Diagnosis
Talking with your doctor
- Be prepared for a sleep evaluation and sleep test.
- PAP therapy is the most common treatment for OSA.
- Oral appliances are effective, less invasive and more comfortable.

Making & Fitting Your Oral Appliance
Personalized for every patient
- Impressions will be taken to make a custom appliance just for you
- Adjustments will be made by your dentist as needed.
- Learning how to properly care for your device is important.

Follow-Up Visits
Is the device doing its job?
- Your qualified dentist will schedule yearly assessments.
- These appointments are about making changes if needed.
- The top goal is to make sure you’re comfortable.

Living with an Oral Appliance
Ease of use means ease of mind
- OAT is small, quiet, easy to use and comfortable.
- Getting the right treatment is helping your overall health.
- Qualified dentists can get your treatment right today!

For more information, visit www.aadsm.org
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