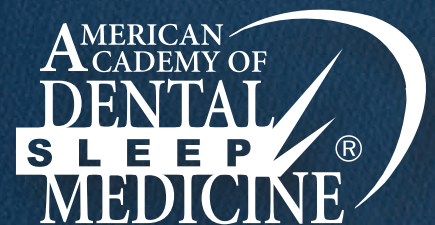


FINAL PROGRAM



2023 AADSM Annual Meeting

Friday, May 19 – Sunday, May 21
Marriott Philadelphia Downtown
Philadelphia, Pennsylvania



WELCOME

TO THE 2023 AADSM ANNUAL MEETING!

THIS YEAR'S MEETING FEATURES:

- ▶ a track dedicated entirely to team members and dentists new to DSM (Track C);
- ▶ poster presentations, located outside of the exhibit hall, including new “late-breaking abstracts”;
- ▶ extended lunch breaks to give you ample time to browse the exhibit hall and catch up on the latest products and services in the industry;
- ▶ a lounge for Diplomates of the ABDSM to network;
- ▶ 100+ clinical take-aways to implement in your practice; and
- ▶ access to the session recordings for up to one year following the meeting.

Information about these opportunities can be found in the pages of this final program.

I have no doubt that this year's meeting will offer you the opportunity to renew and initiate relationships with colleagues from around the world while expanding your knowledge of dental sleep medicine.



Enjoy,

Arthur Feigenbaum, DMD

Chair, Annual Meeting Committee

2023 AADSM ANNUAL MEETING

CONTACT US

American Academy of Dental Sleep Medicine
901 Warrenville Rd., Suite 180
Lisle, IL 60532

Phone: (630) 686-9875

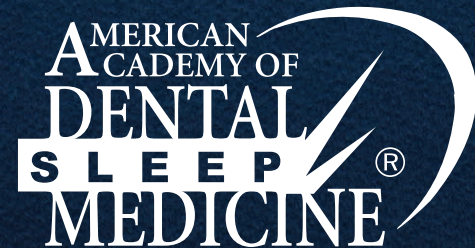
Fax: (630) 686-9876

Email: annualmeeting@aadsm.org
aadsm.org

WI-FI

NETWORK: AADSM_2023

PASSWORD: AADSM2023



ON-SITE REGISTRATION HOURS

Thursday, May 18 2:00pm – 6:00pm
(Express Pass only)

Friday, May 19 6:30am – 5:30pm

Saturday, May 20 7:00am – 5:30pm

Sunday, May 21 7:00am – 12:30pm

The registration desk is located on the fifth floor in the Grand Ballroom Foyer of the Marriott Philadelphia Downtown.

Your registration includes admission to:

- ▶ General Sessions (Friday – Sunday)
- ▶ President's Reception
- ▶ Industry Supported Events
- ▶ Industry Product Theaters
- ▶ Exhibit Hall

EXHIBIT HALL HOURS

Franklin Hall

Friday, May 19 10:00am – 6:30pm

Saturday, May 20 10:00am – 4:30pm

Learn about the newest products and services in the field by visiting the exhibit hall! The AADSM Annual Meeting exhibit hall showcases oral appliance manufacturers, dental laboratories, software companies and more. You must be at least 16 years of age to enter the exhibit hall.

FOLLOW US

Facebook: @aadsm.org

Twitter: @AADSMorg

Take a picture at the 2023 AADSM Annual Meeting Selfie Station to let your followers know you how much fun you are having at this year's meeting.

GENERAL INFORMATION

GUEST PASSES

A registered attendee may elect to buy a guest pass for a family member who is 16 years or older. Guest passes allow entrance to the exhibit hall ONLY. Guests are not allowed to attend any of the general or ticketed sessions. Children under 16 years of age are not permitted in the exhibit hall or general or ticketed sessions.

BADGE INFORMATION

All meeting attendees and guests must wear a badge. Badges allow entrance to the general sessions and exhibit hall.

PHOTOGRAPHY/RECORDING

Photography and/or recording of any kind (other than by the AADSM or registered press approved by the AADSM) of sessions, speakers and the exhibit hall is strictly prohibited. No cameras will be allowed on the exhibit floor or in the meeting rooms at any time. Violation of this rule could result in the confiscation of the film or recording device and removal of individual from the meeting.

AADSM PRODUCTS AND INFORMATION

Details about membership and products from the AADSM are available near the registration desk located in the Grand Ballroom Foyer.

SEATING

General sessions are filled on a first-come, first-served basis. AADSM does its best to match room size with anticipated demand; however, interest in a topic occasionally exceeds seating capacity. Seating limits are strictly enforced by the Fire Marshal. We encourage you to arrive at meeting rooms as early as possible for best seating.

ELECTRONIC MATERIALS

The AADSM provides presentation slides in an electronic format only. The link to the presentations slides is included with your badge at registration. Please note that the AADSM WILL NOT supply computers or tablets to view the material or power for computers or tablets. Attendees wishing to view presentation slides on their laptops or tablets must have them sufficiently powered prior to arrival at the meeting each day.



ANNUAL MEETING COMMITTEE

Arthur Feigenbaum, DMD
Chair

Eric Runyon, DDS
Vice-Chair

Diana Batoon, DMD

Damian Blum, DMD

Rebecca Fronheiser, DDS

Jay Nelson, DMD

Imran Patel, DMD

Pankaj Singh, DDS, MD

Linda Sangalli, DDS, MS, PhD

Paul Jacobs, DDS
Board Liaison

Mitchell Levine, DMD
AADSM President, Ex Officio



DIPLOMATE LOUNGE

Are you a Diplomate of the ABDSM? This lounge, located in Meeting Room 404 on the exhibition level on the 4th floor, is exclusively for you and provides a place to grab a refreshment and network with colleagues. Diplomates of the ABDSM can pick up a ribbon at the registration counters, which will be required to gain entrance to the lounge.

