



Gary Bouloux, MD, DDS obtained his dental degree from Sydney University (Australia) in 1989. This was followed by a three-year GPR at Westmead Hospital. This was followed by residency in OMFS at the same hospital finishing in 1996. He completed a Masters of Dental Science and thesis during my residency on the toxicology of bupivacaine. He completed a two-year fellowship in temporomandibular joint and orthognathic surgery at Emory University in 1999. He completed Medical School at Emory University in 2004 which was followed by an intern year before joining the Division of Oral and Maxillofacial Surgery at Emory University in 2005. He is currently Professor and Residency Program Director as well as Director of Clinical Research.

Trish Braga, DDS, D. ABDSM a graduate of the University of Minnesota School of Dentistry and is one of the founding partners of Cahill Dental Care in Inver Grove Heights, Minnesota. In 2006 Dr. Braga entered the field of dental sleep medicine and became a Diplomate of the ABDSM in 2013. She is currently the Clinical Director of Dental Sleep Medicine at Cahill Dental Care, which is accredited by through the AADSM. Dr. Braga is also Fellow in the International College of Cranio Mandibular Orthopedics and is a member of the MN Sleep Society and the Dental Organization for Sleep Apnea. She has made numerous presentations to sleep apnea physicians and dentists on the topic of dental sleep medicine and currently serves as the AADSM Director of Education.

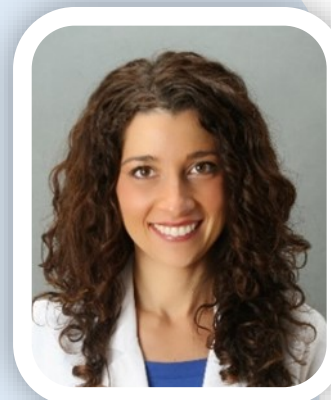


Rohit Budhiraja, MD, is a Pulmonary/Critical Care/Sleep physician, an Assistant Professor of Medicine at the Harvard Medical School and the Director of the Sleep Clinic at the Brigham & Women's Hospital in Boston, MA. His main areas of research interest include epidemiology and consequences of obstructive sleep apnea, adherence to PAP therapy and sleep in medical disorders. He has published over 50 papers and book chapters in these areas. He serves as an Associate Editor of the Journal of Clinical Sleep Medicine, the official journal of the American Academy of Sleep Medicine and the Associate Editor of Sleep for the Southwest Journal of Pulmonary and Critical Care (SWJPCC). He also serves an official reviewer for several journals including Sleep, Chest, American Journal of Respiratory and Critical Care Medicine and Sleep Medicine.



Shouresh Charkhandeh, DDS received his Doctor of Dental Surgery (DDS) Degree and Bachelor of Medical Sciences from the University of Alberta, Canada. He then furthered his education and training by completing a Research Fellowship in the area of “Sleep and Dental Sleep Medicine” at the University of Antwerp Hospital (UZA), in Antwerp, Belgium. His research focuses on developing new technologies to improve treatment outcome predictability in OAT for patients with OSA and improving clinical workflow efficiencies, utilizing different digital technologies. He is the recipient of the “2012 & 2015 Clinical Research Award” and “2015 Clinical Excellence Award” from the AADSM. Dr. Charkhandeh maintains a group of private practices in Edmonton & Calgary, Canada, focusing on Dental Sleep Medicine and TMD Management. He is the founder of Alberta Dental Sleep Medicine Study Club, the Chief Dental Officer at Zephyr Sleep Technologies, a member of the “Sleep Disordered Breathing Committee” for Alberta Dental Association & College and the Clinical Director at The Snore Centre in Canada.

Nicole Chenet, DDS completed her DDS degree from West Virginia University School of Dentistry in 2000. Since then, she has aggressively pursued postgraduate education in order to provide the best technological and clinical skills for her patients. In 2013, she became a Diplomate of the American Board of Dental Sleep Medicine. Since 2015, her practice solely concentrated on the treatment of patients with snoring and sleep apnea. She has the honor of being the dental sleep medicine provider for Allegheny General Hospital Center for Sleep Medicine. Her unique blend of orthodontic correction and sleep apnea options allows the patient to make an educated decision on what is best for their individual needs. With extensive education in orthodontics, Invisalign, dental sleep medicine, cosmetics and Implants, Dr. Chenet continues to provide the best treatment options for her patients that will provide them with an overall improvement in their health and emotional well-being.



