

VIRTUAL

AADSM
ANNUAL
MEETING
APRIL 30 - MAY 2

21





WELCOME TO THE FIRST VIRTUAL AADSM ANNUAL MEETING!

On behalf of the AADSM Annual Meeting Committee, we're excited to have your participation. Even in a virtual setting, I have no doubt that this year's meeting will offer you the opportunity to renew and initiate relationships with colleagues from around the world while expanding your knowledge of dental sleep medicine. I encourage each and every one of you to take advantage of all the unique features of this year's meeting, including:

- Access to all lectures for 1 year after the meeting
- Interaction with speakers in live Q&A chat rooms
- A virtual President's reception on Friday evening
- Networking via video chat with other attendees and exhibitors
- A virtual poster hall to view the latest research and chat with abstract authors

Information about these opportunities can be found in the pages of this program.



Enjoy,

Omar Mahmassani, DDS

Chair, AADSM Annual Meeting Committee

VISIT THE 2021 AADSM ANNUAL MEETING VIRTUAL EXHIBIT HALL

The AADSM Annual Meeting virtual exhibit hall will showcase companies of oral appliance manufacturers, dental laboratories, software companies and many more. The virtual platform offers opportunities to connect with exhibitors via live chat or video.

SNEAK PEEK:

Connect with exhibitors through video or text chat before the meeting begins during the Exhibit Hall Showcase on Wednesday evening!

DEDICATED EXHIBIT HALL HOURS

All times listed in Central Time.

Wednesday, April 28	6:00 p.m. – 7:00 p.m. CT
Friday, April 30	10:00 a.m. – 10:30 a.m. CT 12:30 p.m. – 1:30 p.m. CT 3:30 p.m. – 4:00 p.m. CT
Saturday, May 1	10:00 a.m. – 10:30 a.m. CT 12:30 p.m. – 1:30 p.m. CT 3:30 p.m. – 4:00 p.m. CT
Sunday, May 2	11:00 a.m. – 1:00 p.m. CT

More information on how to access the virtual exhibit hall will be sent via email.

GENERAL INFORMATION

Annual Meeting Committee

Omar Mahmassani, DDS, Chair

Arthur Feigenbaum, DMD,
Vice-Chair

Girish Bharwani, DDS

Rashpal Deol, BDS

Becky Fox, DMD

Lisa Gallucci, DMD

Imran Patel, DMD

Eric Runyon, DDS

Paul Jacobs, DDS, *Board Liaison*

David Schwartz, DDS,
AADSM President, Ex Officio

Contact Us

American Academy of Dental Sleep Medicine

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Website:
www.aadsm.org/annualmeeting

SCHEDULE OVERVIEW FOR LIVE SESSIONS

Important Note: All times listed in this program are in Central Time.

Friday, April 30 8:30 a.m. – 5:30 p.m. CT

Saturday, May 1 8:00 a.m. – 5:30 p.m. CT

Sunday, May 2 8:00 a.m. – 3:00 p.m. CT

All sessions will be recorded and available for on-demand viewing following the live meeting until May 2, 2022.

NAVIGATING THE VIRTUAL PLATFORM

During the week leading up to the meeting you will receive an email from the AADSM that will contain a link with login instructions to connect to the meeting platform. You will use this same login information to join each day. We encourage you to access the platform a couple of days in advance so you start to become familiar with its layout.

During the live sessions, there will be time for question and answer with the speakers following each lecture. Presentation slides will be available in an electronic format and can be accessed via the meeting platform through May 2, 2022.

FOLLOW US



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CONTINUING EDUCATION

LEARNING OBJECTIVES

At the conclusion of the meeting, participants will be able to:

- Acquire knowledge about the management of obstructive sleep apnea in adults;
- Discuss state-of-the-art knowledge of recent advances in dental sleep medicine and sleep apnea treatment;
- Review the relationship between obstructive sleep apnea and associated co-morbidities;
- Understand the evidence regarding long-term oral appliance therapy, including potential side effects and options for managing complications in patients with snoring and/or OSA; and
- Apply best practices for building and developing a successful dental sleep medicine practice, including an overview of proper patient management and development of care plans; creating awareness about sleep-related breathing disorders and their treatments; positioning your practice as a provider of dental sleep medicine; and proper medical insurance billing.

