featuring special recognition of the founders of dental sleep medicine, hors d'oeuvres, a full-service cash bar, live music and more!



Meeting of the AADSM
General Membership
4:30PM – 5:00PM

EXHIBIT HALL OPEN
7:30AM – 1:30PM

1 OBSTRUCTIVE SLEEP APNEA IS INCREASING IN PREVALENCE, IS ASSOCIATED WITH EXCESS MORBIDITY AND MORTALITY, IS TREATABLE, BUT MOSTLY UNRECOGNIZED
8:00AM – 9:00AM

SPEAKER: Shahrokh Javaheri, MD, FAASM

OVERVIEW: Dr. Javaheri will discuss obstructive sleep apnea, including its increasing prevalence. He will describe how it is an under recognized disorder even though it is associated with excess morbidity and mortality and is treatable.

TARGET AUDIENCE: Ear, nose and throat physicians, dentists, sleep physicians, nurses, physician assistants, nurse practitioners and medical students

OBJECTIVES:

1. Distinguish how obstructive sleep apnea looks on PSG;
2. Review nocturnal consequences of obstructive sleep apnea and diurnal manifestations of obstructive sleep apnea; and
3. Describe the impact of treatment of obstructive sleep apnea.

1 RESPIRATORY SOUNDS DURING SLEEP
9:00AM – 10:00AM

SPEAKER: Dirk Pevernagie, MD

OVERVIEW: Dr. Pevernagie will describe the full spectrum of respiration-related sounds that may be produced during sleep using recordings of patients.

TARGET AUDIENCE: Professionals who diagnose and treat patients with sleep related breathing disorders.

OBJECTIVES:

1. Identify and discern different types of respiratory sounds that may be produced during sleep;
2. Describe how the characteristics of these sounds are different depending on whether they are related to the inspiratory or expiratory phase of the respiratory cycle;
3. Review how some sounds are a mere manifestation of obstructive breathing, whilst others are part of complex motor behavior during sleep; and
4. Discuss that while snoring is very common it is not the sole sleep-related respiratory sound and should not be confused with ominous manifestations such as stridor.

REFRESHMENT BREAK AND POSTER VIEWING
10:00AM – 10:30AM

1 UPPER AIRWAY IMAGING IN SLEEP APNEA
10:30AM – 11:30AM

SPEAKER: Richard Schwab, MD, FAASM

OVERVIEW: Dr. Schwab will introduce the practice of using upper airway imaging as a diagnostic and treatment tool in the care of patients with sleep apnea.

TARGET AUDIENCE: Physicians and health professionals

OBJECTIVES:

1. Review upper airway anatomy;
2. Review craniofacial changes in patients with sleep apnea; and
3. Review the effect of CPAP, oral appliances, weight loss and surgery on upper airway structure.

1 ORAL APPLIANCE VERSUS CPAP: EQUIVALENCE IN HEALTH OUTCOMES?
11:30AM – 12:30PM

SPEAKER: Peter Cistulli, MD, PhD

OVERVIEW: Dr. Cistulli will compare oral appliance and CPAP treatments of obstructive sleep apnea.

TARGET AUDIENCE: Dentists, researchers and nurses

OBJECTIVES:

1. Evaluate the pros and cons of CPAP and oral appliance treatment in obstructive sleep apnea;
2. Describe the impact of efficacy and adherence of effectiveness of treatment; and
3. Compare the health outcomes attained with CPAP and oral appliance treatment in obstructive sleep apnea.

LUNCH BREAK (on your own)
12:30PM – 1:30PM

MEET THE PROFESSORS

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M05: ORAL APPLIANCES: TIPS, TRICKS AND TESTS
Todd Morgan, DMD

M06: 3 DIMENSIONAL SOFT PALATE MODELING IN OSA
Alan Lowe, DMD, PhD

1 MEDICARE POLICY UPDATE: WHAT YOU NEED TO KNOW!
1:30PM – 2:30PM

SPEAKER: Mary Beth Rogers

OVERVIEW: Ms. Rogers will answer all of your questions about billing Medicare for oral appliance therapy.

TARGET AUDIENCE: Dentists and staff

OBJECTIVES:

1. Explain the Medicare Medical Policy on oral appliance therapy;
2. Describe how to become Medicare providers;
3. Review all documentation needed to properly bill Medicare; and
4. Explain how to complete a 1500 claim form.