

# PREVIEW GUIDE



## 2023 AADSM Annual Meeting

Friday, May 19 – Sunday, May 21

Marriott Philadelphia Downtown

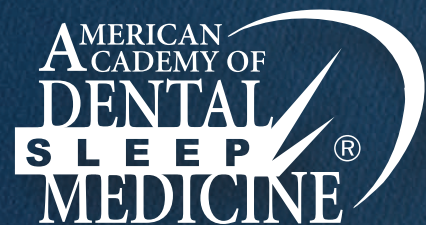
Philadelphia, Pennsylvania

**NEW, PRE-MEETING ADD-ON COURSE!**

*TMD for the DSM Dentist Course*

Thursday, May 18

Marriott Philadelphia Downtown





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**Join fellow dentists, physicians, scientists and other health care professionals who want to know more about sleep-related breathing disorders.**

Reunite with old friends and network with new colleagues at the AADSM Annual Meeting! The meeting offers a stellar line-up of speakers presenting the latest education and findings in dental sleep medicine through lectures, case-based discussions, panels, Q&A, and interactions with colleagues.

The meeting will also feature:

- ▶ a pre-meeting TMD for the DSM Dentist Course.
- ▶ keynote address by David M Rapoport, MD on “Ventilatory Burden and the Impact of Patient Choice on Adherence”.
- ▶ 100+ clinical take-aways to implement in your practice.
- ▶ a track dedicated entirely to team members and dentists new to DSM.
- ▶ an advanced track and a clinical track.
- ▶ extended lunch breaks to give you ample time to browse the exhibit hall and catch up on the latest products and services in the industry.

**INCLUDED WITH REGISTRATION:** Unable to get to all the sessions you want or want to listen to a great session again? Sessions will be recorded and available for attendees to review for up to one year following the meeting.

The 2023 AADSM Annual Meeting will also include social events such as a President’s Reception in the exhibit hall on Friday evening and a complimentary breakfast for first-time attendees.

We hope to see you in Philadelphia!



Register at  
[aadsm.org/annualmeeting](https://aadsm.org/annualmeeting)  
by April 7 and SAVE!



# GENERAL INFORMATION

## MEETING LOCATION

### Marriott Philadelphia Downtown

1201 Market Street  
Philadelphia, Pennsylvania 19107

## HOTEL RESERVATIONS

Take advantage of the AADSM's discounted group rate!

**Rate:** \$259, plus tax

**Cut-off Date:** Friday, April 21 or until the room block sells out

**Reserve Online:** [aadsm.org/annualmeeting](http://aadsm.org/annualmeeting)

**Reserve by Phone:** (877) 901-6632  
(reference code: AADSM)

## QUESTIONS? CONTACT US!

American Academy of Dental Sleep Medicine  
901 Warrenville Rd., Suite 180  
Lisle, IL 60532

Phone: (630) 686-9875

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Email: [annualmeeting@aadsm.org](mailto:annualmeeting@aadsm.org)

Visit [aadsm.org/annualmeeting](http://aadsm.org/annualmeeting)  
for more information.

REGISTRATION RATES	On or before April 7	April 8– May 12	Onsite
AADSM Member	\$625	\$700	\$725
AADSM Student Member	\$60	\$60	\$60
AADSM Active-Duty Military Member	\$150	\$175	\$200
AADSM Team Member	\$300	\$325	\$350
Nonmember	\$825	\$875	\$900

## NEW!

### TMD for the DSM Dentist Course

Thursday, May 18

Marriott Philadelphia Downtown

REGISTRATION RATES*	
AADSM Member**	\$125
Nonmember	\$225

Add registration for this one-day course, taking place the day prior to the annual meeting general session. This evidence-based course will review protocols for patient evaluation prior to treatment and strategies for managing treatment emergent TMD symptoms, ensuring that you have the knowledge and resources to support your TMD clinical decision-making and provide optimal patient care.

\* Individuals must be registered for the 2023 AADSM Annual Meeting to register for and attend the TMD for the DSM Dentist Course.

\*\*Member categories include: Regular, Academic, Emeritus, Active-Duty Military, Student, and Team Members

Register today at [aadsm.org/annualmeeting!](http://aadsm.org/annualmeeting!)

## THINGS TO DO IN PHILADELPHIA



### History Lovers

Philadelphia is known as “America’s Birthplace” and is filled with historic landmarks. From the Liberty Bell to Independence Hall to historical museums to the United States Mint, there is something for everyone to explore!



### Eat Like a Local

Taste the flavors of Philadelphia with incredible dining options spread throughout the city. From local favorites like cheesesteaks, soft pretzels and hoagies to nationally recognized restaurants with award winning chefs. No matter your taste, Philly has an unforgettable meal waiting for you!



