AADSM 30th Anniversary Meeting
Friday, May 13 – Sunday, May 15
Hyatt Regency Dallas
Dallas, Texas

Join us in celebrating 30 years!
Join fellow dentists, physicians, scientists and other health care professionals who treat or have an interest in treating patients with sleep-related breathing disorders.

Reunite with old friends and network with new colleagues as the AADSM Annual Meeting returns to an in-person format. The meeting will continue its tradition of offering a stellar line-up of speakers presenting the latest education and findings in dental sleep medicine through lectures and Q&A, but we will also introduce some new features focused on what we all love about in-person meetings—interacting with our colleagues.

These new features include:

• A track dedicated entirely to interacting with fellow attendees and speakers through roundtable discussions on relevant clinical topics.

• Extended lunch breaks to give you ample time to browse the exhibit hall and catch up on the latest products and services in the industry.

• Not able to get to all the sessions you want or want to listen to a great session again? Tracks A and B will be recorded and available for attendees to review for up to one year following the meeting.

The AADSM 30th Anniversary Meeting will also include social events such as a complimentary breakfast for first-time attendees, President’s Reception in the exhibit hall on Friday evening, and the AADSM 30th Anniversary Gala on Saturday evening. We hope you will join us to commemorate this special time for the AADSM as we recognize how we got to where we are today and explore where we are heading.

We hope to see you in Dallas!
General Information

Meeting Location
Hyatt Regency Dallas
300 Reunion Blvd
Dallas, TX 75207

Hotel Reservations
Take advantage of the AADSM’s discounted group rate!
Cut-off Date: Friday, April 15th or until the room block sells out.
Reserve Online: aadsm.org/annualmeeting
Reserve by Phone: (214) 651-1234 (reference code: AADSM20)

Registration Rates

<table>
<thead>
<tr>
<th>Registration Category</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>AADSM Member</td>
<td>$650</td>
</tr>
<tr>
<td>AADSM Student Member</td>
<td>Complimentary</td>
</tr>
<tr>
<td>AADSM Active-Duty Military Member</td>
<td>$175</td>
</tr>
<tr>
<td>Dental Staff of AADSM Member</td>
<td>$325</td>
</tr>
<tr>
<td>Nonmember</td>
<td>$825</td>
</tr>
</tbody>
</table>

QUESTIONS? CONTACT US!
American Academy of Dental Sleep Medicine
1001 Warrenville Rd., Suite 175
Lisle, IL 60532
Phone: (630) 686-9875
Fax: (630) 686-9876
Email: annualmeeting@aadsm.org
Visit: aadsm.org

Visit aadsm.org/annualmeeting for more information.

Things to do in Dallas

Reunion Tower
The best photo op in town is from 470 feet in the air! Conveniently attached to Hyatt Regency Dallas, “The Ball” is one of the most recognizable landmarks in Dallas. Get a breathtaking 360-degree view of the city from the GeO-Deck. Hyatt Regency Dallas guests receive 20% off GeO-Deck admission when they show their room key.

Culture
Art museums, cultural centers, parks, plazas, and theaters, Dallas has it all! Take in the arts at 1 of Dallas’ 8 art museums, walk around the Dallas Zoo, or spend your time shopping & dining. There is always something to do in Dallas.

Restaurants
Taste the flavors of Dallas with incredible dining options spread throughout the city. From internationally inspired dishes like Laotian boat noodles, ceviche and sashimi, to Texan mainstays like tacos, steak and barbecue. No matter your taste, Dallas has an unforgettable meal waiting for you!
Friday, May 13, 2022

All sessions and events listed in this guide are included with meeting registration. Registration also includes access to the exhibit hall.

Welcome Address and Awards
8:00am – 9:00am

Keynote Address
9:00am – 10:00am

Keynote Address

A01: How Dentists Can Help Address the Public Burden of OSA
Meri Kryger, MD

Dr. Kryger’s keynote address will highlight the public burden of obstructive sleep apnea and how collaboration between medical practitioners and dentists can help overcome this burden. There are many options to treat obstructive sleep apnea and one important one is with an oral appliance.