TEACHING METHOD

The AADSM Annual Meeting will be presented through two formats. April 30-May 2, 2021 the meeting will be taught through pre-recorded lectures followed by live question and answer. Following the meeting through May 2, 2022 the meeting will be taught as a self-instructional activity through on-demand recordings.

CONTINUING EDUCATION INFORMATION

To claim CE and evaluate the meeting, click on ‘Continuing Education’ on the left side of the annual meeting website and follow the instructions. The deadline to claim credit is May 2, 2022.

The AADSM is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ADA.org/cerp. The AADSM designates this activity for a maximum of 42.0 continuing education credits.

The 2021 Virtual AADSM Annual Meeting sessions teach participants a basic knowledge of dental sleep medicine; a knowledge of the epidemiology and pathophysiology of obstructive sleep apnea (OSA) in adults and children; new diagnostic tests for OSA; understanding of the use of mandibular repositioning and tongue retaining devices in the treatment of OSA; and a knowledge of surgical options in the treatment of OSA.

JOIN US FOR THESE SPECIAL EVENTS



EXHIBIT HALL SHOWCASE

Wednesday, April 28 from 6:00 p.m. – 7:00 p.m. CT

Use this time to get acquainted with the platform before the meeting begins and visit the virtual exhibit hall! Connect with exhibitors either by text or video chat to learn about the products and services they offer. Check your email for information on how to access and navigate the virtual exhibit hall.



KEYNOTE ADDRESS BY NATE WATSON, MD

Friday, April 30 from 9:00 a.m. – 10:00 a.m. CT

Board-certified sleep medicine physician, Dr. Nate Watson will present this year's keynote address on "Artificial Intelligence and Sleep – The Next Frontier". Join Dr. Watson as he pulls back the curtain by defining AI for the dental sleep community and shows how this technology is already transforming the practice of sleep medicine.



PRESIDENT'S RECEPTION

Friday, April 30 from 5:00 p.m. – 5:30 p.m. CT

Pour yourself a drink and join AADSM President, Dr. David Schwartz, and members of the AADSM Board of Directors during this virtual reception. Take advantage of this time to reconnect with old friends or meet someone new in this relaxed video chat setting! On the meeting website, click on the President's Reception on the left side of the homepage to join.

MEMBERSHIP MEETING

Saturday, May 1 from 5:00 p.m. – 5:30 p.m. CT

The Board of Directors invites all members to this meeting to learn about recent activities and initiatives of the AADSM.

PRACTICE MANAGEMENT TRACK

Saturday, May 1 – Sunday, May 2

The Annual Meeting Committee is excited to offer an entire track of sessions geared specifically toward DSM team members, both front desk and clinical, at this year's meeting.

LIVE MEETING SCHEDULE



All sessions listed in this program are included in your registration. Saturday and Sunday's sessions will be broken out into three tracks. While all tracks are available to you, make note of the sessions you want to participate in live so you can ask questions of the speakers in real time!