### Reading Terminal Market

For foodies and history buffs looking to sample the best of Philly, the Reading Terminal Market is a must see! With more than 80 merchants, including 26 restaurants, the market is the perfect place to try a range of global cuisines and shop for the perfect souvenir.

# SCHEDULE OF EVENTS

All sessions and events, with the exception of the TMD for the DSM Dentist add-on course, are included with meeting registration. Registration also includes access to the exhibit hall and session recordings.

## Thursday, May 18, 2023

8:00am – 5:30pm

### TMD for the DSM Dentist

*Optional Add-On Course*

**DESCRIPTION:** When providing oral appliance therapy, dentists are likely to encounter patients with a history of TMD or who have TMD complaints throughout their treatment. This evidence-based course will review protocols for patient evaluation prior to treatment and strategies for managing treatment emergent TMD symptoms, ensuring that you have the knowledge and resources to support your TMD clinical decision-making and provide optimal patient care.

See the full schedule at [aadsm.org/annualmeeting](http://aadsm.org/annualmeeting).

## Friday, May 19, 2023

**Exhibit Hall**  
10:00am – 6:30pm

### Welcome Address and Awards

8:00am – 9:00am

#### Keynote Address

##### Ao1: Ventilatory Burden and the Impact of Patient Choice on Adherence

9:00am – 10:00am



**SPEAKER:** David M. Rapoport, MD

#### ABOUT DR. RAPOPORT:

Dr. David M. Rapoport is currently Professor of Medicine, Division of Pulmonary, Critical Care and Sleep Medicine and Director of the Sleep Medicine Research Program at the Icahn School of Medicine at Mount Sinai. He has spent his career studying control of breathing and the upper airway and the epidemiology, causes, consequences, and treatments of sleep-disordered breathing.

##### Ao2: Relying on Evidence or Experience to Guide Clinical Judgement

10:30am – 11:30am

**SPEAKERS:** Fernanda Almeida, DDS, PhD and Jonathan Parker, DDS

##### Ao3: Metrics of Sleep Apnea Severity: Beyond the Apnea-Hypopnea Index

11:30am – 12:30pm

**SPEAKER:** Allan Pack, MBChB, PhD

##### Ao4: Oral Presentations

2:00pm – 3:00pm

Distinguished award winners and investigators present their latest research and new ideas in the field.

##### Ao5: Co-Morbid Insomnia and OSA

3:00pm – 4:00pm

**SPEAKER:** Jennifer Martin, PhD, AASM President

##### Ao6: Growth and Development as it Relates to DSM

4:30pm – 5:30pm

**SPEAKER:** Mark Hans, DDS

#### President's Reception

5:30pm – 6:30pm

The AADSM Board of Directors invites all meeting attendees to the President's Reception in the exhibit hall! The President's Reception is a social celebration featuring hors d'oeuvres and a full-service cash bar.





**New to dental sleep medicine?** Bring your team members and attend **Track C – Fundamentals** to learn how you can work as a team to incorporate oral appliance therapy into your dental practice!