About Dr. Kryger
Meir Kryger MD, Yale professor, has been treating sleep disordered patients for over 40 years. He is chief editor of *The Principles and Practice of Sleep Medicine*. Dr. Kryger is a past president of the Canadian Sleep Society and the American Academy of Sleep Medicine and Chair of the National Sleep Foundation. He received a Lifetime Achievement Award from the Canadian Sleep Society and the National Sleep Foundation and the AADSM Pierre-Robin Academic Award.

A02: Outcome Measures Beyond the AHI
Ed Weaver, MD
10:30am – 11:30am

A03: The Complexity of HSAT
Nancy Collop, MD
11:30am – 12:30pm

A04: Oral Presentations
Distinguished award winners and investigators present their latest research and new ideas in the field.
2:00pm – 3:00pm

Student Workshop—FREE to all AADSM student members!
This workshop will focus on the importance of dental sleep medicine and provide dental students with an overview of the role trained dentists play in addressing the public burden of OSA.
2:00pm – 5:30pm

A05: Pathophysiological Endotyping in Patients Treated with Oral Appliance Therapy
Olivier Vanderveken, MD, PhD
3:00pm – 4:00pm

A06: The Impact of Mental Health, Depression, and Anxiety on Sleep
Jason Ong, PhD
4:30pm – 5:30pm

President’s Reception
The AADSM Board of Directors invites all meeting attendees to the President’s Reception in the exhibit hall! The President’s Reception is a social celebration featuring hors d’oeuvres and a full-service cash bar.
5:30pm – 6:30pm

Exhibit Hall Hours
10:00am-6:30pm
# Saturday, May 14, 2022

## Exhibit Hall Hours

**10:00am-4:30pm**

### 7:00 am – 8:00 am

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C - Interactive Track</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First-Time Attendee Breakfast</strong></td>
<td><strong>Recordings of sessions included with registration.</strong></td>
<td><strong>Recordings of sessions included with registration.</strong></td>
</tr>
</tbody>
</table>

### 8:00 am – 9:00 am

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
<tbody>
<tr>
<td>A07: Orthodontics and Sleep Medicine - What We Know and What We Don’t Know&lt;br&gt;Ben Pliska, DDS, MS, FRCD(C)</td>
<td>B01: Do Pharyngometry, clear aligners, and soft tissue layers have a role in DSM? A Panel Discussion.&lt;br&gt;*Pharyngometry Uses in DSM&lt;br&gt;Jeff Horowitz, DMD&lt;br&gt;*Orthodontic Expansion with Clear Aligners&lt;br&gt;Geoffrey Skinner, DDS&lt;br&gt;*Soft Tissue Laser for Snoring&lt;br&gt;Michael Pagano, DDS</td>
<td>C01: DSM Team Member Meeting and Regional Study Club Meeting for Dentists&lt;br&gt;Team members will network and discuss common barriers. Dentists will participate in a study club session with colleagues in their region.</td>
</tr>
</tbody>
</table>

### 9:00 am – 10:00 am

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
<tbody>
<tr>
<td>A08: CHOICE Trial&lt;br&gt;Fernanda Almeida, DDS, PhD</td>
<td>B01 continued: Do Pharyngometry, clear aligners, and soft tissue layers have a role in DSM? A Panel Discussion</td>
<td>C02: Device Design Challenges – Case Presentation and Roundtable Discussion&lt;br&gt;Jon Parker, DDS</td>
</tr>
</tbody>
</table>

### 10:30 am – 11:30 am

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
<tbody>
<tr>
<td>A09: Whirlwind of Sleep Disorders: SDB, Hypersomnia, Insomnia, Parasomnia and Movement Disorders, and Circadian Rhythm Disorders&lt;br&gt;Salma Patel, MD, MPH</td>
<td>B02: Narcolepsy/UARS&lt;br&gt;Gerard Meskill, MD</td>
<td>C03: Calibration Challenges and the Complex Patient – Case Presentation and Roundtable Discussion&lt;br&gt;James Metz, DDS</td>
</tr>
</tbody>
</table>

