

PREVIEW GUIDE

# 2024 AADSM ANNUAL MEETING

FRIDAY, MAY 17 - SUNDAY, MAY 19  
HYATT REGENCY NEW ORLEANS  
NEW ORLEANS, LOUISIANA

**PRE-MEETING ADD-ON COURSE!**  
**PEDIATRIC OSA**  
**THURSDAY, MAY 16**

AMERICAN  
ACADEMY OF  
DENTAL  
SLEEP<sup>®</sup>  
MEDICINE



## Join fellow dentists, physicians, scientists and other health care professionals who want to know more about sleep-related breathing disorders.

Reunite with old friends and network with new colleagues at the AADSM Annual Meeting! The meeting offers a stellar line-up of speakers presenting the latest education and findings in dental sleep medicine through lectures, case-based discussions, panels, Q&A, and interactions with colleagues.

The meeting features:

- ▶ Pre-meeting Pediatric OSA Course
- ▶ Opening address by best-selling author, Ross Bernstein, on “The Champion’s Code”
- ▶ Keynote address by Danny Eckert, PhD on “Flipping the OSA Model”
- ▶ 100+ clinical take-aways to implement in your practice
- ▶ Track dedicated entirely to team members and dentists new to DSM
- ▶ Case-based track focusing on building confidence to build referrals, selecting the right appliance, and treating the not-so-perfect patients
- ▶ Extended lunch breaks to give you ample time to browse the exhibit hall and catch up on the latest products and services in the industry

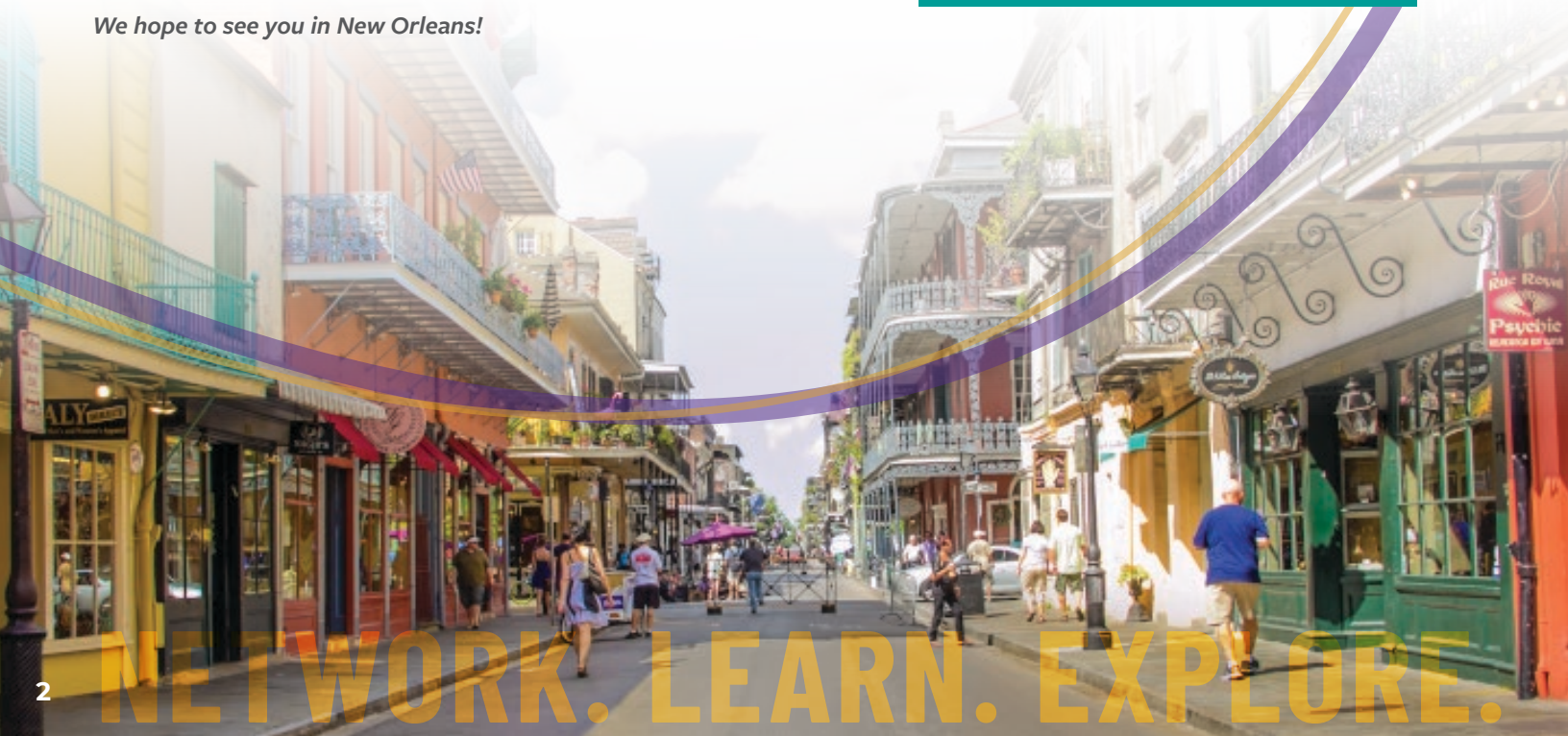
**RECORDED SESSIONS:** Unable to attend all of the sessions you want? Or want to listen to a great session again? Your in-person meeting registration includes access to recorded sessions for up to one year following the meeting. The opening address by Ross Bernstein will NOT be recorded and is only available in person.