EDUCATIONAL TRACKS

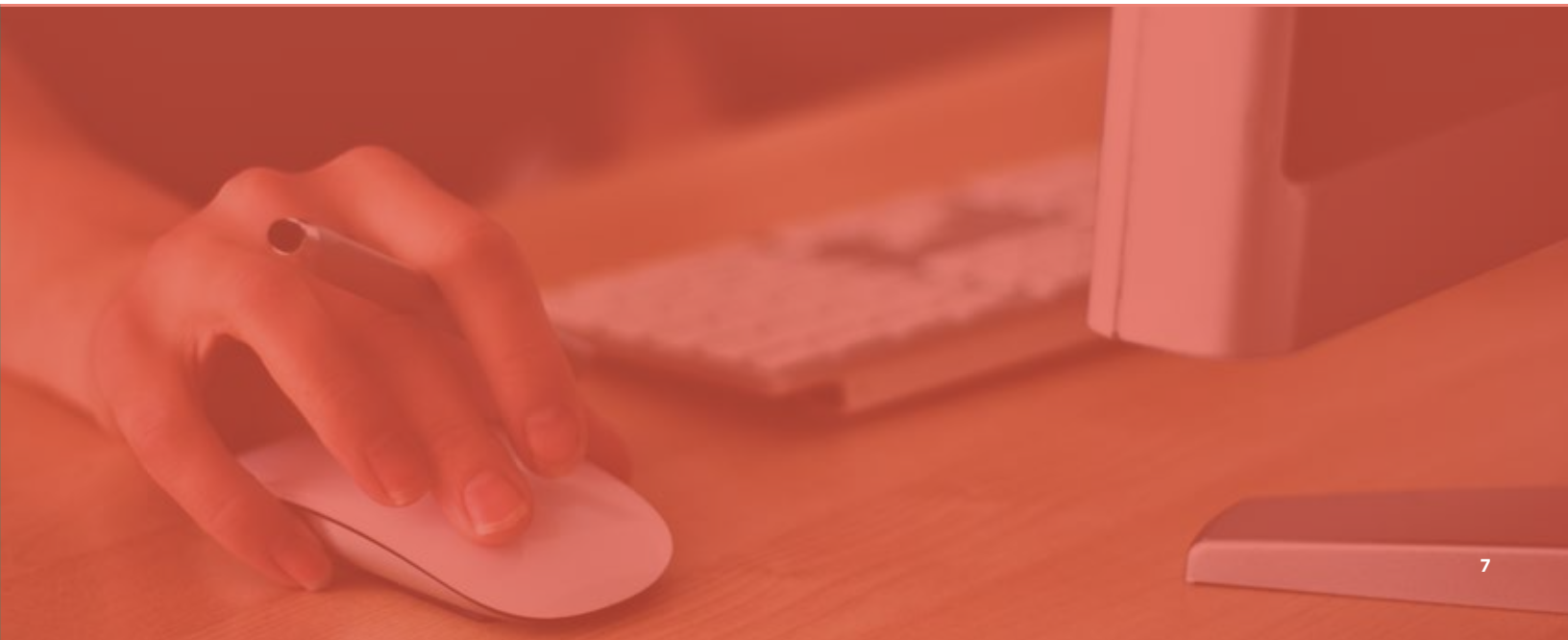
This year's meeting includes two general session tracks and a new Practice Management Track – perfect for the entire dental sleep medicine team!

A GENERAL SESSION TRACK A **B** GENERAL SESSION TRACK B

Sessions that focus on new technologies, practice models and research findings in the field of dental sleep medicine. During these sessions, experts explore how these advancements may improve patient care strategies.

C PRACTICE MANAGEMENT TRACK

Sessions that focus on best practices in dental sleep medicine, identifying practical team roles and business aspects of dental sleep medicine. These sessions are geared toward administrative and clinical dental team members.