### 11:30 am – 12:30 pm

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
<tbody>
<tr>
<td>A10: New Developments in Pharmacology as it Relates to OSA&lt;br&gt;Jonathan Lown, MD</td>
<td>B03: Cardiac Function and Sleep&lt;br&gt;Jennifer Cook, MD</td>
<td>C04: Handling the Disappointed Patient&lt;br&gt;Kent Smith, DDS&lt;br&gt;Ever have a patient who wasn’t 100% happy with their appliance? Learn how to develop best practices for addressing patient concerns and be better equipped to manage challenging cases.</td>
</tr>
</tbody>
</table>

### 2:00 pm – 3:00 pm

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
<tbody>
<tr>
<td>A11: Atypical OSA Phenotypes: Tips to Increase Recognition&lt;br&gt;Scott Williams, MD</td>
<td>B04: TMD and OAT&lt;br&gt;*Existing Bruxism, Transient Bruxism Associated with Introducing Device, Device Design and Strategies&lt;br&gt;Jamison Spencer, DMD, MS&lt;br&gt;*UARS, Women and Pain, Sympathetic Response&lt;br&gt;Subha Giri, DDS, MS&lt;br&gt;*Demystifying Splints and Injections&lt;br&gt;Alex Vaughan, DDS</td>
<td>C05: Practice Growth: Increasing Referrals and Improving Workflow - Panel Discussion and Q&amp;A&lt;br&gt;Becky Fox, DMD; Lisa Gallucci, DMD; and Tanya DeSanto, DDS</td>
</tr>
</tbody>
</table>
### Saturday, May 14, 2022

**Exhibit Hall Hours**  
10:00am–4:30pm

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C - Interactive Track</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Recordings of sessions included with registration.</strong></td>
<td><strong>Recordings of sessions included with registration.</strong></td>
<td><strong>These sessions will not be recorded.</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
</table>
| 3:00 pm – 4:00 pm | A12: Managing Side Effects and Undesired Outcomes  
John Carollo, DMD | B04 continued: TMD and OAT | C06: AADSM Mastery Program: Meet the Professors – Roundtable Q&A  
*If you recently completed the virtual AADSM Mastery Program, attend this session to meet the faculty and get your questions answered!* |
| 4:30 pm - 5:30 pm | A13: Current Perspectives on the Use of Pulse Oximetry in DSM Practice  
James Metz, DDS | B04 continued: TMD and OAT Panel and Q&A | C07: Insurance: Medical Billing, Credentialing Challenges and Liability—Ask the Experts |
| 5:30 pm - 6:00 pm | **AADSM Membership Meeting** | | |

**AADSM 30th Anniversary Gala—Saturday, May 14 at 6:00pm**

Join us in celebrating the 30th anniversary of the AADSM! This is a complimentary event for all registered attendees that will include 1 drink ticket (and cash bar to follow), light food stations, recognition of the past 30 years, and the opportunity to interact with friends and colleagues after a day of learning!

### Sunday, May 15, 2022

**Exhibit Hall Hours**  
10:00am–12:30pm

<table>
<thead>
<tr>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C - Interactive Track</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Recordings of sessions included with registration.</strong></td>
<td><strong>Recordings of sessions included with registration.</strong></td>
<td><strong>These sessions will not be recorded.</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>TRACK A</th>
<th>TRACK B</th>
<th>TRACK C</th>
</tr>
</thead>
</table>
| 8:00 am - 9:00 am | A14: Effectiveness of Surgical Procedures for OSA  
Jeff Prinsell, DMD, MD | B05: Non-responders: Where Do We Go From here?  
Airway-Focused Orthodontics: Looking Past the Teeth to the Skeleton  
Eric Phelps, DDS, MS  
Myofunctional Therapy: Identifying Pathology and Remedial Strategies  
Samantha Weaver, MS, SLP | C08: Cram for the Exam: Q&A Panel  
Jonathan Lown, MD; Mitch Levine, DMD; Alan Blanton, DDS; and Michelle Cantwell, DMD  
*Sitting for this year’s ABDSM exam? Squeeze in some extra preparation by attending this session!* |
Exhibit Hall
Learn about the newest products and services in the field by visiting the exhibit hall!