The 2024 AADSM Annual Meeting will also include social events such as a networking reception in the exhibit hall on Friday evening, a ticketed reception at the Audubon Aquarium on Saturday evening, and a complimentary breakfast for first-time attendees.

*We hope to see you in New Orleans!*



Register at  
**[aadsm.org/annualmeeting](https://aadsm.org/annualmeeting)**  
by April 5 and SAVE!



# GENERAL INFORMATION

## MEETING LOCATION

### Hyatt Regency New Orleans

601 Loyola Avenue  
New Orleans, LA 70113

## HOTEL RESERVATIONS

Take advantage of the AADSM’s discounted group rate!

**Rate:** \$249, plus tax

**Cut-off Date:** Friday, April 19 or until the room block sells out

**Reserve Online:** [aadsms.org/annualmeeting](https://aadsms.org/annualmeeting)

**Reserve by Phone:** (504) 561-1234  
(reference code: AADSM24)

## QUESTIONS? CONTACT US!

American Academy of Dental Sleep Medicine  
901 Warrenville Rd., Suite 180  
Lisle, IL 60532  
Phone: (630) 686-9875  
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Email: [annualmeeting@aadsms.org](mailto:annualmeeting@aadsms.org)

Visit [aadsms.org/annualmeeting](https://aadsms.org/annualmeeting)  
for more information.

REGISTRATION RATES	On or before April 5	April 6– May 15	Onsite
AADSM Member	\$625	\$700	\$725
AADSM Student Member	\$60	\$60	\$60
AADSM Federal Service Member	\$150	\$175	\$200
AADSM Team Member	\$300	\$325	\$350
Nonmember	\$825	\$875	\$900

## PEDIATRIC OSA COURSE

Thursday, May 16

Hyatt Regency New Orleans

REGISTRATION RATES*	
AADSM Member	\$200
Nonmember	\$300

Add registration for this one-day course, taking place the day prior to the annual meeting general session. This evidence-based course will explore various aspects of pediatric sleep-disordered breathing and its intricate relationship with craniofacial development and sleep apnea.

*\* Individuals must be registered for the 2024 AADSM Annual Meeting to register for and attend the Pediatric OSA Course.*

Register today at [aadsms.org/annualmeeting](https://aadsms.org/annualmeeting)!

## THINGS TO DO IN NEW ORLEANS



### French Quarter

The French Quarter is a must see! Often called the Crown Jewel of New Orleans, it is one of NOLA’s most historic neighborhoods. You’ll find plenty of new mixed in with the old, including a reimagined French Market, modern boutiques and artisan cocktails mix with beloved antique stores and old restaurants.

### Eat Like a Local

Taste the flavors of New Orleans with incredible dining options spread throughout the city. From local favorites like beignets and gumbo to classic Creole cuisine, New Orleans is home to over 1,000 restaurants filled with flavor. No matter your taste, an unforgettable meal is waiting for you!



### Tour the City

Whether you want to explore history or haunts, shopping or swamps, there’s a tour for you with a New Orleans local. Pick your passion or simply get to know New Orleans from a new point of view. There is something for everyone to explore!

# SCHEDULE OF EVENTS

All sessions and events, with the exception of the Pediatric OSA add-on course and Evening at the Audubon Aquarium, are included with meeting registration. Registration also includes access to the exhibit hall and session recordings.

## THURSDAY, MAY 16, 2024

7:45am – 5:30pm

### Pediatric OSA *Optional Add-On Course*

This evidence-based course will explore pediatric sleep-disordered breathing, its relationship with craniofacial development, and treatment insights for dental and myofunctional therapy interventions. The AADSM designates this course for 8 continuing education credits. [See the full schedule at aadsm.org/annualmeeting](https://aadsm.org/annualmeeting).