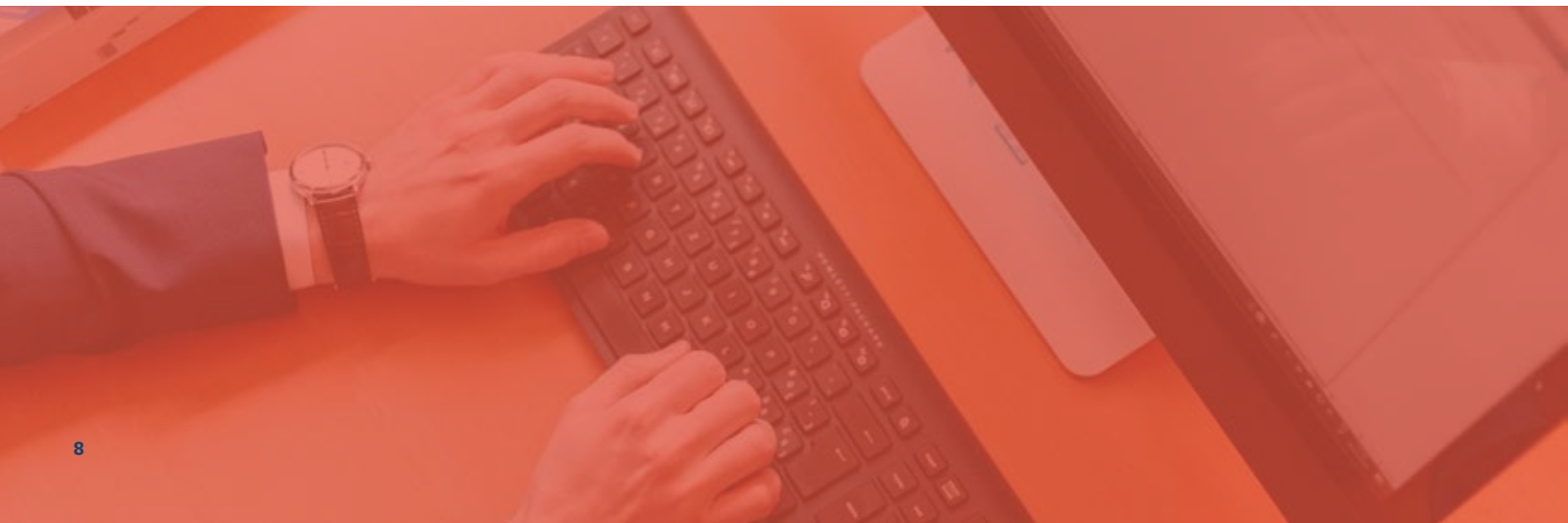
SCHEDULE AT A GLANCE

FRIDAY, APRIL 30

Virtual Exhibit Hall Hours: 10:00 am - 4:00 pm

Note: All times are listed in Central Time.

8:30 am - 9:00 am	Welcome Address and Awards
9:00 am - 10:00 am	KEYNOTE ADDRESS A01: Artificial Intelligence and Sleep – The Next Frontier Nate Watson, MD
10:00 am - 10:30 am	Virtual Exhibit Hall Break
10:30 am - 11:30 am	A02: Circadian Rhythms and Their Impact on Sleep Disorders Phyllis Zee, MD, PhD
11:30 am - 12:30 pm	A03: Centrifugal Force and Pediatric OSA: Separating the Verities and Balderdash of Orthodontic Therapy Mitchell Levine, DMD
12:30 pm - 1:30 pm	Lunch & Virtual Exhibit Hall
1:30 pm - 2:30 pm	A04: Oral Presentations Distinguished award winners and investigators present their latest research and new ideas in the field.
2:30 pm - 3:30 pm	A05: OSA & COVID-19: A DSM Perspective David Schwartz, DDS, AADSM President
3:30 pm - 4:00 pm	Virtual Exhibit Hall Break
4:00 pm - 5:00 pm	A06: Collaborative Care Jonathan Lown, MD and Noah Siegel, MD
5:00 pm - 5:30 pm	President's Reception All attendees are invited to the virtual reception hosted by the AADSM Board of Directors.



SCHEDULE AT A GLANCE

SATURDAY, MAY 1

Virtual Exhibit Hall Hours: 10:00 am - 5:00 pm

Note: All times are listed in Central Time.