CONTINUING EDUCATION

CLAIM CE ONLINE

Follow the instructions on the gold CE reference form located in your meeting tote bag to claim credits and evaluate the meeting online. The deadline to claim credit is May 21, 2024.

The American Academy of Dental Sleep Medicine (AADSM) is an ADA CERP Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ADA.org/cerp.

The 2023 AADSM Annual Meeting is conducted as a live, in-person educational activity, consisting of three general session tracks (Tracks A, B, and C). All sessions will be recorded and will be available after the meeting for a limited time on-demand. Registration for the in-person meeting includes access to all session recordings at no additional cost.

The AADSM designates the general sessions for the maximum of 35 CE credits for those who attend the meeting in-person and listen to recorded sessions on-demand after the meeting. The AADSM designates the TMD for the DSM Dentist Course on Thursday, May 18 for a maximum of 10.75 CE credits.



LEARNING OBJECTIVES

At the conclusion of the meeting, participants should be able to:

- ▶ Apply knowledge about the management of obstructive sleep apnea in adults;
- ▶ Discuss state-of-the-art knowledge of recent advances in dental sleep medicine and sleep apnea treatment;
- ▶ Review the relationship between obstructive sleep apnea, obesity and other associated co-morbidities;
- ▶ Understand the evidence regarding long-term oral appliance therapy, including potential side effects and options for managing complications in patients with snoring and/or OSA; and
- ▶ Apply best practices for building and developing a successful dental sleep medicine practice, including an overview of proper patient management and development of care plans.



TARGET AUDIENCE

The 2023 AADSM Annual Meeting is intended for dentists and dental professionals who have an interest in or are currently treating patients with obstructive sleep apnea or snoring through the utilization of oral appliance therapy.

MEETING FORMAT

The AADSM program will be presented through lectures, panel discussions, roundtable Q&As and open discussions.

All general sessions listed in this program are included with your registration and are filled on a first-come, first-served basis.



General sessions will be recorded live and made available after the meeting for a limited time. Meeting attendees will receive an email when access to the recordings is available.



Become an Expert

- Train to treat OSA and snoring patients with confidence
- Connect with colleagues & experts through discussion boards
- Access resources and tips for growing your dental sleep medicine practice
- Earn 100+ CE credits

Mastery 2 now includes a 2-day, in-person practical workshop at the University of Illinois at Chicago College of Dentistry.

2023 workshop dates:
July 29-30 or October 21-22





American Board of Dental Sleep Medicine

Congratulations to New Diplomates & International Certificants

Diplomate/International Certificant status with the American Board of Dental Sleep Medicine is a unique honor that recognizes dentists with the skills and knowledge necessary to deliver excellent patient care. The American Board of Dental Sleep Medicine is pleased to recognize the following new Diplomates*:

- | | | | |
|------------------------------|--------------------------------|---------------------------------|---------------------------|
| Sowmya Ananthan, DMD | Kristine Aragon, DMD | Jaren Argyle, DMD | John Avolio, DMD |
| Annisya Bagdonas, DDS | Andrew Balaze, DMD | Rachel Barnhart-Kalinowski, DDS | Shauna Basil, DMD |
| Roxanne Bavarian, DMD | Rima Bazzi, DDS | Rebecca Binder, DDS | Tyler Bond, DMD |
| Logan Books, DDS | Jennifer Bragg, DMD | Craig Brawner, DMD | Tiffany Brown, DMD |
| Sam Calabrese, DDS | Gabrielle Cannick, DMD | Andrew Carrell, DDS | Madhavi Chaudhari, DMD |
| Andrew Christensen, DDS | Allison Cohen, DDS | Kip Covington, DMD | Preston Criddle, DMD |
| Jose Cruz, DDS | Ella Cvirko, DMD | Kristian Dietz, DDS | John Dinan, DMD |
| Brad Dixon, DMD | Stanley Dorrow, DDS | Ryan Draiss, DMD | Tara Erson, DMD |
| Pegga Escalante, DDS | Jeffrey Evans, DDS | Andrea Fernandez, DDS | Lyly Fisher, DDS |
| Michael Forman, DDS | Maria Fox, DMD | Michael Fulbright, DDS | Maria Therese Galang, DDS |
| Kristen Geist, DDS | Tiffany Georgiefski, DDS | Andrea Goldin, DMD | Shan Gong, DMD |
| Nicole Grant, DMD | Joseph Grimaudo, DMD | Mona Haleem, DDS | Jarom Hansen, DMD |
| Jorie Harris, DDS | James Hawkins, DDS | Michael Henrickson, DDS | Gail Henry, DDS |
| Shana Hogan, DMD | Shaina Holman, DDS | Banafsheh Hosseinian, DDS | Sarah Humphreys, DMD |
| Deepa Ipektchi, DDS | Casey Iverstine, DDS | Alicia Jackson, DDS | Neeraja Jasthi, DMD |
| Sripriya Jayaraman, DDS | Sherry Joseph, DDS | Jody Kear, DDS | Theresa Keefe, DMD |
| Gregory Kennedy, DDS | Farzaneh Keshmiri-Sanchez, DDS | Bryan Kim, DDS | Brent Kolb, DDS |
| Alan Krantz, DDS | George Landress, DDS | Ivan Lapidus, DDS | Joel Laudenschlager, DMD |
| Kelly LeBlanc, DDS | Chelsea Longlet, DDS | Naina Mahale, DDS | Richard Mansour, DMD |
| Jeanine McDonald, DDS | Alpa Merchant, DDS | Kelsey Meunier, DDS | Kenneth Moore, DDS |
| Lloyd Moss, DDS | Paige Murrer, DMD | Barbara Ollech, DMD | Sandra Pasquinelli, DDS |
| Kaminiben Patel, DDS | Eileen Patterson, DDS | Thomas Pausma, DMD | Sireesha Penumetcha, DDS |
| Lynda Phan, DDS | Yen Phan, DDS | Stephen Poss, DDS | Everett Postill, DDS |
| Erin Prach, DDS | Aarthi Raghavan, DMD | Erela Rappaport, DMD | Christian Reinecker, DMD |
| Richard Rogers, DDS | Carla Roher, DMD | Virginia Rome, DDS | Genifer Rouse, DMD |
| Roger Roybal, DDS | Abdullah Sayed, DDS | Ratika Sharma, DDS | Frank Sierra, DMD |
| Lisa Singh, DMD | Alexander Smith, DDS | Kyle Smith, DDS | Alexander Song, DDS |
| Martin Stern, DDS | Julie Storm, DMD | Tiffini Stratton, DDS | Lejla Streets, DMD |
| Catherine Strohschein, DDS | Danielle Swartz, DDS | Natalie Syrбу, DDS | John Tsaknis, DDS |
| Nathalie Tungesvik, DDS | John Vallone, DDS | Karel Vandervelden, DMD | Kala Vijay, DMD |
| Amrittej Virk, DMD | Chaz Vittitow, DMD | Daniela Vivaldi, DDS | Douglas Wall, DDS |
| Keith Watson, DDS | Jeffrey Weber, DMD | Claude Williams, DDS | Karen Wuertz, DDS |
| Fernanda Yanez Regonesi, DDS | Edwin Yee, DMD | Theodore Zervas, DMD | Gretchen Zody, DDS |