Charles A. Czeisler, PhD, MD is Director of the Sleep Health Institute and Chief of the Division of Sleep and Circadian Disorders, in the Departments of Medicine and Neurology at the Brigham and Women’s Hospital and the Baldino Professor of Sleep Medicine and Director of the Division of Sleep Medicine at Harvard Medical School. Dr. Czeisler has more than 40 years of experience in the field of basic and applied research on circadian disorders. He was chairman of the Board of Directors of the National Sleep Foundation and is Past President of the Sleep Research Society. Dr. Czeisler, who has over 300 publications, was awarded an Honorary Fellowship of the Royal College of Physicians, is an elected member of the Institute of Medicine of the National Academy of Sciences, an elected member of the International

Academy of Astronautics and was elected as an inaugural Fellow of the American Physiological Society. He earned his undergraduate degree from Harvard College and his PhD in neuro- and bio-behavioral sciences and MD from Stanford University.



Raj Dedhia, MD obtained his MD degree from Northwestern University School of Medicine. He completed his otolaryngology internship & residency at the University of Pennsylvania and University of Pittsburgh, respectively. During residency, he obtained a Masters of Science in Clinical Research from the University of Pittsburgh. Following residency, he pursued a fellowship in Sleep Medicine & Surgery at the University of Washington. He currently serves as faculty at the Emory School of Medicine as Assistant Professor of Otolaryngology & Sleep Medicine and Director of Sleep Surgery at the Emory Sleep Center.

B. Gail Demko, DMD is a past president of the AADSM and sits on the ABDSM Board of Directors. She has received the AADSM Distinguished Service award and continues as the expert advisor to the FDA in the area of oral appliance therapy for OSA. She did her first oral appliances in 1989 and limited her practice to DSM in 1997. Dr. Demko has lectured worldwide on the topic of oral appliance therapy and authored articles for scientific journals.



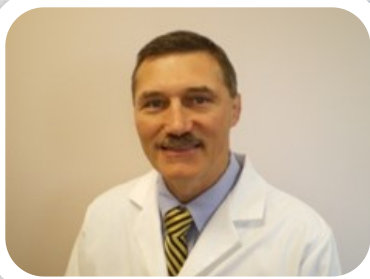
Barry Fields, MD completed his undergraduate education at Cornell University in 2003 and obtained his MD at the University of Rochester School of Medicine in 2007. He trained in internal medicine at Yale-New Haven Hospital from 2007-2010, serving an additional year as Chief Resident. He then moved to the University of Pennsylvania where he completed a clinical sleep medicine fellowship in 2012 and a postdoctoral research fellowship in 2014. Under the direction of Dr. Samuel Kuna, he trained extensively in sleep telemedicine and researched its application to remote outpatient settings. Dr. Fields joined Emory University in 2014 as an assistant professor of medicine. He practices sleep medicine at the Atlanta VA Medical Center where he directs the sleep telemedicine program.



Donald Farquhar, DDS obtained his dental degree from the University of Western Ontario and maintains a dental practice in Midland, Ontario. He has integrated dental sleep medicine into his general dental practice since 2003. He is a Diplomate of the American Board of Dental Sleep Medicine and has served on the AADSM education committee. He chaired the Essentials of Dental Sleep Medicine program in 2016 and the Board Review Course in 2017 and 2018.

Ed Harrold is an author, inspirational speaker, coach and educator. Ed's mastery in the art & science of breath has guided him to apply mindful, conscious breathing practices in fitness, weight loss, stress reduction and overall health and well-being. Today, Ed blends the wisdom of contemplative traditions into effective strategies to improve health, organizational & athletic performance and well-being.





Michael Hnat, DMD is a graduate of the University of Pittsburgh School of Dental Medicine. He is the Dental Director of Progressive Dental Solutions for Sleep and TMJ in McMurray, PA. His dental sleep medicine facility has been accredited by the AADSM since 2012. Dr. Hnat is a Diplomate of the American Board of Dental Sleep Medicine and currently serves as a member of the Accreditation Committee of the AADSM. As Clinical Assistant Professor at the West Virginia University School of Dentistry he teaches dental sleep medicine to the dental and hygiene students and provides oral appliance therapy to patients in the faculty clinic. He lectures nationally and Internationally to dentists and other health professionals and his passion in this field is evident in the standard of care delivered to his patients and in his lectures.

Romy Hoque, MD completed his medical education at the Albert Einstein College of Medicine of Yeshiva University. He completed his internal medicine internship at St. Luke's- Roosevelt Hospital in Manhattan, New York; and his neurology residency at Louisiana State University (LSU) in Shreveport, Louisiana. He then went on to complete two fellowships, the first in sleep medicine at LSU, and then clinical neurophysiology at Emory University. Upon completion of his fellowship training he joined the faculty of the LSU School of Medicine as Assistant Professor of Neurology before joining Emory. Dr. Hoque has joint appointments in the Emory Sleep Center, the Emory Department of Neurology Epilepsy Program, and the Children's Healthcare of Atlanta sleep medicine program; and since February 2016 has served as the Medical Director of the Emory Sleep Laboratory. He has over 50 peer-reviewed publications, multiple book chapters, and serves as Associate Editor for the *Journal of Clinical Sleep Medicine*. He is certified by the American Board of Psychiatry and Neurology in Neurology, Sleep Medicine, Neuromuscular Medicine, Clinical Neurophysiology, and Epilepsy.