## FRIDAY, MAY 17, 2024

Exhibit Hall  
10:00am – 7:00pm

8:00am – 9:00am

### WELCOME ADDRESS AND AWARDS

Opening Address  
9:00am – 10:00am

#### The Champion’s Code: Building Relationships Through Life Lessons of Integrity and Accountability from the Sports World to the Business World



Ross Bernstein



Ross Bernstein is a best-selling author of nearly 50 sports books and is an award-winning peak performance business speaker who has keynoted conferences for Fortune 500 companies on all seven continents. Ross studies just what it is that makes the great ones great and ties that back to success in business. A proud member of the Speaker Hall of Fame, Ross and his books have been featured on CNN, ESPN, Fox News, and “CBS This Morning,” as well as in the Wall Street Journal, New York Times and USA Today. During this presentation, he will present what he learned studying hall of fame athletes and championship sports team to provide insights on how prioritizing patient relations and an ethical business model can amp up your dental sleep medicine practice.

Keynote Address  
10:30am – 11:30am

#### A01: Flipping the OSA Model

Danny Eckert, PhD



Danny J. Eckert, PhD is a Mathew Flinders Professor at Flinders University in Adelaide, Australia. He currently serves as director of the Adelaide Institute for Sleep Health where he leads a comprehensive basic sciences and translational research program comprised of over 60 multidisciplinary sleep researchers. His research focuses on identification of the causes of sleep apnea, optimization of existing therapies, and development of new tailored therapies. He is most well-known for his pioneering respiratory endophenotyping work which has led to a new precision medicine therapeutic framework to understand and treat OSA and for his research on novel pharmacotherapy.

11:30am – 12:30pm

#### A02: Morbidity of Obstructive Sleep Apnea: Putative Mechanisms and Prospective Interventions

David Gozal, MD, MBA, PhD  
2024 Pierre Robin Award Recipient



**New to dental sleep medicine?** Bring your team members and attend **Track C – Fundamentals** to learn how you can work as a team to incorporate oral appliance therapy into your dental practice!



	TRACK A	TRACK B
2:00pm – 3:00pm	<b>A03: Wearables</b> Ambrose Chiang, MD	<b>B01: Oral Presentations</b> Distinguished award winners and investigators present their latest research and new ideas in the field.
3:00pm – 4:00pm	<b>A04: REM Sleep Behavior Disorder (SBD)</b> Joyce Lee-Iannotti, MD	<b>B02: Combination Therapy</b> Katherine Phillips, DDS, MS
4:30pm – 5:30pm	<b>A05: Creating Dental-Cardio Partnerships for Better Patient Outcomes</b> Shehzad Malik, MD	<b>B03: Building Bidirectional Referral Relationships with ENTs to Improve Patient Outcomes</b> Phillip LoSavio, MD
5:30pm – 6:00pm	<b>AADSM MEMBERSHIP MEETING</b>	
6:00pm – 7:00pm	<b>NETWORKING RECEPTION</b>  All meeting attendees and registered guests are invited to attend this reception in the exhibit hall. Take advantage of this opportunity to unwind and network with colleagues and exhibitors. The reception is included with your registration and will feature music, hors d'oeuvres, light food stations, and a complimentary drink ticket followed by a full-service cash bar!	

7:00am – 8:00am	<b>FIRST-TIME ATTENDEE BREAKFAST</b>		
	TRACK A Clinical Findings Advanced sessions for experienced DSM providers.	TRACK B Case-Based Discussions Interactive discussions that address real life scenarios and how to deal with barriers that may be encountered.	TRACK C Fundamentals Sessions geared toward team members and dentists new to DSM.
8:00am – 9:00am	<b>A06: COMISA – Comorbid Insomnia and Sleep Apnea</b> Alexander Sweetman, PhD	<b>B04: Extracting Clinically Relevant Data from a Sleep Study</b> Paul Levine, DDS	<b>C01: Dental Sleep Medicine 101</b> Tanya DeSanto, DDS and Emilee Kemper  Your DSM journey starts here! This 2-hour introduction will inspire and prepare you for the next step in oral appliance therapy education.
9:00am – 10:00am	<b>A07: Hacking Sleep: Optimizing Sleep and Circadian Health for Elite Performance</b> Michael Howell, MD	<b>B05: How to Speak Confidently with Your Referring Physicians</b> Andrew Soulimiotis, DMD	
10:30am – 11:30am	<b>A08: Phenotyping</b> Scott Sands, PhD	<b>B06: Edentulous Patients</b> Rubina Nguyen, DDS	<b>C02: Getting a Patient to Yes</b> Erica Johannes, DDS
11:30am – 12:30pm	<b>A09: Supplemental Oxygen Improving OAT Outcomes</b> Jonathan Lown, MD	<b>B07: Patient Workflow Towards OAT</b> Aaron Glick, DDS and Diana Batoon, DMD	<b>C03: Simplifying DSM Workflows: 4 Keys to Freedom</b> Paul Jacobs, DDS
12:30pm – 1:00pm	<b>ABDSM EXAM Q&amp;A SESSION</b>  Have questions about the ABDSM exam? Stop by to participate in this question and answer session!		