International Certificants*

- | | | | |
|------------------------|--------------------------|--------------------|---------------------|
| Mohammed Alsaloum, BDS | Kritika Butta, BDS | Eunhye Choi, DDS | Shan-Ju Chou, DDS |
| Koo Hyun Jeong, DDS | Jeong-Hyun Kang, DDS | Keonhyung Kim, DDS | Nivedita Kumar, BDS |
| Ivy Lee, BDS | Miguel Meira e Cruz, DDS | Mai Miyachi, DDS | Tugrul Saygi, DDS |
| | Kong Yuk Annie Wan, BDS | | |

*list reflects those who earned status with the ABDSM between April 1, 2022 and March 31, 2023. For any questions regarding this posting, please contact info@abds.org.

SCHEDULE AT A GLANCE

TMD for the DSM Dentist Course

Thursday, May 18

7:00am – 7:45am	REGISTRATION	Liberty Ballroom Foyer (3rd Floor)
7:45am – 8:00am	Welcome and Announcements	Liberty Ballroom
8:00am – 9:00am	TMD and DSM: Bridging the Gap Subha Giri, BDS, MS	Liberty Ballroom
9:00am – 10:00am	TMD and DSM: The Biopsychosocial Model of Care James Friction, DDS, MS	Liberty Ballroom
10:00am – 10:15am	BREAK	
10:15am – 11:15am	TMD Anatomy and Physiology Made Easy Omar Suarez, DMD	Liberty Ballroom
11:15am – 12:15pm	Radiological Assessment of TMD Joseph Matthews, DDS, MSc	Liberty Ballroom
12:15pm – 1:15pm	LUNCH ON YOUR OWN	
1:15pm – 2:15pm	Physical Therapy: Patient-Centered Management Emily Kahnert, DPT, CCTT	Liberty Ballroom
2:15pm – 3:15pm	TMD Treatment: The Role of the Health Psychologist Shelly Curran, PhD, LP	Liberty Ballroom
3:15pm – 3:30pm	BREAK	
3:30pm – 4:30pm	Pharmacology of TMD Stanley Farrell, DDS	Liberty Ballroom
4:30pm – 5:30pm	Tackling TMD Complaints Imran Patel, DMD	Liberty Ballroom

Individuals must be registered for the 2023 AADSM Annual Meeting to register for and attend the TMD for the DSM Dentist Course. Attendees are strongly encouraged to pre-register to secure a spot in the course. On-site registrations may be accepted based on availability.

SCHEDULE AT A GLANCE

Friday, May 19

Exhibit Hall – Franklin Hall
10:00am – 6:30pm

8:00am – 9:00am	Welcome Address and Awards	Grand Ballroom Salon E-F
9:00am – 10:00am	Keynote Address A01: Ventilatory Burden and the Impact of Patient Choice on Adherence David M Rapoport, MD	Grand Ballroom Salon E-F
10:00am – 10:30am	BREAK IN EXHIBIT HALL	
10:30am – 11:30am	A02: Relying on Evidence or Experience to Guide Clinical Judgement Fernanda Almeida, DDS, PhD and Jonathan Parker, DDS	Grand Ballroom Salon E-F
11:30am – 12:30pm	A03: Metrics of Sleep Apnea Severity: Beyond the Apnea-Hypopnea Index Allan Pack, MBChB, PhD	Grand Ballroom Salon E-F
12:30pm – 2:00pm	LUNCH BREAK & EXHIBIT HALL	Franklin Hall
1:00pm – 2:00pm	Industry Product Theater: Nierman Practice Management Industry Product Theater: SomnoMed	See page 15
2:00pm – 3:00pm	A04: Oral Presentations Distinguished award winners and investigators present their latest research and new ideas in the field.	Grand Ballroom Salon E-F
3:00pm – 4:00pm	A05: Co-Morbid Insomnia and OSA Jennifer Martin, PhD, AASM President	Grand Ballroom Salon E-F
4:00pm – 4:30pm	BREAK IN EXHIBIT HALL	Franklin Hall
4:00pm – 4:30pm	AADSM Mentor Meet Up Members of the AADSM Mentor Program, connect with your mentor or mentee! Find the AADSM Mentor Meet Up spot in the break area of the Exhibit Hall on the 4th floor. You can also learn more about how to apply for the 2023-2024 program.	Franklin Hall
4:30pm – 5:30pm	A06: Growth and Development as it Relates to DSM Mark Hans, DDS	Grand Ballroom Salon E-F
5:30pm – 6:30pm	President's Reception	Franklin Hall (Exhibit Hall)