	A GENERAL SESSION TRACK A	B GENERAL SESSION TRACK B	C PRACTICE MANAGEMENT TRACK
8:00 am - 9:00 am	A07: The Importance of Identifying and Managing Non-OSA Problems in Your DSM Practice Jonathan Parker, DDS	B01: Recent Advances in the Prediction of OAT Outcome Kate Sutherland, PhD	C01: Building Practice Management Systems Based on the AADSM Standards for Screening and Treating Arthur Feigenbaum, DMD
9:00 am - 10:00 am	A08: Gadgets and Gizmos Neil Freedman, MD	B02: Oral Appliances and TMD: Cause and Effect Imran Patel, DMD	C02: Utilizing Team Members to Improve Office Workflow Briana Turlington, CDA
10:00 am - 10:30 am	Virtual Exhibit Hall and Poster Viewing Break		
All posters are available for viewing in the virtual poster hall throughout the AADSM Annual Meeting. Presenters of the posters listed below are available for questions and comments during this time.			
POSTER #001	EFFECTS OF CONTINUOUS POSITIVE AIRWAY PRESSURE AND MANDIBULAR ADVANCEMENT APPLIANCE THERAPY ON SLEEP BRUXISM IN OSA PATIENTS: A PILOT STUDY <i>Li D, Lobbezoo F, Kuang B, Hilgevoord A, de Vries N, Aarab G</i>		
POSTER #003	IDENTIFICATION OF DEMOGRAPHIC, ANTHROPOMETRIC, AND ACOUSTIC FACTORS ASSOCIATED WITH OBSTRUCTION SITES IN OBSTRUCTIVE SLEEP APNEA PATIENTS: A PILOT STUDY <i>Huang Z, Aarab G, Bosschieter P, Hilgevoord A, de Vries N, Lobbezoo F</i>		
POSTER #005	EVALUATION OF DRUG-INDUCED SLEEP ENDOSCOPY AS A PATIENT SELECTION TOOL OF MAXILLOMANDIBULAR ADVANCEMENT FOR OSA PATIENTS <i>Zhou N, Ho JPTF, de Vries N, de Lange J</i>		
POSTER #006	SPLINTLESS MAXILLOMANDIBULAR ADVANCEMENT FOR OBSTRUCTIVE SLEEP APNEA IN EDENTULOUS PATIENTS: A PILOT STUDY <i>Ho JPTF, Zhou N, Klop C, Schreurs R, de Lange J</i>		
POSTER #007	PERILS OF IMPLANT-SUPPORTED ORAL APPLIANCE IN A FULLY EDENTULOUS PATIENT- A CASE REPORT <i>Jayaraman S, Elfatih E, Moreno-Hay I</i>		
POSTER #008	MULTIDISCIPLINARY INTERVENTION AND THERAPY ON A PEDIATRIC OBSTRUCTIVE SLEEP APNEA: A CASE REPORT <i>Falardo Ramos S, Marques S</i>		
POSTER #009	COMPARISON OF FOUR MANDIBULAR ADVANCEMENT DEVICES IN THE MANAGEMENT OF OBSTRUCTIVE SLEEP APNEA <i>Sangalli L, Yanez-Regonesi F, Fernandez-Vial D, Martinez-Porras A, Moreno-Hay I</i>		
POSTER #013	IMPROVEMENT IN NOCTURIA IN OBSTRUCTIVE SLEEP APNEA PATIENTS WITH THE USE OF MANDIBULAR ADVANCEMENT DEVICE <i>Yanez-Regonesi F, Sangalli L, Martinez-Porras A, Fernandez-Vial D, Moreno-Hay I</i>		

SCHEDULE AT A GLANCE

SATURDAY, MAY 1 cont.

Virtual Exhibit Hall Hours: 10:00 am - 5:00 pm

Note: All times are listed in Central Time.

