AADSM EDUCATIONAL COURSE

INTRODUCTION TO
DENTAL SLEEP MEDICINE

MARCH 3-4

2012

OMNI ORLANDO RESORT   CHAMPIONSGATE, FLORIDA
TARGET AUDIENCE
This course is intended for dentists and dental professionals with an interest in, or currently treating, snoring and obstructive sleep apnea (OSA) patients through the utilization of oral appliance therapy (OAT).

COURSE OVERVIEW
The Introduction to Dental Sleep Medicine course is a logical way to incorporate OAT into your practice. The course includes a review of sleep related breathing disorders, such as snoring and OSA, and the impact of sleep disorders on society. A comprehensive evaluation is described that includes upper airway examination and imaging with a focus on areas of pathophysiology in OSA. Several sessions address the range of OAT and upper airway surgery for OSA. The course addresses practice issues such as developing a team approach, medico-legal issues and reimbursement. A final portion of the course is case-based and provides clinical examples of the evaluation and treatment of sleep disorders in a dental practice.

COURSE OBJECTIVES
Upon completion of the course, participants will be able to:

- Describe the dental and medical terminology associated with sleep medicine and OSA;
- Understand the pathophysiology, demographics and sequelae of OSA;
- Evaluate, analyze and comprehend polysomnogram reports and understand the necessity of medical evaluation and importance of a multidisciplinary team approach to treating snoring and OSA;
- Identify and describe the various treatment options available, focusing on the various types of oral appliances available;
- Describe the mechanisms of action of various types of oral appliances as well as the indications, contraindications, complications and side effects associated with their use;
- Evaluate various case presentations that demonstrate a range of patients and treatment situations representative of the practice of dental sleep medicine to include fabrication concepts, interpretation of bite registrations and adherence to recommended treatment protocol and standards of practice; and
- Apply practical concepts for building and developing a successful dental sleep medicine practice, including an overview of informed consent, relationships with physicians, sources of patient referrals, follow-up with current patients, record keeping, and medical insurance billing.
TEACHING METHODS
The sessions at this course will be comprised of lectures followed by discussion.

CONTINUING EDUCATION
The American Academy of Dental Sleep Medicine is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The American Academy of Dental Sleep Medicine designates this activity for 13.00 continuing education credits.

INFORMATION OR QUESTIONS
For information or questions regarding the course, please contact:

Randi Prince, AADSM Coordinator
2510 North Frontage Road
Darien, IL 60561
Phone: (630) 737-9761
Fax: (630) 737-9790
Email: rprince@aadsm.org
Web site: www.aadsm.org

Questions? Call the AADSM at (630) 737-9761
SESSION TIMES

**Saturday, March 3**
7:00 AM – 7:45 AM* Continental Breakfast and Registration
7:45 AM – 12:15 PM General Session
12:15 PM – 1:15 PM* Lunch
1:15 PM – 5:30 PM General Session

**Sunday, March 4**
7:15 AM – 8:00 AM* Continental Breakfast
8:00 AM – 1:15 PM General Session

* These meals are provided; attendees are responsible for all other meals.

This course includes an exhibit hall that will be open during breaks and lunch.

LIST OF TOPICS AND FACULTY

**OSA: Pathophysiology, Health Risks and Diagnosis with Polysomnography**
Kelly Carden, MD, MBA

**OSA: Medical Management with CPAP and Behavioral Therapies**
Kelly Carden, MD, MBA

**Diagnostic Testing, including Airway Imaging, Home Monitors, and Oral Examination**
R. Bruce Templeton, DMD

**OAT: Types and Mechanisms of Action**
Kathleen Bennett, DDS

**OAT: Titration of Mandibular Advancement Devices with Home Sleep Tests and In-lab PSG protocols**
James Metz, DDS

**Various Methods of Taking Impressions and Records**
Faculty

**OAT: Insertion, Adjustments, Side Effects and Complications**
James Metz, DDS

**Auxiliary Screening for Sleep-Related Breathing Disorders**
Megan Bacome, RDH

**Surgery for Obstructive Sleep Apnea**
Jeffrey Prinsell, DMD, MD

**Practice Marketing and Patient Management: A Team Approach**
Robert Rogers, DMD

**Scope of Practice, Medico-legal Issues and ABDSM Board Certification**
Robert Rogers, DMD and Jeffrey Prinsell, DMD, MD

**Insurance Reimbursement**
B. Gail Demko, DMD

**Case Presentations**
Sheri Katz, DDS, AADSM President
LOCATION & ROOM RESERVATIONS
The course will be held at the Omni Orlando Resort at ChampionsGate, 1500 Masters Boulevard, ChampionsGate, Florida, 33896, (407) 390-6680. For more information about the Omni Orlando Resort at ChampionsGate and its amenities, visit the hotel’s website at [www.omnihotels.com/findahotel/orlandochampionsgate.aspx](http://www.omnihotels.com/findahotel/orlandochampionsgate.aspx).