THANK YOU TO THE
2023 ANNUAL MEETING
ELITE BOOTHS

Nierman Practice Management
Panthera
ProSomnus
Spencer Study Club

Saturday, May 20

Exhibit Hall – Franklin Hall
10:00am – 4:30pm

7:00am – 8:00am	FIRST-TIME ATTENDEE BREAKFAST Grand Ballroom Salon A-B		
	TRACK A Clinical Findings Room: Grand Ballroom Salon E	TRACK B Clinical Practicalities Room: Grand Ballroom Salon F	TRACK C Track C sessions are geared towards team members and dentists new to DSM. Room: Grand Ballroom Salon C-D
8:00am – 9:00am	A07: Looking Ahead: Expanding the DSM Horizons Ghizlane Aarab, DDS, PhD	B01: Understanding Wearable Technology and Using Them for Calibrating Appliances Anupamjeet Sekhon, MD	C01: Becoming a DSM Team Member Rockstar: Key Strategies for Success Gina Pepitone-Mattiello, RDH; Briana Turlington, CDA; Emilee Kemper
9:00am – 10:00am	A08: Sleep Apnea Endotyping: Implications for Personalized Care Danny Eckert, PhD	B02: Strategies for Breaking Through with Primary Care Physicians Rubina Nguyen, DDS	
10:00am – 10:30am	BREAK IN EXHIBIT HALL AND POSTER VIEWING		
10:30am – 11:30am	A09: Ankyloglossia OSA and Malocclusion Sylvan Mintz, DDS, MSD	B03: I Wish I Knew Then, What I Know Now: Case-Based Discussions on Selecting Appropriate Appliances and Fixing Mistakes Thomas M. Gotsis, DDS	C02: Introduction to DSM Aaron Glick, DDS and Karen Wuertz, DDS
11:30am – 12:30pm	A10: The Growing Role of an Interdisciplinary Approach in the Diagnosis and Management of OSA and the Use of Combination Therapies Jerald Simmons, MD	B04: Oral Appliance Adherence and Long Term Follow Up: What Shall We Do? What Data Should We Collect? When Should We Refer? What is the Future? Jean-Francois Masse, DMD	
12:30pm – 2:00pm	LUNCH BREAK & EXHIBIT HALL		
1:00pm – 2:00pm	Industry Product Theater: Spencer Study Club Industry Product Theater: Panthera		See page 20
12:30pm – 1:00pm	ABDSM Exam Q&A Session Have questions about the ABDSM exam? Stop by to participate in this question and answer session! Grand Ballroom Salon C-D		
2:00pm – 3:00pm	A11: Diabetes, Congestive Heart Failure, and OSA: Understanding the Link to Save Lives Paul Nguyen, MD	B05: Combination Therapy: CPAP and OAT Ron Prehn, DDS	C03: Admin ABC's Jessica Sabo, DDS
3:00pm – 4:00pm	A12: Sleep-Disordered Breathing and Pain Andres Pinto, DMD	B06: DISE and the Role of the Dentist Luis Aneyba, DDS	C04: Triaging Side Effect Complaints Imran Patel, DMD
4:00pm – 4:30pm	BREAK IN EXHIBIT HALL AND POSTER VIEWING		
4:30pm – 5:30pm	A13: Effectively Treating OSA Using a Personalized and Precision Medicine (PPM) Approach Olivier Vanderveken, MD, PhD	B07: Dental Sleep Medicine Insights Mouth-Taping for Improving OAT Success, The Importance of Talking About Weight Sleep in the Military Paula Jacobs, RN LTC Phillip W Neal, DMD, DABGD	C05: Addressing Financial Barriers with Patients Erica Johannes, DDS
5:30pm – 6:00pm	AADSM MEMBERSHIP MEETING Grand Ballroom Salon E		

Sunday, May 21

	TRACK A Clinical Findings <i>Room: Grand Ballroom Salon E</i>	TRACK B Clinical Practicalities <i>Room: Grand Ballroom Salon F</i>
8:00am – 9:00am	A14: Pharmacologic Therapy of Residual Daytime Sleepiness in Patients with OSA James Rowley, MD, AASM President-elect	B08: Case-Based Standards for Practice: A 2022 Update Kevin Postol, DDS, AADSM President-elect
9:00am – 10:00am	A15: Sleep Bruxism Gilles Lavigne, DMD, PhD	B09: Sleepy After Treatment of Obstructive Sleep Apnea: Differential Diagnosis and Management Salma Patel, MD, MPH, FACP
10:00am – 10:30am	BREAK	
10:30am – 11:30am	A16: Central Sleep Apnea M. Safwan Badr, MD	B10: Private Insurance and Medicare Q&A Panel Nancy Addy, DDS; Vicki Cohn, DDS; Scott Craig; Judith Roan, CGS; and Ashley Decoteau, Noridian
11:30am – 12:30pm	A17: Ansa Cervicalis Stimulation and Other Neurostimulation Treatment Strategies for Sleep-Disordered Breathing David Kent, MD	B11: Successfully Incorporating Telemedicine to Improve Workflows Megan Nye, EFDA

2023 AWARD RECIPIENTS

HONORARY MEMBER AWARD

Olivier Vanderveken, MD, PhD



Olivier M. Vanderveken, MD, PhD is an ENT, head and neck surgeon at the Antwerp University Hospital in Belgium where he is appointed as the chair of the department. He is a professor at the Faculty of Medicine of University of Antwerp. Dr. Vanderveken's main research projects focus on pathophysiological assessment of upper airway collapse including endo/phenotyping, drug-induced sleep endoscopy, treatment of obstructive sleep apnea with mandibular advancement devices and upper airway surgery including hypoglossal

nerve stimulation and transoral robotic surgery. Dr. Vanderveken is the founding president of iBEDSSMA, the interdisciplinary Belgian Dental and Surgical Sleep Medicine Academy. He is the deputy editor for the *AADSM Journal of Dental Sleep Medicine* and holds a Senior Clinical Investigator Fellowship at the Research Foundation Flanders (FWO) in Belgium supporting him to pursue a full-fledged career in translational research.