	 GENERAL SESSION TRACK A	 GENERAL SESSION TRACK B	 PRACTICE MANAGEMENT TRACK
10:00 am - 10:30 am	Virtual Exhibit Hall and Poster Viewing Break cont.		
POSTER #014	REMOTELY CONTROLLED MANDIBULAR POSITIONING OF ORAL APPLIANCE THERAPY DURING DRUG-INDUCED SLEEP ENDOSCOPY AND POLYSOMNOGRAPHY COMPARED WITH CONVENTIONAL SUBJECTIVE-TITRATION IN PATIENTS WITH OBSTRUCTIVE SLEEP APNEA <i>Kazemeini E, Op de Beeck S, Vroegop A, Van Loo D, Willemen M, Verbraecken J, Braem MJ, Vanderveken OM, Dieltjens M</i>		
POSTER #019	ORAL APPLIANCE CALIBRATION GUIDED BY OXIMETRY <i>Da Silva Jr. W</i>		
10:30 am - 11:30 am	A09: REM Behavior Movement Disorder Michael Howell, MD	B03: Understanding the Language of Sleep Studies Greg Essick, DDS, PhD	C03: Integrating Dental Sleep into a General Practice Jeff Paz, DDS
11:30 am - 12:30 pm	A10: Using Physical Therapy Techniques to Manage OAT Side Effects Emily Kahnert, DPT	B04: Clinical Features Defining MAD Design Francesca Milano, DMD	C04: Converting Your General Practice to a DSM Practice Ron Plotka, DDS
12:30 pm - 1:30 pm	Lunch & Virtual Exhibit Hall		
1:30 pm - 2:30 pm	A11: Combining Therapies for Best Outcomes Jonathan Lown, MD	B05: Dental Sleep Medicine: Complex Cases, Non-Responders and Their Solutions John Carollo, DMD	C05: Hygiene: The Gateway to OSA Identification Christopher Hart, DDS
2:30 pm - 3:30 pm	A12: The Radiographic Evaluation of the Nasal Cavity and Sinuses for Sleep-Disordered Breathing Dania Tamimi, DDS	B06: Using DISE and Functional Imaging Profiles in DSM Olivier Vanderveken, MD, PhD	C06: Team Roles in DSM: Transitioning Dental Patients to Sleep Patients Gina Pepitone, RDH
3:30 pm - 4:00 pm	Virtual Exhibit Hall and Poster Viewing Break		
All posters are available for viewing in the virtual poster hall throughout the AADSM Annual Meeting. Presenters of the posters listed below are available for questions and comments during this time.			
POSTER #002	OAT DEVICE SELECTION: CHARACTERIZING CUSTOM OAT DEVICE DESIGNS AND MATERIALS <i>Hu J, Liptak L</i>		

Note: All times are listed in Central Time.

	 GENERAL SESSION TRACK A	 GENERAL SESSION TRACK B	 PRACTICE MANAGEMENT TRACK
3:30 pm - 4:00 pm	Virtual Exhibit Hall and Poster Viewing Break cont.		
POSTER #004	DOSE MANAGEMENT IN DSM: ANALYSIS OF EFFICACY, STARTING POSITION, ADVANCEMENT AND SIDE EFFECTS IN A CONSECUTIVE PATIENT SERIES TREATED WITH PRECISION PLATFORMS <i>Murphy M, Munro K</i>		
POSTER #010	EFFECTIVENESS OF MANDIBULAR ADVANCEMENT DEVICE IN SEVERE OBSTRUCTIVE SLEEP APNEA <i>Guerrero P, Correa LP</i>		
POSTER #011	PRECISION ORAL APPLIANCE THERAPY: THE PRIME-TIME TREATMENT FOR OSA <i>Sall E</i>		
POSTER #012	WHAT DO WE KNOW ABOUT SLEEP MEDICINE PHYSICIANS? <i>Liptak L</i>		
POSTER #015	THE COSTS OF OBSTRUCTIVE SLEEP APNEA TREATMENTS: IS OAT MORE EXPENSIVE? <i>Liptak L</i>		
POSTER #016	CASE STUDY ON TOUGHNESS OF MULTIPLE DEVICES WITH A SEVERE BRUXING PATIENT <i>Seltzer N, Pepitone-Mattiello G, Batcheller K</i>		
POSTER #017	MANAGEMENT OF HYPOGLOSSAL NERVE STIMULATION COMPLICATION: A MULTIDISCIPLINARY APPROACH <i>Glick A, Simmons J</i>		
POSTER #018	TREATMENT OF SEVERE OBSTRUCTIVE SLEEP APNEA WITH ORAL APPLIANCE THERAPY <i>Goyal D, Pfitzinger W</i>		
POSTER #020	COMBINATION THERAPY IN A PATIENT WITH SIGNIFICANT DENTAL COMPLICATIONS: A CASE REPORT <i>Denbar M, Glick A</i>		
4:00 pm - 5:00 pm	A13: Daylight Saving Time Muhammad Adeel Rishi, MD	B07: Sleep Apnea and Orthodontics Ama Johal, BDS, MSc, PhD	C07: Team Roles in DSM: Converting Screening Consultations to Patient Acceptance of OAT Louise Love, CDA
5:00 pm - 5:30 pm	AADSM Membership Meeting		

SCHEDULE AT A GLANCE

SUNDAY, MAY 2

Virtual Exhibit Hall Hours: 10:00 am - 1:00 pm

Note: All times are listed in Central Time.