A block of guest rooms has been reserved at the Omni Orlando Resort at ChampionsGate. Space is limited, so please make reservations well in advance. The room rate at the hotel is $199.00 per night plus tax and is only valid until February 3, 2012, or until the room block sells out.

All reservations must be made by individual attendees directly with the hotel’s reservation department. You can make the reservation by calling 1-800-THE-OMNI and identifying yourself as part of the AADSM group. Check-in time at the Omni Orlando Resort at ChampionsGate is 3:00 PM on the day of arrival and check-out time is 12:00 PM on the day of departure.

TRANSPORTATION
Save on your airfare by booking your flight with one of our discounted airlines. Call Corporate Travel toll-free at (800) 635-5488 to make your reservation. Airfare savings are subject to availability; we suggest you make your arrangements as soon as you receive your registration confirmation.

The airport nearest to the Omni Orlando Resort at ChampionsGate is the Orlando International Airport. The hotel is approximately 32 miles from the airport. Ground transportation from the Orlando International Airport is available via shuttle for approximately $45.00 roundtrip. Further details are available online at [www.omnihotels.com/findahotel/orlandochampionsgate/mapanddirections.aspx](http://www.omnihotels.com/findahotel/orlandochampionsgate/mapanddirections.aspx).

CONFIRMATION
Confirmations will be sent via email within one week of receipt of registration form and payment. All participants must pre-register for the course; on-site registration will not be accepted. The AADSM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for this course.

CANCELLATION & REFUND POLICY
To cancel a registration, written notification must be submitted to the AADSM. A $50.00 administrative fee will be withheld on cancellations postmarked prior to Friday, February 3, 2012. After this date, no refunds will be available. Refunds are not provided to no-shows. The AADSM reserves the right to cancel the Introduction to Dental Sleep Medicine course and provide a full refund should conditions warrant. The refund will only include the cost of registration for the course.

RECORDING
Photographing and/or recording of any kind of sessions and speakers at the course is strictly prohibited.

DRESS CODE
Dress code at AADSM course is business casual.
MEGAN BACOME, RDH
Ms. Bacome is a James A. Rhodes State College alumnus. She earned her Associate degree of Applied Science in Dental Hygiene, graduating with honors Phi Theta Kappa. She holds a vital role in screening for oral cancer, obstructive sleep apnea, routine prophylaxis and periodontal treatment. Ms. Bacome is certified to administer local anesthesia and is a provider for Oral CDX Laboratories. She is authorized to practice in general supervision. She is past president of SADHA and holds memberships with American Dental Hygienist Association, Ohio Dental Hygienist Association, & Columbus Dental Hygienist Association.

KATHLEEN BENNETT, DDS
Dr. Bennett is a graduate of Georgetown University and SUNY Buffalo Dental School, and she been in private practice restorative dentistry since 1983. She was the Program Committee Chair for the AADSM 16th Annual Meeting in 2007 and currently serves on the AADSM Board of Directors. She was a faculty member at the SUNY Buffalo School of Medicine’s sleep medicine fellowship program and trained medical sleep fellows in clinical rotations in her office from 2004-2006. Currently she is practicing dental sleep medicine exclusively in a Cincinnati Ohio University based practice and is affiliated with Cincinnati Children’s Hospital where she treats Spina Bifida & Adult Down Syndrome patients with OSA.

KELLY CARDEN, MD, MBA
Dr. Carden obtained her MD and MBA degrees at the University of Tennessee and continued her training in internal medicine at Baylor College of Medicine in Houston. She then obtained her Pulmonary/Critical Care and Sleep Medicine fellowship training at Harvard Medical School. She is actively involved in the AASM and the AADSM, serves as a lecturer at a number of courses and sits on multiple committees. She is currently employed with St Thomas Physician Services in Nashville Tennessee and is affiliated The Center for Sleep which is an AASM accredited laboratory.

B. GAIL DEMKO, DMD
Dr. Demko received her DDS from Boston University and was a hospital based dentist at Beth Israel Deaconess Medical Center in Boston for 20 years. In 1997 she limited her dental practice to the treatment of OSA and is an expert advisor to the FDA on oral appliance therapy. She is the President-elect of the AADSM and is a recipient of the AADSM Distinguished Service Award.