PIERRE ROBIN AWARD

Ghizlane Aarab, DDS, PhD



Ghizlane Aarab, DDS, PhD is a professor at the Department of Orofacial Pain and Dysfunction at the Academic Centre for Dentistry in Amsterdam (ACTA). She teaches at the undergraduate, graduate, and postgraduate levels in dental sleep medicine. In 2011, she defended her thesis "Mandibular Advancement Device Therapy in Obstructive Sleep Apnea". Currently, she supervises 10 PhD projects in dental sleep medicine and collaborates in

several international projects in dental sleep medicine. Dr. Aarab currently serves as a member of the *AADSM Journal of Dental Sleep Medicine* editorial board and is a past chair of the AADSM Scientific Committee. She works part-time as a dentist specializing in sleep medicine, orofacial pain/TMD, and restorative dentistry, and as a general dentist at her private dental clinic in The Hague (The Netherlands).

DISTINGUISHED SERVICE AWARD

Steve Carstensen, DDS



Steve Carstensen, DDS has treated sleep apnea and snoring in Bellevue, WA since 1998. He's a consultant to the ADA for sleep-related breathing disorders and heads the ADA's Children's Airway Initiative. He trained at UCLA's Mini-Residency in dental sleep medicine and is a Diplomate of the American Board of Dental Sleep Medicine. He lectures internationally, directs sleep education at

Airway Technologies and the Pankey Institute and is a guest lecturer at Spear Education and Louisiana State Dental School in addition to advising several other sleep-related manufacturers. In 2014, he helped found Dental Sleep Practice Magazine and currently serves as Chief Dental Editor. In 2019, Quintessence published, "A Clinician's Handbook for Dental Sleep Medicine", written with a co-author.



2023 EDUCATION CALENDAR



Virtual & Live	On-Demand	Mastery Program
<p>Live Webinars</p> <p>Dates: Now-November, as announced 1 CE per webinar</p> <p>Breaking Down Barriers for a Successful Practice</p> <p>Dates: August 2023-March 2024 16 CE</p>	<p>DSM Team Training Program</p> <p>Dates: Ongoing online 13.75 CE</p> <p>Intro to Oral Appliances for Sleep Apnea</p> <p>Dates: Now-December 2023 8 CE</p> <p>Virtual Board Review Course</p> <p>Dates: Now-December 31, 2023 10.75 CE</p>	<p>Mastery 1</p> <p>On-demand 53.25 CE</p> <p>Mastery 2</p> <p>On-demand and in-person 55.50 CE</p>

Friday, May 19

Exhibit Hall – Franklin Hall
10:00am – 6:30pm

Welcome Address and Awards

8:00am – 9:00am | Grand Ballroom Salon E-F

Mitchell Levine, DMD, President

Arthur Feigenbaum, DMD, Chair, Annual Meeting Committee

Keynote Address

A01: Ventilatory Burden and the Impact of Patient Choice on Adherence

9:00am – 10:00am | Grand Ballroom Salon E-F



SPEAKER: David M. Rapoport, MD

OVERVIEW: This session will examine the way we have characterized OSA and defined its severity using the Apnea/Hypopnea Index and suggest an alternative metric, the ventilatory burden. Dr. Rapoport will present a novel paradigm for initiating OSA therapy in clinical trials that merges CPAP and OAT and may enhance successful enrollment and improve patient adherence.

OBJECTIVES:

- Develop an appreciation for some of the limitations of current metrics of severity of OSA for diagnosis, classification and consequences of the disorder; and
- Understand limitations and possible solutions of patient therapy approaches currently in use for OSA.

A02: Relying on Evidence or Experience to Guide Clinical Judgement

10:30am – 11:30am | Grand Ballroom Salon E-F

SPEAKERS: Fernanda Almeida, DDS, PhD and Jonathan Parker, DDS

OVERVIEW: This session will discuss the dentist’s responsibility to understand pertinent research studies, from discerning what is good, reliable research to knowing how the dentist should utilize the evidence and current knowledge to educate and treat a patient.

OBJECTIVES:

- Understand current areas of dental sleep medicine with comprehensive research data to guide clinical practice; and
- Review how the clinician’s ability to provide safe, high-quality care can be dependent on critical thinking and reasoning of the current higher levels of literature evidence.

A03: Metrics of Sleep Apnea Severity: Beyond the Apnea-Hypopnea Index

11:30am – 12:30pm | Grand Ballroom Salon E-F

SPEAKER: Allan Pack, MBChB, PhD

OVERVIEW: The overnight multi-channel recording during sleep contains considerable information and patients with sleep-disordered breathing have different physiological responses to apneas and hypopneas. Learn about new metrics that have been developed to better predict who is at an increased risk for cardiovascular events as well as sleep quality.

OBJECTIVES:

- Understand the definition and method of calculation of hypoxic burden;
- Recognize evidence that hypoxic burden is predictive of cardiovascular risk in subjects with OSA;
- Comprehend the new metric of heart rate response to events; and
- Recognize evidence that heart rate response to events is associated with new cardiovascular events.