	A GENERAL SESSION TRACK A	B GENERAL SESSION TRACK B	C PRACTICE MANAGEMENT TRACK
8:00 am - 9:00 am	A14: Economic Reality of DSM Scott Craig	B08: Sleep and Aging Derk Jan Dijk, PhD	C08: Understanding Medical Billing Alex Vaughan, DDS, MS
9:00 am - 10:00 am	A15: A 14-year Retrospective Study on the Use of OA to Treat OSA Sylvan Mintz, DDS	B09: The Impact of Endentulism/Dentures on OSA Fernanda Almeida, DDS, PhD	
10:00 am - 11:00 am	A16: Sleep Surgeries: Soup to Nuts Stanley Liu, MD, DDS	B10: Commonly Used Medications Affecting Sleep and Sleep-Disordered Breathing Salma Patel, MD, MPH	C09: Inspiration to Implementation: Turning Goals into Action Michael Goldberg, DMD
11:00 am - 1:00 pm	Lunch & Virtual Exhibit Hall		
1:00 pm - 2:00 pm	A17: Managing OSA in Women Anjoo Ely, DDS and Mona Patel, DMD	B11: Nasal Breathing James Nestor	C10: Team Roles in DSM: A Device Delivery Demo Joanna Pincente, DA
2:00 pm - 3:00 pm	A18: Defining Success in Oral Appliance Therapy Jeff Horowitz, DMD	B12: A Mindful Approach to Sleep and Dreams Rubin Naiman, PhD	C11: Hiring Strategies in a New World Melaney Craig, MA

Mastery 2

November 3 – 7, 2021

New Orleans, LA

Proceed on the path to Diplomate status by completing Mastery 2 – offered online and in person in 2021.

**Participants must complete Mastery 1 prior to attending Mastery 2.*

Register at AADSM.ORG/MASTERY



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December 4-5, 2021

New Orleans, LA

Attend this course to obtain the information you need to confidently order or administer home sleep apnea tests (HSATs). Content includes foundational knowledge, clinical application strategies and interactive demos.

Register at AADSM.ORG/EMERGINGCONCEPTS21

2021 AWARD RECIPIENTS

Congratulations to this year's AADSM award recipients!
Visit www.aadsm.org/2021awards to watch their recorded remarks.

HONORARY MEMBERSHIP AWARDS



Jonathan Lown, MD

Dr. Lown is board-certified in internal medicine, sleep medicine and lipidology, and is the Clinical Director at Delta Sleep Center of Long Island.

Selected as a member of the national medical honor society, Alpha Omega Alpha in 1992, Dr. Lown graduated medical school, Magna Cum Laude in 1995. In addition to private practice and frequent lecturing, Dr. Lown currently serves as Clinical Assistant Professor of Medicine for Stony Brook University's Medical School.



Noah Siegel, MD

Dr. Siegel is board-certified in sleep medicine and otolaryngology. He is the Director of Sleep Medicine and Surgery at Massachusetts Eye

and Ear (MEE), a Harvard Medical School hospital. He is the Medical Director of Otolaryngology for MEE's Longwood facility and is clinical faculty at Massachusetts General Hospital. Dr. Siegel is medical director for several sleep laboratories in the Boston area and is also part of the faculty at Tufts Dental School in craniofacial pain, TMD and sleep. Regularly, he is a featured speaker at medical and dental sleep courses/training programs.

PIERRE ROBIN AWARD



Marijke Dieltjens, PhD

Dr. Dieltjens graduated in 2009 as a biomedical scientist at the University of Antwerp, Belgium. After graduation she started her

PhD at the University of Antwerp and the Antwerp University Hospital. She is currently a senior postdoctoral fellow of the Research Foundation Flanders (FWO), Belgium, on the topic, "*The Development of a Multifactorial Model to Predict the Outcome of Mandibular Advancement Device Therapy for Obstructive Sleep Apnea Based on the Patients' Phenotype*".