Sheri Katz, DDS received her dental degree from Emory University School of Dentistry. She is a Diplomate of the American Board of Dental Sleep Medicine. She currently practices within a family practice in Decatur, GA and her primary interest is dental sleep medicine. Dr. Katz currently serves as a dental consultant to numerous sleep practices. In addition to her seat on the Academy of Dental Sleep Medicine Board of Directors, she is a member of the Education and Curriculum Committee and holds membership with the ADA and AGD.



Jennifer Le, DMD is a general dentist with a focus on dental sleep medicine. She works from a patient-centered care model built through collaborative relationships with the patient's other healthcare providers to create a personalized management approach for obstructive sleep apnea. She creates a sense of empowerment that is achieved by mindful listening and offering treatments that respect the patient's overall quality of life. Dr. Le is a dental director of an accredited dental sleep medicine facility, a national speaker and presenter on the topic of dental sleep medicine and is Adjunct Faculty at UNC School of Dentistry. In addition, she is a Diplomate of the ABDSM, Director-at-Large for the

ABDSM, Chair of the AADSM Accreditation Committee, Internationally Certified Co-Active Coach and has completed a leadership program in integrative medicine from Duke University.

Mitchell Levine, DMD is both board certified in orthodontics and dental sleep medicine. He maintains a private practice in Jacksonville of which 15% is sleep-disordered breathing. He is an assistant professor at the University of Tennessee Health Science Center in Memphis where he serves in both the orthodontic and the dental sleep medicine clinics. He is a member of the AADSM Board of Directors.



Marie Marklund, DDS, PhD is associate professor of orthodontics at Umeå University, Sweden. She works in collaboration with the sleep apnea clinic at the Department of Respiratory Medicine, Umeå University Hospital. Her practice focuses mainly on the treatment of patients with snoring and obstructive sleep apnea (OSA) with oral appliances. Dr. Marklund's research interests include treatment effects and side-effects of oral appliance therapy.

Jean-Francois Masse, DMD graduated from Laval University in Quebec City where he teaches dental sleep medicine. He is a Diplomate of the American Board of Dental Sleep Medicine, a Director-at-Large of the American Board of Dental Sleep Medicine and Editor-in-Chief of the *Journal of Dental Sleep Medicine*





David Orozco, MS, RD owns *TD Wellness, LLC*, a nutrition and health consulting company. He has been in practice for over twelve years as a Registered Dietitian Nutritionist with a Master's in Nutrition and Health Science. He is a Certified Intuitive Eating Counselor, Exercise Physiologist, Quit Smart® smoking cessation counselor, and is fluent in Spanish. He specializes in weight management and eating disorders. He has also developed wellness solutions for various corporations and organizations. In his practice he works closely with psychologists that specialize in sleep and other emotional conditions.

Jan Palmer is on the Provider Outreach and Education committee for Medicare DME for Jurisdictions A and D. She has co-authored an e-book *Medicare: What Every Dentists Needs to Know, NOW!* which breaks down the confusion of the upcoming mandates that Medicare has set forth for all dentists. She is a member of the Dental Consultants Connection and the American Academy of Dental Consultants. She sits on the board of directors of the WNY Dental Managers Group, is a Fellow and active member of the American Academy of Dental Office Managers as well as past speaker of the American Academy of Dental Sleep Medicine (AADSM) staff training course while holding a management position with a sleep apnea dental office in New England, putting theory into practice every day.

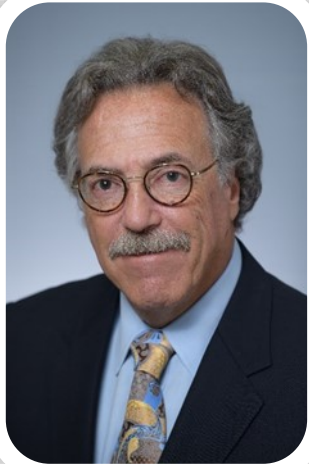


Katherine Phillips, DDS received her undergraduate degree from the University of Michigan and her dental degree from the University of Detroit Mercy School of Dentistry. Following her graduation from UDM in 2008, she practiced general dentistry for a short period of time before joining a practice dedicated solely to the treatment of Sleep Disordered Breathing & TMD in December of 2008. She currently serves as the Secretary/Treasurer on the American Board of Dental Sleep Medicine (ABDSM) Board of Directors, was a member of the Annual Meeting Committee for the American Academy of Dental Sleep Medicine (AADSM) from 2014-2016, has facilitated courses to teach the principles of Dental Sleep Medicine, served as Chair of the Introduction to Dental Sleep Medicine Course offered by the AADSM, participated in the Consensus Committee to develop a formal definition for an Oral Appliance, is a co-writer of the accompanying support paper, has lectured to multiple sleep physicians and led in a Dental Sleep Medicine shadowing

program for Sleep Physician Fellows at Northwestern University, the University of Chicago in Chicago, IL and Baylor College of Medicine in Houston, TX.