BREAK IN EXHIBIT HALL
10:00am – 10:30am



Using Night-to-Night Monitoring to Increase OAT Treatment Success and Drive Physician-Patient Referrals



Join us as Dr. Michael Pagano outlines a personalized precision treatment protocol for oral appliance therapy using objective night-to-night monitoring. This protocol helps increase treatment success, physician confidence, and patient referrals.

Date: Friday, May 19, 2023

Time: 1 pm -2 pm

Location: Franklin 2 at the Marriott Philadelphia Downtown

Lunch will be provided!

www.somnomed.com

LUNCH ON YOUR OWN AND EXHIBIT HALL
12:30pm – 2:00pm

INDUSTRY PRODUCT THEATERS

The Secrets to Medical Billing & Referrals for Dental Sleep Medicine

Sponsored by: Nierman Practice Management

1:00pm – 2:00pm | Room: Franklin 1

For more information and to register, visit Nierman Practice Management at Booth #621.

Using Night-to-Night Monitoring to Increase OAT Treatment Success and Drive Physician-Patient Referrals

Sponsored by: SomnoMed

1:00pm – 2:00pm | Room: Franklin 2

For more information and to register, visit SomnoMed at Booth #312.

These events are not part of the official AADSM program. While the AADSM appreciates the support of companies hosting industry product theaters (IPTs), the AADSM does not endorse or recommend any of the products or services offered through IPTs. The AADSM does not review, investigate, or otherwise approve the quality, type, message, nature, or value of any product or service marketed at an IPT and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate any company prior to purchasing its products or services. Please consult your own professional legal, financial and medical advisors for advice concerning any products or services discussed.

A04: Oral Presentations

2:00pm – 3:00pm | Grand Ballroom Salon E-F

The authors of the following six abstracts will present their research during this session. Authors selected for oral presentations are allotted an 8-minute time period to present their abstract, followed by a 2-minute time period for questions and answers. The three-digit poster ID number corresponds to the abstract supplement provided in your registration materials.

2:00pm – 2:10pm | Poster #002

Student Excellence Award

PREDICTORS OF FIRST-ONSET TEMPOROMANDIBULAR DISORDERS DURING MANDIBULAR ADVANCEMENT DEVICE THERAPY FOR OBSTRUCTIVE SLEEP APNEA

A. Alessandri-Bonetti

2:10pm – 2:20pm | Poster #007

Student Research Award

ORAL APPLIANCE NETWORK ON GLOBAL EFFECTIVENESS (ORANGE) FOR OBSTRUCTIVE SLEEP APNEA SYNDROME: AN UPDATE OF A MULTICENTER COHORT STUDY

Y. Chen

2:20pm – 2:30pm | Poster #009

Student Research Award

PULSE RATE AND OXYGEN SATURATION VARIABILITY PREDICT CHANGES IN APNEA-HYPOPNEA INDEX VARIATIONS IN THE COURSE OF ORAL APPLIANCE THERAPY FOR THE MANAGEMENT OF OBSTRUCTIVE SLEEP APNEA: A PILOT STUDY

D. Fernandez-Vial

2:30pm – 2:40pm | Poster #008

Clinical Excellence Award

COMPARISON OF CLINICAL EFFECTIVENESS AND PATIENTS’ PREFERENCE FOR TWO NON-INVASIVE TREATMENT OPTIONS FOR PATIENTS DIAGNOSED WITH MODERATE TO SEVERE OBSTRUCTIVE SLEEP APNEA: THE FLOSAT STUDY

M. Dieltjens

Courtesy Snow

Nierman Practice Management DentalWriter PLUS+ Invites you to the Industry Product Theatre

THE SECRETS TO MEDICAL BILLING & REFERRALS FOR DENTAL SLEEP MEDICINE

Friday, May 19, 1-2pm, Franklin 1 Room

RSVP AT NIERMANPM.COM/AADSMEVENT OR NIERMAN PRACTICE MANAGEMENT BOOTH 621

2:40pm – 2:50pm | Poster #012
Clinical Research Award

ADVERSE EVENT REPORTS FOR CONTINUOUS POSITIVE AIRWAY PRESSURE, HYPOGLOSSAL NERVE STIMULATION AND ORAL APPLIANCE THERAPY DEVICES: AN FDA MAUDE DATABASE ANALYSIS

L. Liptak

2:50pm – 3:00pm | Poster #003
Clinical Research Award

THE IMPACT OF INCREMENTAL INCREASES IN VERTICAL DIMENSION OF OCCLUSION ON THE RELATIONSHIPS BETWEEN PRE- AND POST-TREATMENT AHI VALUES AND ACOUSTIC PHARYNGOMETER MEASURES

D. Levendowski

Ao5: Co-Morbid Insomnia and OSA

3:00pm – 4:00pm | Grand Ballroom Salon E-F

SPEAKER: Jennifer Martin, PhD, AASM President

OVERVIEW: This session will focus on clinical implications of co-occurring sleep-disordered breathing and insomnia, including the challenges in diagnosis and treatment of these common sleep disorders.

OBJECTIVES:

- ▶ Describe the overlap in symptoms between OSA and insomnia in patients;
- ▶ Understand the benefits of concurrently managing OSA and insomnia; and
- ▶ Describe benefits of treating comorbid sleep apnea and insomnia in terms of other patient-centered outcomes.

BREAK IN EXHIBIT HALL

4:00pm – 4:30pm

AADSM Mentor Meet Up

4:00pm – 4:30pm

Members of the AADSM Mentor Program, connect with your mentor or mentee! Find the AADSM Mentor Meet Up spot in the break area of the Exhibit Hall on the 4th floor. You can also learn more about how to apply for the 2023-2024 program.