**Saturday, May 20, 2023**

**Exhibit Hall  
10:00am – 4:30pm**

7:00am – 8:00am

**FIRST-TIME ATTENDEE BREAKFAST**

	<b>TRACK A Clinical Findings</b>	<b>TRACK B Clinical Practicalities</b>	<b>TRACK C Fundamentals</b> <i>Sessions are geared toward team members and dentists new to DSM.</i>
8:00am – 9:00am	<b>A07: Looking Ahead: Expanding the DSM Horizons</b> Ghizlane Aarab, DDS, PhD	<b>B01: Understanding Wearable Technology and Using Them for Calibrating Appliances</b> Dennis Hwang, MD	<b>C01: Becoming a DSM Team Member Rockstar: Key Strategies for Success</b> Gina Pepitone-Mattiello, RDH; Briana Turlington; Emilee Kemper <i>Team members will network and discuss common barriers.</i>
9:00am – 10:00am	<b>A08: Sleep Endotyping</b> Danny Eckert, PhD	<b>B02: Strategies for Breaking Through with Primary Care Physicians</b> Rubina Nguyen, DDS	
10:30am – 11:30am	<b>A09: Ankyloglossia OSA and Malocclusion</b> Sylvan Mintz, DDS, MSD	<b>B03: I Wish I Knew Then, What I Know Now</b> Thomas Gotsis, DDS <i>Case-based discussions on selecting appropriate appliances and fixing mistakes</i>	<b>C02: Introduction to DSM</b> Aaron Glick, DDS and Karen Wuertz, DDS <i>Your DSM journey starts here! This 2-hour introduction will inspire and prepare you for the next step in oral appliance therapy education.</i>
11:30am – 12:30pm	<b>A10: The Growing Role of an Interdisciplinary Approach in the Diagnosis and Management of OSA and the Use of Combination Therapies</b> Jerald Simmons, MD	<b>B04: Oral Appliance Adherence and Long Term Follow Up: What Shall We Do? What Data Should We Collect? When Should We Refer? What is the Future?</b> Jean-Francois Masse, DMD	
12:30pm – 1:00pm	<b><i>ABDSM Exam Q&amp;A Session</i></b> Have questions about the ABDSM exam? Stop by to participate in this question and answer session!		
2:00pm – 3:00pm	<b>A11: Diabetes, Congestive Heart Failure, and OSA: Understanding the Link to Save Lives</b> Paul Nguyen, MD	<b>B05: Combination Therapy: CPAP and OAT</b> Ron Prehn, DDS <i>Interactive session covering the ins and outs of combo therapy</i>	<b>C03: Admin ABC's</b> Jessica Sabo, DDS <i>A successful DSM practice requires more than just excellent clinical skills. Learn administrative tips and tricks to streamline workflows for maximum success.</i>
3:00pm – 4:00pm	<b>A12: Sleep Disordered Breathing and Pain</b> Andres Pinto, DMD	<b>B06: DISE and the Role of the Dentist</b> Luis Aneyba, DDS	<b>C04: Triaging Side Effect Complaints</b> Imran Patel, DMD
4:30pm – 5:30pm	<b>A13: Effectively Treating OSA Using a Personalized and Precision Medicine (PPM) Approach</b> Olivier Vanderveken, MD, PhD	<b>B07: Dental Sleep Medicine Insights</b> <b>Mouth-Taping for Improving OAT Success</b> Vicki Cohn, DDS <b>The Importance of Talking About Weight</b> Paula Jacobs, RN <b>Sleep in the Military</b> LTC Phillip W Neal, DMD, DABGD	<b>C05: Addressing Financial Barriers with Patients</b> Erica Johannes, DDS

5:30pm – 6:00pm

**AADSM MEMBERSHIP MEETING**

	TRACK A Clinical Findings	TRACK B Clinical Practicalities <small>All Track B sessions on Sunday are geared toward clinicians and team members.</small>
8:00am – 9:00am	<b>A14: Pharmacologic Therapy of Residual Daytime Sleepiness in Patients with OSA</b> James Rowley, MD, AASM President-elect	<b>B08: Case-Based Standards for Practice: A 2022 Update</b> Kevin Postol, DDS, AADSM President-elect
9:00am – 10:00am	<b>A15: Sleep Bruxism</b> Gilles Lavigne, DMD, PhD	<b>B09: Sleepy After Treatment of Obstructive Sleep Apnea: Differential Diagnosis and Management</b> Salma Patel, MD, MPH, FACP
10:30am – 11:30am	<b>A16: Central Sleep Apnea</b> M. Safwan Badr, MD	<b>B10: Private Insurance and Medicare Q&amp;A Panel</b> Nancy Addy, DDS; Vicki Cohn, DDS; Scott Craig; Judith Roan, CGS; and Kloe Roberts, Noridian
11:30am – 12:30pm	<b>A17: Ansa Cervicalis Stimulation and Other Neurostimulation Treatment Strategies for Sleep-Disordered Breathing</b> David Kent, MD	<b>B11: Successfully Incorporating Telemedicine to Improve Workflows</b> Megan Nye



**Earn up to 35 CE by attending the meeting in person and listening to recorded sessions on-demand after the meeting. Earn an additional 10.25 CE by attending the pre-meeting TMD for the DSM Dentist Course in person.**

Unable to attend the meeting? We will certainly miss you, but you will have the opportunity to earn up to 35 CE by purchasing access to the recorded sessions after the meeting. Details will be available at [aadsm.org](http://aadsm.org) in late summer.

## 2023 AADSM EDUCATION CALENDAR

Learn more and register at [aadsm.org/education](http://aadsm.org/education)

### AADSM Mastery Program

100+ hours of clinically focused, evidence-based education for dentists ready to treat sleep patients.

### Breaking Down Barriers for a Successful Practice Course

August 2023 – March 2024 (16 CE, virtual, live)

Overcome DSM hurdles by learning from an expert faculty as to what worked for them and what didn't.

### Intro to Oral Appliances for Sleep Apnea

Now-December (8 CE, virtual, on-demand)

The perfect starting point for dentists interested in oral appliance therapy.