The AADSM Annual Meeting exhibit hall showcases booth displays of oral appliance manufacturers, dental laboratories, software companies and many more. You must be at least 16 years of age to enter the exhibit hall.

Disclaimer
While the AADSM appreciates the support of exhibiting companies, the AADSM does not endorse or recommend any of the products or services offered by exhibitors, advertisers, or sponsors. The exhibit hall is simply available as a convenience for attendees who may want to learn more or compare various offerings.

The AADSM does not review, investigate, or otherwise approve, the quality, type, message, nature, or value of any product or service marketed by exhibitors and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate each company and its products or services. Please consult your own professional advisors for all advice concerning dental, legal or financial matters in connection with the products and services offered.
Improve patient care in real-time.

Wesper’s sleep tracking tool provides real-time data about oral appliance utilization and sleep improvement. Engage patients with continuous sleep monitoring and education about their sleep hygiene.

Dr Cuffy York, DDS
Almost Heaven Sleep Solutions
Beckley, WV

Every month I have a consistent flow of new sleep patients thanks to Dental Sleep Profits

Treat More Patients, More Successfully

Visit somnomed.co for more info
ACHIEVE YOUR DENTAL SLEEP MEDICINE GOALS!

Visit Dental Sleep Solutions booth to reach your goals!

WE OFFER YOU:  
Education  Coaching  Software  Support  

SO YOU CAN:  
Screen  Test  Treat  Bill  

DS3SLEEP.COM  INFO@DENTALSleepSOLUTIONS.COM  877-95-SNORE

The right temp in OSA and snoring  
Professional-fitting only  

IMMEDIATE FITTING  ADJUSTABLE  
TITRATABLE  RETENTIVE**  
TRANSITIONAL  PROVEN EFFICACY*

*GAGNADOUX F. ET AL. RESPIR MED 2017 OCT 1;131:35-42.  
**TRZEPIZUR W ET AL, CLIN ORAL INVESTIG. 1 MARS 2021;  
Digital Sleep Dentistry 4.0™

Precision CAD/CAM | AI | Robotics

Optimal precision for optimal outcome

WWW.PANTHERASLEEP.COM
"We’ve done close to 300 EVOs and not one return, not one breakage. I can’t say that about any other device."

– B. Kent Smith, DDS, D-ABDSM, D-ASBA

"EVO has been a game changer for our practice. My patients love the comfort. My team loves the ease of insertion and virtual elimination of follow up visits and/or remakes. This is the go-to device for our practice."

– Brandon Hedgecock, DDS, D-ABDSM, D-ASBA

Airway Metrics –
The Airway Friendly Bite Registration System for Treating Sleep-Related Breathing Disorders.

Buy Airway Metrics Direct!
877-532-2123

• Quickly and Easily Determine an Initial Treatment Position
• Multiple Horizontal and Vertical Positions
• Designed Specifically for Dental Sleep Medicine

www.kettenbach-dental.us

Join the growing number of clinicians who trust ProSomnus devices for excellent patient experiences and outcomes.

CALL 844 537 5337 FOR A FREE STARTER KIT.

Efficacy (1)
Approximately equal mix of Mild, Moderate and Severe OSA patients

Preference (2)
Although 100% preferred EVO over their previous device (that they liked) 96% STRONGLY PREFERRED

Recommend (2)
100% of the Providers would recommend EVO to a colleague

Delivery (1)
First time fit without adjustments

Time Saved (1)
Average delivery appointments were consequently reduced by 15+ minutes

EVA® • OASYS™ • Panthera • SomnoDent® • TAP®

Your family-owned dental lab partner since 1972

EMA® • OASYS™ • Panthera • SomnoDent® • TAP®

www.DPSdental.com
800-332-3341