DISTINGUISHED SERVICE AWARD



Rose Sheats, DMD, MPH

Dr. Sheats is a board-certified orthodontist with a Masters in Public Health. She retired in 2013 from her full-time academic position as the

Graduate Orthodontic Program Director at the University of North Carolina. Dr. Sheats is an Associate Editor of JDSM. She has also served on the AADSM Board of Directors, participated in the 2014 AADSM consensus conference to define an effective oral appliance, chaired an AADSM task force that evaluated methods for identifying the therapeutic position of an oral appliance, and volunteered on several AADSM committees over the years.



WHAT AM I GOING TO DO NOW?



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References: 1. Yalamanchali S, Farajian V, Hamilton C, Pott TR, Samuelson CG, Friedman M. Diagnosis of obstructive sleep apnea by peripheral arterial tonometry: meta-analysis. *JAMA Otolaryngol Head Neck Surg.* 2013;139(12):1343-1350. doi:10.1001/jamaoto.2013.5338.

About the National Sleep Foundation: National Sleep Foundation (NSF) is dedicated to improving health and well-being through sleep education and advocacy. Founded in 1990, the NSF is committed to advancing excellence in sleep health theory, research and practice. [theNSF.org](https://www.nsf.org) | [SleepHealthJournal.org](https://www.sleephealthjournal.org)

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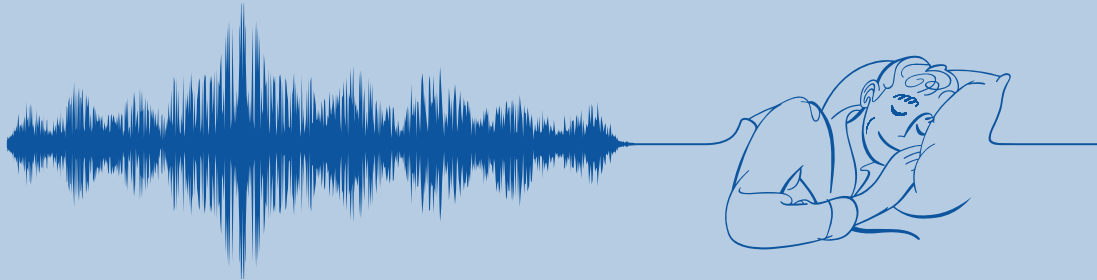
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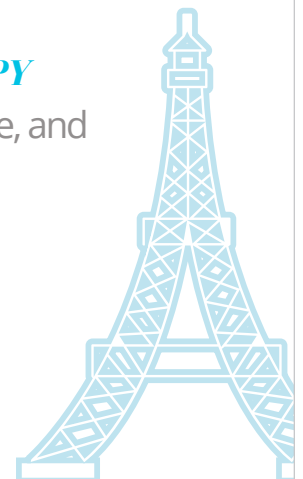
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Want To Speak To An Expert? Contact One Of Our CDT's.



Alex Buddemeyer, CDT
 Director of Dental Sleep Medicine
 800-489-4020 x. 1329
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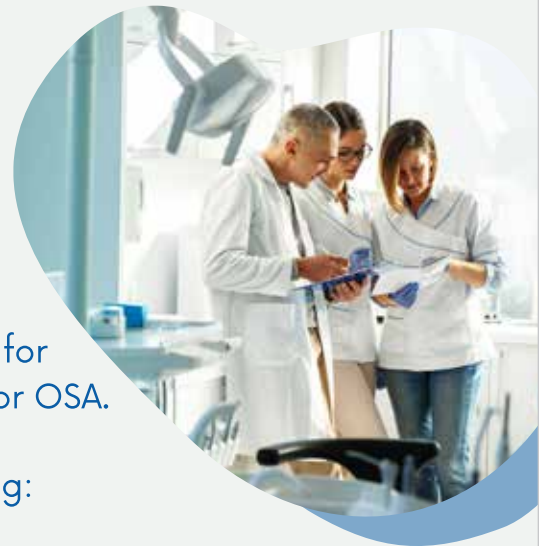
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