Ao6: Growth and Development as it Relates to DSM

4:30pm – 5:30pm | Grand Ballroom Salon E-F

SPEAKER: Mark Hans, DDS

OVERVIEW: This presentation will highlight the essential differences between OSA/upper airway resistance syndrome in the pediatric versus the adult population. Special attention will be paid to the growth of the maxilla and mandible that occurs during the pubertal growth spurt and the natural regression of lymphoid tissue in the oropharynx.

OBJECTIVES:

- ▶ Recognize the differences between pediatric and adult OSA/URS symptoms;
- ▶ Understand the biological basis for the differences between pediatric and adult OSA/URS symptoms; and
- ▶ Explain the rationale for differences in treatment of adult and pediatric OSA/URS.

President's Reception

5:30pm – 6:30pm | Exhibit Hall (Franklin Hall)

The AADSM Board of Directors invites all meeting attendees to the President's Reception. The reception is a social celebration featuring hors d'oeuvres, a full-service cash bar and more!

Saturday, May 20

First-Time Attendee Breakfast

7:00am – 8:00am | Grand Ballroom Salon A-B

The AADSM Board of Directors will host a breakfast for all first-time Annual Meeting attendees. The breakfast will provide an opportunity to network and gain insight into the dental sleep medicine profession. All first-time attendees will receive a ticket with their registration materials, which will be required to gain entrance to the breakfast.

Track A Ao7: Looking Ahead: Expanding the DSM Horizons

8:00am – 9:00am | Grand Ballroom Salon E

SPEAKER: Ghizlane Aarab, DDS, PhD

OVERVIEW: Learn how DSM could expand beyond the treatment of sleep-related breathing disorders with an oral appliance and include other areas of dentistry such as sleep-related orofacial pain, xerostomia, hypersalivation, gastroesophageal reflux disease and bruxism.

OBJECTIVES:

- ▶ Describe the various dental sleep-related conditions;
- ▶ Explain the associations between dental sleep-related conditions; and
- ▶ Understand the role of the oral health care provider in the prevention, assessment and management of various dental sleep-related conditions.

Track B Bo1: Understanding Wearable Technology and Using Them for Calibrating Appliances

8:00am – 9:00am | Grand Ballroom Salon F

SPEAKER: Anupamjeet Sekhon, MD

OVERVIEW: Learn how sleep medicine wearable technology has expanded from a diagnostic tool to successfully monitoring and testing therapy efficiency.

OBJECTIVES:

- ▶ Characterize the term "wearable" for use in sleep for wearables to measure;
- ▶ Assess the current use of wearables in sleep;
- ▶ Identify current barriers for applying wearables to sleep; and
- ▶ Identify goals and opportunities for wearables to advance sleep.

Track C Co1: Becoming a DSM Team Member Rockstar: Key Strategies for Success

8:00am – 10:00am | Grand Ballroom Salon C-D

SPEAKERS: Gina Pepitone-Mattiello, RDH; Briana Turlington, CDA; Emilee Kemper

OVERVIEW: Learn from experienced DSM team members how to incorporate an alternative clinical workflow and patient communication strategies into a dental practice.

OBJECTIVES:

- ▶ Confidently take on greater roles in screening for sleep apnea and patient education;
- ▶ Answer commonly asked questions and anticipate patient barriers to care;
- ▶ Design and script conversations with patients to motivate them to better sleep health; and
- ▶ Identify personal and patient-centric motivators to become DSM rockstars.



VOLUNTEER INFORMATION

Interested in volunteering with the AADSM?

Stop by the Registration Counter in the Grand Ballroom Foyer for more information.

Now also available, **ProSomnus EVO [PH]** for Medicare beneficiaries



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Track A **Ao8: Sleep Apnea Endotyping: Implications for Personalized Care**

9:00am – 10:00am | Grand Ballroom Salon E

SPEAKER: Danny Eckert, PhD

OVERVIEW: The current one-size-fits-all model in which diagnosed OSA patients are prescribed CPAP as first-line therapy is failing too many patients. This session will provide a state-of-the-art overview of the latest knowledge on the different pathophysiological causes (or endophenotypes) that cause sleep apnea and how this knowledge can be applied to improve treatment outcomes with existing therapies (including CPAP and OAT) and emerging therapies including pharmacotherapy and combination therapy.

OBJECTIVES:

- ▶ Describe new knowledge on the four key pathophysiological mechanisms that cause OSA;
- ▶ Describe conceptually how identification of the four key OSA endotypes can be applied to improve treatment outcomes with existing therapies (including CPAP and OAT) and emerging therapies including pharmacotherapy and combination therapy for people with OSA; and
- ▶ Apply new, clinically feasible approaches to identify the multifactorial causes of OSA and implications for treatment to better manage and improve outcomes for patients according to a precision medicine approach

Track B **Bo2: Strategies for Breaking Through with Primary Care Physicians**

9:00am – 10:00am | Grand Ballroom Salon F

SPEAKER: Rubina Nguyen, DDS

OVERVIEW: Learn strategies to create genuine and bidirectional relationships with primary care physicians to build thriving practices and provide exceptional patient care.

OBJECTIVES:

- ▶ Create a “blueprint” to get started on building meaningful, professional relationships with primary care providers;
- ▶ Implement an effective physician referral system; and
- ▶ List seven habits for highly effective referrals.

BREAK IN EXHIBIT HALL AND POSTER VIEWING

10:00am – 10:30am

Poster Viewing

10:00am – 10:30am | Franklin Hall Foyer

All posters are available for viewing outside the exhibit hall throughout the AADSM Annual Meeting. Presenters of the posters listed below are available for questions and comments during this time.