	TRACK A	TRACK B	TRACK C
2:00pm – 3:00pm	<b>A10: Women and Sleep</b> Fareeha Hussaini, MD	<b>B08: Device Design for Challenging Dental Issues, Materials and Manufacturing Decisions</b> John Carollo, DMD and David Schwartz, DDS	<b>C04: Defining Success and Informed Consent</b> Paige Murrer, DMD
3:00pm – 4:00pm	<b>A11: Narcolepsy: A Patient and Physician Perspective</b> Judy Owens, MD and Julie Flygare		<b>C05: Identifying the Best Billing Model: A Panel Discussion</b>
4:30pm – 5:30pm	<b>A12: Diet and Sleep: Vicious or Healthful Cycle?</b> Faris Zuraikat, PhD	<b>B09: “Failure” Management</b> Michael Simmons, DMD	<b>C06: Billing and Coding Q&amp;A</b>
6:30pm – 9:00pm	<b>Evening at the Audubon Aquarium: A Networking Event</b> \$200 per ticket Join us for an evening at an underwater world devoted to some of the most fascinating and important animals! Your ticket will include transportation, an open bar, light food stations, music, and the opportunity to socialize with fellow attendees in a casual atmosphere. Full meeting attendees are welcome to purchase multiple tickets if they wish to bring a guest.		

## SUNDAY, MAY 19, 2024

8:00am – 9:00am	<b>A13: Side Effects That Impact Compliance and Solutions</b> Julia Cohen-Lévy, DDS, MSc, PhD
9:00am – 10:00am	<b>A14: Managing Bite Change Side Effects</b> Carlos Flores Mir, DDS, MSc, DSc
10:30am – 11:30am	<b>A15: Managing TMD Side Effects</b> Connor Peck, DDS
11:30am – 12:30pm	<b>A16: Printing Devices</b> Aaron Glick, DDS and David Flamenco, DDS



**Earn up to 33 CE by attending the meeting in person and listening to recorded sessions on-demand after the meeting. Earn an additional 8 CE by attending the pre-meeting Pediatric OSA Course in person or by purchasing the recordings following the meeting.**

Unable to attend the meeting? We will certainly miss you, but you will have the opportunity to earn up to 33 CE by purchasing the recorded sessions after the meeting. Details will be available at [aadsm.org](http://aadsm.org) in late summer.

## EXHIBIT HALL

**Learn about the newest products and services in the field by visiting the exhibit hall!**

The AADSM Annual Meeting exhibit hall showcases booth displays of oral appliance manufacturers, dental laboratories, software companies and many more. You must be at least 16 years of age to enter the exhibit hall.



### WHAT ATTENDEES HAD TO SAY ABOUT THE 2023 AADSM ANNUAL MEETING

“It was great to have a lot of choices of CE to attend. I really enjoyed some of the more practical classes in addition to some of the more advanced scientific classes. A great blend of content!”

“Fantastic. Exceeded my expectations.”

“I enjoyed the meeting, and it was helpful in enhancing my dental sleep practice.”

“A well-organized meeting with evidence-based information.”

“The conference was well done and courses informative. I hope to bring staff next year.”

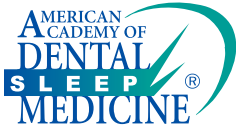
“This was my first annual meeting and I loved it. Well organized and great people. Can't wait until next year! Thank you!”

“Great meeting and clinically applicable topics.”

“As a first-time attendee I wasn't sure what to expect. I must say that there was an enormous amount of valuable information.”

“This was one of the best meetings I've attended.”





American Academy of Dental Sleep Medicine  
901 Warrenville Road, Suite 180  
Lisle, IL 60532

Register and learn more at  
[aadsm.org/annualmeeting](https://aadsm.org/annualmeeting)



Register by  
**April 5**  
to save!

**2024 AADSM Annual Meeting**  
May 17-19 | New Orleans, LA | Hyatt Regency New Orleans