

## INVITED LECTURERS

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**JOEL BERGER, DDS, MD**

**Friday, June 10**  
**5:00PM – 6:00PM**

Dr. Berger holds both his undergraduate and doctorate degrees in dentistry from McGill University, (Montreal, Canada). He also holds a doctorate degree in general medicine from the University of Washington (Seattle). After completing his doctorate degrees, Dr. Berger

entered the oral and maxillofacial surgery-training program at the University of Washington to complete his general surgery and oral and maxillofacial training. His specialties are outpatient maxillary and mandibular osteotomies. Dr. Berger is internationally recognized for his expertise in general oral surgery, dental implantology and the surgical treatment of sleep disorders. A well-known speaker and author, Dr. Berger regularly accompanies Dr. Aires in presenting their joint research on immediate function dental implants. He was also co-author of the immediate function dental implant research paper recently published in the International Journal of Implant Dentistry. Dr. Berger is a professor at the University of California, San Diego - Division of Plastic Surgery, as well as the Secretary of the California Coalition of Cleft and Craniofacial Center.



**STEVE CARSTENSEN, DDS,  
DIPLOMATE, ABDSM**

**Saturday, June 11**  
**5:00PM – 6:00PM**

Dr. Carstensen earned his DDS from Baylor College of Dentistry in 1983, and is in private practice in Bellevue, WA. Beginning in 1988, he has been a continuous student at the Pankey Institute, was invited to join the visiting faculty in 1996, and serves on the advisory board to the L.D. Pankey

Foundation. In 1998, he worked with his first dental appliance for sleep apnea, and in the past several years has helped hundreds of sleep apnea patients using oral appliance therapy. In 2006, he was awarded Diplomate status by the American Board of Dental Sleep Medicine. Steve has spent countless hours volunteering in organized dentistry for local and state dental societies, and currently serves on the American Dental Association's council for annual sessions and the American Academy of Dental Sleep Medicine board of directors.



**PETER CISTULLI, MD, PHD**

**Sunday, June 12**  
**11:30AM – 12:30PM**

Dr. Cistulli is professor of respiratory medicine at the University of Sydney and Royal North Shore Hospital, Sydney, Australia, where he heads the Department of Respiratory Medicine and Centre for Sleep Health and Research. He is also a research leader at the Woolcock Institute of Medical

Research. For more than a decade his research has focused on dental aspects of obstructive sleep apnea (OSA) diagnosis and management. A feature of the work has been the conduct of rigorous scientific studies evaluating the clinical role of oral appliances in the management of OSA. This important work has been predominantly funded by the National Health and Medical Research Council of Australia and has resulted in a series of high impact publications and translation into clinical practice.



**LESLIE DORT,  
DDS, DIPLOMATE, ABDSM**

**Saturday, June 11**  
**8:00AM – 9:00AM**

Dr. Dort graduated with a DDS from the University of Western Ontario in 1980. Although she has practiced general dentistry in both urban and rural locations in Canada, her work is now entirely focused on sleep. She became a Diplomate of the American Board of Dental Sleep Medicine in

2000 and completed a MSc in health research/health economics in 2004. She is a member of the University of Calgary faculty of medicine where she is engaged in research focused on diagnosis and treatment of sleep disordered breathing.

## INVITED LECTURERS



**BERNARD FLEURY, MD**

**Friday, June 10**  
**4:00PM – 5:00PM**

Dr. Fleury graduated from the Faculté de Médecine Saint-Louis Lariboisière, Paris, France in 1981. After a four-year fellowship in pneumology in Paris and a postgraduate training in respiratory physiology at the Meakins Christie Laboratories (McGill University, Montreal),

his interest became focused on

the treatment of sleep related breathing disorders. He is currently running the sleep disorders center of the Hôpital saint Antoine, Groupe Hospitalier Paris-Est-Université Pierre et Marie Curie, Paris, France. He works closely with the ENT department and with the orthodontics department of the faculty. He is engaged on research and publication focused on treatment of obstructive sleep apnea in adults, CPAP therapy, surgery and oral appliance.



**SHAHROKH JAVAHERI, MD, FAASM**

**Sunday, June 12**  
**8:00AM – 9:00AM**

Dr. Javaheri is internationally recognized for his extensive research in sleep disorders and in the critical correlation of these disorders to cardiovascular disease and other medical conditions. He is board certified in sleep medicine, pulmonary medicine and internal medicine. He is

Professor Emeritus of Medicine at the University of Cincinnati College of Medicine in Cincinnati, Ohio. He is an internationally known researcher in sleeping disorders and has lectured in many different countries.