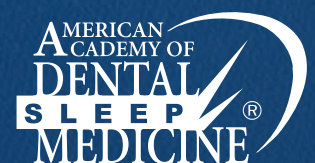
### DSM Team Training Program

Ongoing (13.75 CE, virtual, on-demand, plus demonstration of skills)

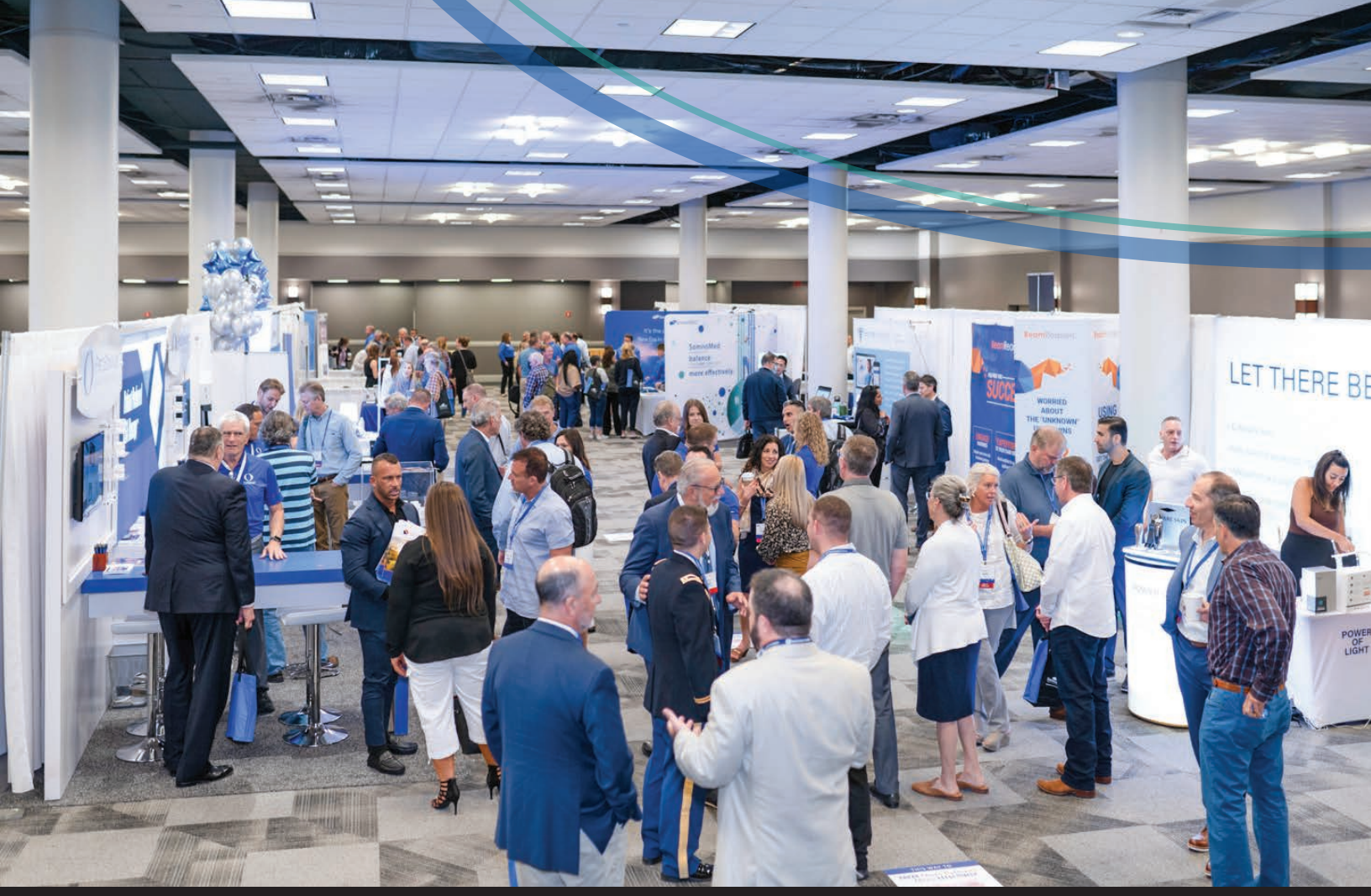
Get the whole team onboard with DSM.

### Live Webinars on Various Topics

Now-November (1 CE/webinar, virtual, live)







## EXHIBIT HALL

### Learn about the newest products and services in the field by visiting the exhibit hall!

The AADSM Annual Meeting exhibit hall showcases booth displays of oral appliance manufacturers, dental laboratories, software companies and many more. You must be at least 16 years of age to enter the exhibit hall.

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#### Disclaimer

While the AADSM appreciates the support of exhibiting companies, the AADSM does not endorse or recommend any of the products or services offered by exhibitors, advertisers, or sponsors. The exhibit hall is simply available as a convenience for attendees who may want to learn more or compare various offerings.

The AADSM does not review, investigate, or otherwise approve, the quality, type, message, nature, or value of any product or service marketed by exhibitors and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate each company and its products or services. Please consult your own professional advisors for all advice concerning dental, legal or financial matters in connection with the products and services offered.