SHERI KATZ, DDS
Dr. Katz received her DDS from Emory University and practices within a family practice in Decatur, Georgia. Her primary interest and focus of practice is dental sleep medicine. She has served on the AASM Standards of Practice Task Force for OSA Surgery and is the President of the AADSM.
ROBERT ROGERS, DMD
Dr. Rogers received his DMD from the University of Pittsburgh. He was Director of Dental Medicine for St. Barnabas Medical Center in Gibsonia, PA and is Director of Clinical Services for Pittsburgh Dental Sleep Medicine. He has a special interest in the treatment of OSA and works with many Pittsburgh area sleep centers. He served on the AASM Standards of Practice Task Force for OAT. He is the Founding President of the AADSM and is a recipient of the AADSM Distinguished Scientist Award.

R. BRUCE TEMPLETON, DMD
Dr. Templeton received his DMD from the University of Manitoba, Canada and completed an OMS Residency at the University of Minnesota. He is a Diplomate of the ABOMS, past Chief of Surgery at Northern Memorial Medical Center, past Chief of Dentistry at MN Children’s Medical Center, Chief of OMS at the VA Hospital in Minnesota, Clinical Professor at the University of Minnesota Faculty of Dentistry, Vice President of the Minnesota Dental Association and President of the Minnesota Society of OMS. He has served on the AADSM Board of Directors.

JAMES METZ, DDS
Dr. Metz is a graduate of The Ohio State University College of Dentistry. Dr. Metz maintains a general dental practice in Columbus Ohio with an emphasis on dental sleep medicine, TMD and reconstructive dentistry. The Ohio State Dental Board retains him as an expert for clinical dentistry. He serves on the AADSM board of directors and Ohio Sleep Society board of directors and is a Diplomate of the ABDSM.

JEFFREY PRINSSELL, DMD, MD
Dr. Prinsell received his DMD from Tufts University and his MD from Vanderbilt University. He completed a GPR in Dentistry, a General Surgery Internship and an OMS Residency at Vanderbilt. He is a surgical consultant at several metro-Atlanta sleep centers and maintains an OMS private practice in Marietta, Georgia. He is a Diplomate of the ABOMS, has served on the AASM Standards of Practice Task Force for OSA Surgery, is Chair of the AAOMS CIG on OSA Surgery, is Founding President of the ABDSM and a Past President of the AADSM.

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With world-famous theme parks, fabulous shopping and numerous dining options, a thriving arts community, and plenty of outdoor recreation, Orlando has something for everyone. Guests enjoy the convenience of complimentary scheduled shuttle transportation to all four Walt Disney World® Theme Parks. Try SeaWorld Orlando for a marine adventure, or get a behind-the-scenes look at the movies when you visit Universal Studios Florida. Beyond theme parks, visitors can enjoy various outdoor activities, world-class golfing, plenty of shopping and cultural attractions.

The concierge desk will also be happy to assist with suggested itineraries, dinner reservations, transportation, driving directions and more.

**ATTRACTIONS**

- Walt Disney World® Resort – 6 miles
- AMC® Theatres Complex - Downtown Disney® Pleasure Island – 13 miles
- Sea World Orlando – 14 miles
- Gatorland theme park and wildlife preserve – 15.5 miles
- Universal Studios Florida - 16 miles
- Wet’ n Wild water park – 18 miles
- Downtown Orlando – 22 miles
- Sterling Casino – 60 miles
- Busch Gardens – 58 miles

**SPORTS**

- Disney’s Wide World of Sports® Complex – 15 miles
- Citrus Bowl – 25 miles
- TD Waterhouse Centre – 27 miles
SHOPTING
Celebration Town Center – 8 miles
Orlando Premium Outlets – 12 miles
Downtown Disney® Area – 10 miles
Pointe Orlando, shopping, dining and entertainment – 18 miles
Belz Factory Outlet Mall – 20 miles
Florida Mall – 24 miles
Mall at Millenia, filled with a variety of boutiques, galleries and restaurants – 24 miles

OUTDOOR RECREATION
Greg Norman Championship Golf Course - on property
Leadbetter Golf Academy – on property
15-acre recreational area – on property
Cocoa Beach – 60 miles
Daytona Beach – 65 miles