Ronald S. Prehn, DDS is a third-generation dentist who focuses his practice on complex medical management of facial pain conditions (TMD and headache) and sleep-disordered breathing. He received his degree at Marquette School of Dentistry in 1981 and post graduate education at the Parker Mahan Facial Pain Center at the University of Florida and the LD Pankey Institute in the years to follow. He is a board-certified Diplomate of both the American Board of Orofacial Pain and American Board of Dental Sleep Medicine (ABDSM) and President-elect of the ABDSM. While being an adjunct professor at the University of Texas Dental School in Houston, he is published in several journals on the subject of combination therapy for the treatment of obstructive sleep apnea.





David Rosen, DMD has a practice limited to dental sleep medicine and periodontics and is board certified in both. He is also an Assistant Clinical Professor at Tufts School of Dental Medicine, a virtual visitor for the AADSM Facility Accreditation Program, and an Accreditation Committee member.

Thomas Schell, DMD is on the AADSM Board of Directors and is an adjunctive faculty member at the Medical School at Dartmouth. He has been involved in a National Institute of Health study investigating oral appliance compliance and effects. He was co-chair of the consensus conference investigating the side effects of oral appliance therapy. He has lectured nationally as well as at hospitals, sleep disorder clinics and medical universities regarding the treatment of obstructive sleep apnea with oral appliance therapy. Dr. Schell became certified by the American Board of Dental Sleep Medicine (ABDSM) in 2013. He is a graduate of Fairleigh Dickinson College of Dental Medicine and completed a residency program through Columbia College of Physicians and Surgeons.



Jamison R. Spencer, DMD is the director of the Center for Sleep Apnea and TMJ in Boise, Idaho, and the director of dental sleep medicine for Lane and Associates Family Dentistry in Raleigh, North Carolina. Dr. Spencer is the Past President of the American Academy of Craniofacial Pain (AACP), a Diplomate of the American Board of Craniofacial Pain, a Diplomate of the American Board of Dental Sleep Medicine, a Diplomate of the American Board of Craniofacial Dental Sleep Medicine and has a Masters in Craniofacial Pain from Tufts University. He taught head and neck anatomy at Boise State University and is adjunct faculty at UOP and UNC Dental Schools. Dr. Spencer lectures locally, nationally and internationally on TMD, dental sleep medicine and head and neck anatomy.

Robert J. Thomas, MD is an Associate Professor of Medicine at the Beth Israel Deaconess Medical Center, Boston, and directs the sleep center and sleep medicine training program. He is board certified in sleep medicine and internal medicine and has a long-standing interest and expertise in the management of complex sleep breathing syndromes. He teaches extensively nationally and internationally and is involved in developing novel therapies for sleep apnea.

Emerson Wickwire, PhD completed his advanced training in sleep at the Johns Hopkins School of Medicine. He is currently Assistant Professor of Psychiatry and Medicine at the University of Maryland School of Medicine, where he directs the Insomnia Program. Dr. Wickwire is a recognized expert in the non-drug treatments of sleep disorders and motivational approaches to managing chronic disease. He is currently principal investigator of three funded studies exploring health and economic outcomes of sleep disorders and their treatments. Dr. Wickwire is a fellow of the American Academy of Sleep Medicine and Associate Editor of the *Journal of Clinical Sleep Medicine*.



Phyllis C. Zee, MD, PhD is the Benjamin and Virginia T. Boshes Professor in Neurology and Professor of Neurobiology at Northwestern University. She is also the Director of the Center for Circadian and Sleep Medicine (CCSM), Chief of the Division of Sleep Medicine at Northwestern University's Feinberg School of Medicine and the Medical Director of Sleep Disorders Center at Northwestern Memorial Hospital. As Director of CCSM, Dr. Zee oversees an interdisciplinary program in basic and translational sleep and circadian rhythm research, and findings from her team have paved the way for innovative approaches to improve sleep and circadian health. Dr.

Zee is the founder of the first circadian medicine clinic in the US, where innovative treatments are available for patients with circadian rhythm disorders.

Dr. Zee also has authored more than 300 peer reviewed original articles, reviews and chapters on the topics of sleep, circadian rhythms, and sleep/wake disorders. She is past President of the Sleep Research Society, past President of the Sleep Research Foundation and past Chair of the NIH Sleep Disorders Research Advisory Board. Dr. Zee is a Member of the NIH Heart Lung and Blood Disorders Advisory Council.