**DIRK PEVERNAGIE, MD**

**Sunday, June 12**  
**9:00AM – 10:00AM**

Dr. Pevernagie is currently medical director of the Kempenhaeghe Sleep Medicine Centre at Heeze, the Netherlands. He became a medical doctor in 1983 and trained in internal and subsequently pulmonary medicine. After a period of research with John Shepard in 1990-1991 at the Mayo Clinic,

he was appointed at the department of respiratory diseases of the Ghent University Hospital in Belgium where he founded the sleep clinic for adult patients. In 1994, he obtained a PhD in biomedical science on the topic body position and obstructive sleep apnea. He moved to Kempenhaeghe in 2007, to become the head of a tertiary referral sleep medicine centre. His main research is in the area of sleep related breathing disorders, in particular respiratory sounds, treatment of sleep apnea with positive pressure devices and mandibular advancement devices.



**JEFFREY PRINSELL, DMD, MD, DIPLOMATE, ABDSM**

**Friday, June 10**  
**5:00PM – 6:00PM**

Dr. Prinsell received his dental degree from Tufts University and medical degree from Vanderbilt University. He completed a general practice residency in dentistry, general surgery internship, and an oral and maxillofacial (OMS) residency at Vanderbilt. Dr.

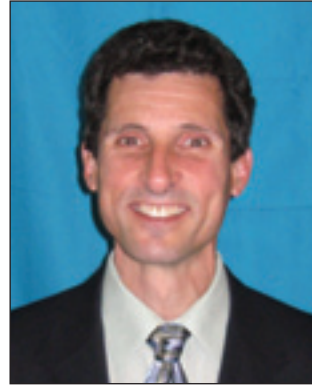
Prinsell has authored numerous publications and lectured extensively on OSA surgery, including innovative staging protocols and algorithms. His most notable clinical research is a 100% success of MMA surgery in 50 consecutive patients (Chest 199; 116: 1519-29). Dr. Prinsell is a past president of the AADSM, founding president of the ABDSM, past chair of the AAOMS CIG on OSA, and served on the AASM standards of practice committee task force to update the practice parameters for OSA surgery.



**MARY BETH ROGERS**  
**Sunday, June 12**  
**1:30PM – 2:30PM**

Ms. Rogers was executive director of the Sleep Disorders Dental Society now the American Academy of Dental Sleep Medicine from 1992-2002. She was the first recipient of the Academy’s Distinguished Service Award in 1998-1999. She has been actively involved in the dental sleep medicine field for almost 20

years. Currently, Mary Beth manages her husband Rob’s dental sleep medicine practice.



**STEVEN SCHERR, DDS,**  
**DIPLOMATE, ABDSM**  
**Saturday, June 11**  
**5:00PM – 6:00PM**

Dr. Scherr is a graduate of the University of Maryland School of Dentistry and a Diplomate of the American Board of Dental Sleep Medicine (ABDSM). He is a private practice general dentist providing oral therapeutics for the treatment of sleep apnea, snoring, facial pain and temporomandibular

disorders. He serves as the dental consultant to a number of central Maryland area sleep centers and is on staff at several area hospitals. He is the dental sleep medicine rotation director for both the Johns Hopkins Medical School sleep disorders fellowship program and the University of Maryland Medical School sleep disorders fellowship program. Dr. Scherr has co-authored several professional publications and is currently a member of the board of directors for both the AADSM and the ABDSM.



**RICHARD SCHWAB, MD, FAASM**  
**Sunday, June 12**  
**10:30AM – 11:30AM**

Dr. Schwab is full professor of medicine and co-director, Penn Sleep Center at the University of Pennsylvania Medical Center. Author of numerous articles on sleep, Dr. Schwab has served as a reviewer for journals such as *SLEEP*, *Chest*, and the *American Journal of Critical Care Medicine*.

He earned his MD degree from the University of Pennsylvania (1983) and is certified in critical care, internal medicine, pulmonary disease and sleep medicine. Dr. Schwab has been recognized as a “Top Doc” by Philadelphia Magazine. He has developed and utilized sophisticated magnetic resonance imaging and volumetric analysis paradigms to study the mechanisms leading to sleep apnea. His research has resulted in seminal observations about the genetics, pathogenesis and treatment of obstructive sleep apnea, and he has shown the importance of the lateral pharyngeal walls in the pathogenesis of sleep apnea and that the volume of the upper airway soft tissue structures is larger in patients with sleep disordered breathing than normal controls.



