



## CONTINUING EDUCATION

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### CONTINUING EDUCATION CREDIT HOURS (CE HOURS)

American Academy of Dental Sleep Medicine (AADSM) is an ADA CERP Recognized Provider.

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American Academy of Dental Sleep Medicine (AADSM) designates this activity for 19.5 continuing education credits.

**ADA CERP**® | Continuing Education Recognition Program

The AADSM 20<sup>th</sup> Anniversary Meeting is open to all dentists, physicians, scientists and other health care professionals who treat or have an interest in treating patients with sleep related breathing disorders. The AADSM Program will be presented through lectures, panel discussions, open discussions and demonstrations.

The AADSM 20<sup>th</sup> Anniversary Meeting sessions teach participants a basic knowledge of dental sleep medicine; a knowledge of the epidemiology and pathophysiology of obstructive sleep apnea (OSA) in adults and children; new diagnostic tests for OSA; understanding of the use of mandibular repositioning and tongue retaining devices in the treatment of OSA; and a knowledge of surgical options in the treatment of OSA.

### TARGET AUDIENCE

The program of the AADSM 20<sup>th</sup> Anniversary Meeting is intended for dental professionals who are currently treating patients with obstructive sleep apnea or snoring through the utilization of oral appliance therapy. The AADSM 20<sup>th</sup> Anniversary Meeting is also intended for dentists, physicians, and dental professionals who are seeking an in-depth knowledge to dental sleep medicine and oral appliance therapy.

### AADSM 20TH ANNIVERSARY MEETING LEARNING OBJECTIVES

- Acquire knowledge about the management of obstructive sleep apnea in both adults and children.
- Discuss state-of-the-art knowledge of recent advances in dental sleep medicine and sleep apnea treatment.
- Review the relationship between obstructive sleep apnea, cardiovascular disease and other associated co-morbidities.
- Understand the evidence regarding long-term oral appliance therapy, including potential side effects and options for managing complications in patients with snoring and/or OSA.
- Apply best practices for building and developing a successful dental sleep medicine practice, including an overview of proper patient management and development of care plans; creating awareness about sleep-related breathing disorders and their treatments; positioning your practice as a provider of dental sleep medicine; and proper medical insurance billing.

To review speaker conflicts visit [www.aadsm.org](http://www.aadsm.org).