DINING & ENTERTAINMENT
Zen (Asian cuisine) – onsite
Trevi’s (Mediterranean) – onsite
David’s Club (Steak & Seafood) - onsite
Downtown Disney® Area – 10 miles
Celebration Restaurants (family dining) – 8 miles
Adobe Gila’s (Mexican cuisine) – 16 miles
Johnny Rockets (All-American) – 16 miles
Moonfish (fine dining) – 18 miles
Morton’s of Chicago (steakhouse) – 18 miles
Roy’s (fine dining) – 18 miles
Seasons 52 (fine dining) – 18 miles

Photos and text - Omni Hotels and Resorts - www.omnihotels.com/AboutOmniHotels & VISIT FLORIDA

Questions? Call the AADSM at (630) 737-9761
REGISTRATION INSTRUCTIONS

HOW TO REGISTER

ONLINE (credit card only)
www.aadsm.org

MAIL (check or credit card)
American Academy of Dental Sleep Medicine
2510 North Frontage Road
Darien, IL 60561-1511

FAX (credit card only)
(630) 737-9790

REGISTRATION DISCLAIMER

Registration is limited. Please register early. Confirmation letters will be sent via email within one week of receipt of registration form and payment. All attendees must pre-register; on-site registration will not be accepted. The AADSM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for a course.

REGISTRATION CATEGORIES

**Member**
To register as a member, the registrant must currently be an individual member of the American Academy of Dental Sleep Medicine (AADSM). If the AADSM is unable to confirm that the individual is a member of the society, the AADSM will register the individual as a non-member at the prevailing fee.

**Student/Graduate Postdoctoral Student Member**
To register as a student member, the registrant must currently be a student member of the AADSM. If the AADSM is unable to confirm that the individual is a student member of the society, the AADSM will register the student as a non-member at the prevailing fee.

**Dental Staff of AADSM Member**
To register as the dental staff of an AADSM member, the registrant must currently be employed by an individual who is currently a member of the AADSM. If the AADSM is unable to confirm that the dentist is a member of the AADSM, the AADSM will register the individuals as a dental staff of a non-member at the prevailing fee.

**Nonmember**
Want to register for the member price, but you’re not a member?
Join the AADSM to receive instant savings including reduced course registration fees, a listing on the Find-a-Dentist feature of the AADSM website, subscriptions to *Sleep and Breathing* and *Dialogue* and much more. Visit the AADSM website at www.aadsm.org for more information about membership including a complete list of benefits and a description of all membership categories. Membership is on a calendar-year basis (January 1–December 31). For more information regarding AADSM membership, call the AADSM Membership Department at (630) 737-9705.

**Dental Staff of Nonmember**
If your employer is not an individual member of the AADSM and would like to become a member, please request that he/she completes the membership application form available at www.aadsm.org. For more information regarding AADSM membership, call the AADSM Membership Department at (630) 737-9705.

Register online at www.aadsm.org
REGISTRATION FORM  (please type or print clearly)

Last Name:_________________________First Name_________________________

(This is the name that will be on your name badge)

Degree(s):____________________________________________________________

Address:________________________________________________________________________

City:________________________State:______________Zip/Postal Code:______________

Country:__________________________________________Phone:___________________________

Fax:________________________E-mail:______________________________________________

(e-mail required to receive confirmation)

Special Needs/Accommodations:________________________________________________________

Attendee List Permission (Check one)
I give my permission to include my contact information on an attendee list to be distributed to course attendees.  □ Yes □ No

Exhibitor List Permission (Check one)
I give my permission to include my contact information on an attendee list to be distributed to course exhibitors.  □ Yes □ No

2012 MEMBERSHIP DUES FOR NONMEMBERS (Check one)
Want to register at the member price, but you are not a member? Join the AADSM today to receive instant savings on your registration fee in addition to receiving membership benefits from now until December 31, 2012!

Regular Members □ $345
Student Members □ Free with completion of AADSM Student Application.

REGISTRATION FEES (Check one)
Introduction to Dental Sleep Medicine Course – March 3-4, 2012 – ChampionsGate, Florida

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□ I attended the AADSM 20th Anniversary Meeting and will save $100 on my registration fee!*
*By checking this box the registration fee will be reduced by $100.

METHOD OF PAYMENT
□ Please make checks payable to the AADSM (U.S. funds drawn on a U.S. bank)
□ For payment by credit card (VISA/MasterCard/American Express):
    Card#:________________________________________________________
    Exp. Date:______________/______________ Validation Code*: ______________________

    Cardholders Name:____________________________________________________________

    Mailing Address:____________________________________________________________

    Signature:_______________________________________ Date:______________/__________

*For a VISA or MasterCard, the validation code is the last 3 numbers in the signature box. For an American Express, the validation code is the 4 numbers above the credit card number.

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REGISTER ONLINE AT WWW.AADSM.ORG