**ROSE SHEATS, DMD, MPH**  
**Saturday, June 11**  
**3:30PM – 4:30PM**

Dr. Sheats is an associate professor and graduate orthodontic program director at the University of North Carolina in Chapel Hill. A graduate of the Harvard School of Dental Medicine with an orthodontic certificate from the University of Florida and a Masters in Public Health from Johns Hopkins University, she

is a Diplomate of the American Board of Orthodontics. She is the current chair of the education and curriculum committee of the AADSM and a member of the AADSM’s strategic planning advisory taskforce. Dr. Sheats research interests include pediatric sleep related breathing disorders. In 2010, one of her graduate students won the AADSM’s Graduate Student Research Award and Research Excellence Award for research in this area.

## INVITED LECTURERS

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**COLIN E. SULLIVAN, MD, PHD,  
FRACP**

**Friday, June 10  
2:15PM – 3:15PM**

Dr. Sullivan is a pioneer who invented and demonstrated nasal CPAP as an effective treatment for sleep apnea. He is the author of over 90 scientific publications. He has contributed significantly to the development of sleep disorders medicine and his achievements

are recognized internationally. In

addition to his broad clinical and research interests, he has proven himself a creative inventor of devices for treating sleep apnea and is involved in their commercial development. He is professor of medicine and director of the David Read Laboratory at the University of Sydney Medical School, as well as a thoracic physician at the Royal Prince Alfred Hospital. In addition, he is a Fellow of the Royal Australian College of Physicians and director of the National SIDS Council Pediatric Sleep Laboratory at the Children's Hospital, Westmead.



**EDWARD WEAVER, MD**

**Saturday, June 11  
2:00PM – 3:00PM**

Dr. Weaver is an associate professor of otolaryngology and the chief of sleep surgery at the University of Washington, in Seattle, Washington. He obtained his medical degree at Yale and completed his otolaryngology residency at Yale. He obtained his masters degree in public health (health services research)

and completed a clinical research fellowship at the University of Washington. He is board certified in otolaryngology/head and neck surgery and in sleep medicine, and he practices the full range of sleep apnea surgery. He has an active clinical research program studying sleep apnea, and he is involved internationally in policy, research, and clinical activities in sleep surgery.



**EVA SVANBORG, MD, PHD**

**Saturday, June 11  
9:00AM – 10:00AM**

Dr. Svanborg received her PhD in 1977 and MD in 1978 at Karolinska Institute, Stockholm, Sweden. She is a specialist in clinical neurophysiology since 1981 and associate professor in clinical neurophysiology, Karolinska Institute since 1990.

In 1990, Dr. Svanborg became a founding member of the board

of Swedish Sleep Research Society. Currently, she serves as chief physician and department head, at the department of clinical neurophysiology, University Hospital, Linköping. Dr. Svanborg's research over the years has mainly concerned sleep apnea syndrome. She is author or co-author of 64 articles in peer-reviewed journals, and 16 review articles and book chapters on topics which include myasthenia gravis, non-convulsive epilepsy, spinal root lesions and basic neurophysiology. Her research groups (both in Stockholm and in Linköping) have been working with techniques to diagnose sleep apnea, long-term outcome of surgical treatment, natural evolution of obstructive sleep apnea and, chiefly, different types of nervous lesions in patients with snoring and sleep apnea.



**NATHANIEL WATSON, MD, MS,  
FAASM**

**Saturday, June 11  
10:30AM – 11:30AM**

Dr. Watson is a neurologist and board certified sleep specialist at the University of Washington, where he co-directs the sleep center. He is an active clinician and sleep researcher and has published papers on a broad range of topics including epilepsy, traumatic brain injury, chronic

fatigue syndrome, fibromyalgia, and sleep-disordered breathing. Much of his research has focused on twin studies using the University of Washington Twin Registry. He is currently funded by the NIH NHLBI where he is investigating the impact of sleep duration discordance on metabolic and genomic endpoints in identical twins. He is an associate editor of the *Journal of Clinical Sleep Medicine* and on the editorial board of *SLEEP*. He is a member of the board of directors of the American Academy of Sleep Medicine and current president of the American Board of Sleep Medicine.