

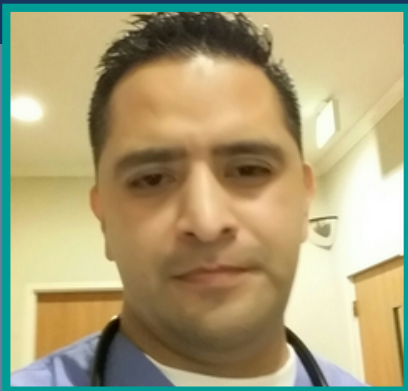
Breaking Down Barriers for a Successful Practice

Faculty Bios and COI Disclosures



Nancy Addy, DDS delivered her first sleep appliance in 1997 and quickly realized the value of OAT for patients with snoring and OSA. In 1998, Dr. Addy joined the AADSM becoming a Diplomate of the ABDSM in 2006. She has served as president of both the ABDSM and AADSM. Dr. Addy's practice is located in Leawood, Kansas and has been limited to dental sleep medicine since 2006. Dr. Addy is devoted to the well-being of her patients who suffer with snoring and OSA. She is saving lives and marriages every day.

No potential conflicts of interest to disclose.



Ruben Avalos, MS, LVN, CDP, RDA holds a BAS in nursing from Wayland University. His clinical experience includes providing care to pulmonary compromised patients fully dependent on ventilated care. He was the Assistant Director of Nursing for a 120-bed tracheotomy and ventilator facility. He is the Director of Operations for Sleep Easy Dentistry since it was founded, which dedicates itself to providing patients with oral appliance therapy for obstructive sleep apnea. Ruben is an RDA through UT Health and has completed the certification program from the Texas School of Sleep Medicine & Technology for polysomnography.

Conflict of Interest Disclosure: I am the Director of Operations for Sleep Easy Dentistry



Alan O. Blanton, DDS, MS, D. ABDSM, is a graduate of the University of Tennessee College of Dentistry. He is a Diplomate with the American Board of Dental Sleep Medicine and is the former Director of the Dental Sleep Medicine and Orofacial Pain Program and clinic at the University of Tennessee Health Science Center College of Dentistry. His private practice is now limited to the treatment of Sleep-Related Disordered Breathing using Oral Appliance Therapy, Orofacial Pain and TMD. He is a former member of the AADSM Board of Directors and has chaired both the Board Review Course and the Advanced Course and has lectured on behalf of the AADSM at the Annual ADA Meeting. He continues to lecture on Sleep, Oral Appliance Therapy, Orofacial Pain and TMD at the University of Tennessee Colleges of Medicine and Dentistry and to State and local dental groups.

No potential conflicts of interest to disclose.



Michelle Cantwell, DDS graduated from Wilkes University and the University of Pittsburgh, School of Dental Medicine, where she completed prosthodontics residency. She served as a Lieutenant Commander in the US Navy and worked in private practice and currently works in the Pulmonary & Sleep Medicine Department of Wellspan Health. Her involvement in the AADSM has included Education Committee Chair, Mastery Program, AADSM BOD, and currently serves as Secretary/Treasurer. She is a member of the Education Committee for the International Surgical Sleep Society and Scientific Committee of the European Sleep Research Society.

No potential conflicts of interest to disclose.



John Carollo, DMD received his degree from the UMDNJ. Is a member of the AGD, the ADA and The American Academy of Dental Sleep Medicine. Dr. Carollo is a Diplomate of the American Board of Dental Sleep Medicine and is a national speaker for dental sleep medicine and dental implants. He has presented on oral appliance selection, managing your DSM practice, & mitigating oral appliance side effects. Dr. Carollo is a NJ Top Dentist, since 2005. He is the team dentist for the NY Jets and maintains a full time general and dental sleep practice in Florham Park, NJ.

Conflict of Interest Disclosure: Occasional Speaker for ProSomnus Sleep Technologies, and Sleep Group Solutions



Tanya DeSanto, DDS is a graduate of Northwestern University Dental School and has been in practice for 30 years, this year. She has been actively practicing dental sleep medicine for the last several years, is a Diplomate of the ABDSM and is an active member of the AADSM where she enjoys lecturing and participating in panels. She enjoys teaching and mentoring the new sleep dentists. This is her second year co-chairing the AADSM Breaking Down Barriers for a Successful Practice Course. She is also a member of the American Association of Sleep Medicine and the Sleep Research Society. She currently serves on the AADSM Strategic Continuing Education Offerings Task Force.

No potential conflicts of interest to disclose.



David Federici, DMD, has been practicing dentistry since 1992 in Manahawkin, NJ where he has elevated his practice to include the treatment of obstructive sleep apnea for his patients. His passion extends into speaking engagements to both the public and many health, dental lab and business groups to advance awareness of this extremely life threatening and life altering condition. Dr. Federici is a Diplomate of the American Board of Dental Sleep Medicine and the chair of the AADSM OAT for OSA Awareness Task Force.

No potential conflicts of interest to disclose.



Ma Vanessa S. Mabazza, MSN, APRN-CNP, NP-C, AGPCNP-BC, CCRN is a Board-Certified Adult-Gerontology Nurse Practitioner. She completed her Bachelor's of Science in Nursing from Trinity University of Asia. She earned her Master of Science in Nursing, Adult-Gerontology Primary Care Nurse Practitioner degree at Northern Illinois University. She is currently a doctoral student in the Doctor of Nursing Practice Program at NIU. She presently serves as the lead nurse practitioner for Elite Cardiology Solutions LLC, and affiliated with multiple hospitals and nursing facilities in the area. Her primary area of focus is Cardiology-Electrophysiology.

No potential conflicts of interest to disclose.



Mitchell Levine, DMD is a board certified orthodontist in the orthodontics department at Saint Louis University. Board certified in Dental Sleep Medicine, he has presented on both adult and pediatric topics around the world. Additionally, he is the co-author of the AAO White Paper on OSA as well as the AADSM Standards on Dental Sleep Medicine Standards for Screening, Treatment, and Management of Sleep-Related Breathing Disorders in Adults Using Oral Appliance Therapy: An Update. He is currently president of the AADSM.

No potential conflicts of interest to disclose.



Paul Nguyen, MD, MS is a board-certified cardiologist. He completed his cardiology fellowship at the University of Missouri – Kansas City. He attended the Mid-America Heart Institution in Kansas City and received his fellowship in cardiac electrophysiology. Dr. Nguyen's passion for human service is highlighted by his compassion for patient care, belief in Women's Health, commitment to clinical research in the areas of "Health Status Outcomes" and relentless support of medical and clinical education. In 2008, Dr. Nguyen founded Elite Cardiology where he currently practices cardiovascular medicine. He is on staff at Northwestern Medicine Kishwaukee Hospital where he brings technology, innovation, and research to optimize patient care. In 2012, Dr. Nguyen founded Sudden Cardiac-death Awareness Research Foundation (S.C.A.R.F.).

No potential conflicts of interest to disclose.



Imran Patel, DMD is a clinical assistant professor of medicine at the University of Arizona. He is a graduate of A.T. Still University - Arizona School of Dentistry & Oral Health. Dr. Patel completed a two-year residency in orofacial pain at New York University. He is a Diplomate of the American Board of Dental Sleep Medicine, a clinical editor of the Journal of Dental Sleep Medicine, member of the AADSM Annual Meeting Committee, and vice-chair of the AADSM TMD for the DSM Dentist Course. Dr. Patel's research interest is in sleep and pain. His research is funded by the National Institute of Health. He has given numerous presentations locally and nationally in the areas of orofacial pain and dental sleep medicine.

No potential conflicts of interest to disclose.



Kevin Postol, DDS received his dental degree from the University of Missouri-Kansas City and attended the University of Iowa for a GPR. He has practiced general dentistry since 1992. In 2007 he entered the field of dental sleep medicine and later became a Diplomate of the ABDSM in 2011. He has spoken at numerous local and national meetings. He is past chairman of the AADSM's Essentials of Dental Sleep Medicine course. He has been a member of the AADSM Board of Directors since 2014. Currently he serves as the President-Elect on the Board of Directors of the AADSM. Dr. Postol recently sold his general dental practice in May 2023 and currently maintains a practice with an emphasis in dental sleep medicine and TMJ therapies in St. Louis MO.

No potential conflicts of interest to disclose.



Eric Runyon, DDS received his dental degree from the University of Missouri-Kansas City. Upon graduating he worked in the St. Louis, MO area for 8 years before moving to the Kansas City area to be closer to family. His passion for dental sleep medicine led him to the AADSM where he completed the Mastery Program and became a Diplomate of the American Board of Dental Sleep Medicine. Dr. Runyon is currently Vice-Chair of the AADSM Annual Meeting Committee, Co-Chair of the Breaking Down Barriers Course, and serves on the AADSM Strategic Continuing Education Offerings Task Force.

No potential conflicts of interest to disclose.



Briana Turlington is a Dental Assistant turned Dental Administrator turned Dental Sleep Medicine Maven. She has worked in the dental field her entire career and loves every minute of it. New people, new procedures and new factions of dental wellness are what keeps her engaged and excited about the field. She sees dental sleep medicine as the next frontier of dental advancement.

Conflict of Interest Disclosure:

I own Busy B Consulting which provides training to dental and dental sleep medicine offices regarding administrative dental sleep medicine practices.



Alex Vaughan, DDS is a board-certified Orofacial Pain specialist and co-founder of Virginia Total Sleep in Richmond Virginia. Having started his dental career in the front office, he was "insurance minded" from the beginning. Seeing the urgent need for dental sleep medicine and orofacial pain services, he co-founded his practice with Dr. Michael Pagano on the foundation of medical billing and cutting-edge technology. By combining electronic medical records and his billing expertise, Virginia Total Sleep has reduced patient costs by 90% all while maximizing revenue and case acceptance rate.

No potential conflicts of interest to disclose.