POSTER #001

ROOT LENGTH CHANGES ASSOCIATED WITH THE USE OF MANDIBULAR ADVANCEMENT DEVICE IN CONJUNCTION WITH MORNING REPOSITIONERS

Alnoury, Masoud, Alsaggaf

POSTER #002

PREDICTORS OF FIRST-ONSET TEMPOROMANDIBULAR DISORDERS DURING MANDIBULAR ADVANCEMENT DEVICE THERAPY FOR OBSTRUCTIVE SLEEP APNEA

Alessandri-Bonetti, Sangalli, Moreno Hay

POSTER #006

PRECISION VS. TRADITIONAL ORAL APPLIANCE THERAPY: A COMPARISON OF THERAPEUTIC EFFICACY

Mosca, Remmers

POSTER #008

COMPARISON OF CLINICAL EFFECTIVENESS AND PATIENTS PREFERENCE FOR TWO NON-INVASIVE TREATMENT OPTIONS FOR PATIENTS DIAGNOSED WITH MODERATE TO SEVERE OBSTRUCTIVE SLEEP APNEA: THE FLOSAT STUDY

Dieltjens, Charkhandeh, Van den Bossche, Engelen, Van Loo, Verbraecken, Braem, Vanderveken

POSTER #011

OAT DEVICE DESIGNS ARE NOT THE SAME WHEN IT COMES TO FDA ADVERSE EVENT REPORTS

Rohatgi, Murphy, Liptak

POSTER #012

ADVERSE EVENT REPORTS FOR CONTINUOUS POSITIVE AIRWAY PRESSURE, HYPOGLOSSAL NERVE STIMULATION AND ORAL APPLIANCE THERAPY DEVICES: AN FDA MAUDE DATABASE ANALYSIS

Liptak, Murphy

POSTER #013

MANDIBULAR ADVANCEMENT DEVICE RELATED ADVERSE EFFECT MANAGEMENT CHALLENGE FOR AN OBSTRUCTIVE SLEEP APNEA PATIENT DURING COVID-19 PANDEMIC - A CASE REPORT

Lu, Mishra, Correa

POSTER #015

FIVE-YEAR, PROSPECTIVE, MULTI-CENTER, OBSERVATIONAL STUDY TO ASSESS THE LONG-TERM SAFETY, EFFECTIVENESS, AND MANAGEMENT OF A CAD/CAM, 3-D PRINTED ORAL APPLIANCE IN THE TREATMENT OF OBSTRUCTIVE SLEEP APNEA: ORAL APPLIANCE THERAPY (OAT) INITIATION

Gagnadoux, Woidtke, Fortin

Track A **Ao9: Ankyloglossia OSA and Malocclusion**

10:30am – 11:30am | Grand Ballroom Salon E

SPEAKER: Sylvan Mintz, DDS, MSD

OVERVIEW: This session will provide an evidence-based review as to whether ankyloglossia is related to sleep-disordered breathing in children and adults. Learn about the anatomy of the frenum and how to ascertain when it is a contributory problem.

OBJECTIVES:

- ▶ Explain what ankyloglossia is and how to determine detrimental effects as to sleep-disordered breathing, malocclusion, and breastfeeding;
- ▶ Use evidence to determine if a frenectomy is warranted in relation to sleep-disordered breathing and breastfeeding; and
- ▶ Explain possible detrimental effects of frenectomy procedures.

Track B **Bo3: I Wish I Knew Then, What I Know Now: Case-Based Discussions on Selecting Appropriate Appliances and Fixing Mistakes**

10:30am – 11:30am | Grand Ballroom Salon F

SPEAKER: Thomas M. Gotsis, DDS

OVERVIEW: Learn how factors such as a patient’s phenotype, skeletal anatomy, occlusion, number of teeth and wear patterns all contribute to identifying an appropriate appliance.

OBJECTIVES:

- ▶ Identify different types of devices and how they reposition the mandible correctly;
- ▶ Demonstrate the importance of nasal breathing and how that effects the success of device selection; and
- ▶ Understand the criteria used when selecting a device.

Track C **Co2: Introduction to DSM**

10:30am – 12:30pm | Grand Ballroom Salon C-D

SPEAKERS: Aaron Glick, DDS and Karen Wuertz, DDS

OVERVIEW: This session will examine the anatomy, physiology, and pathophysiology of sleep-disordered breathing, as well as the clinical implementation of screening, referring, and treating sleep-related breathing disorders.

OBJECTIVES:

- ▶ Understand the pathophysiology and associated risk factors of OSA;
- ▶ Describe the role of the dentist and other healthcare providers in screening and treating OSA;
- ▶ Identify treatment success of OAT and long-term outcomes; and
- ▶ Apply steps towards clinical implementation of dental sleep medicine in a dental practice.

Track A **A10: The Growing Role of an Interdisciplinary Approach in the Diagnosis and Management of OSA and the Use of Combination Therapies**

11:30am – 12:30pm | Grand Ballroom Salon E

SPEAKER: Jerald Simmons, MD

OVERVIEW: This session will cover the importance of a multidisciplinary approach in managing patients with sleep-related breathing disorders. A variety of treatment multimodalities will be covered to include CPAP/ BiLevel PAP, OAT, Inspire HGNS, and surgical interventions.

OBJECTIVES:

- ▶ Recognize when CPAP failure can improve symptoms when used in conjunction with OAT;
- ▶ Describe the importance of collaborating with physicians to monitor treatment outcomes; and
- ▶ Recognize the limitations of mono therapies prompting the use of combination therapeutic approaches.

Track B **Bo4: Oral Appliance Adherence and Long-Term Follow Up: What Shall We Do? What Data Should We Collect? When Should We Refer? What is the Future?**

11:30am – 12:30pm | Grand Ballroom Salon F

SPEAKER: Jean-Francois Masse, DMD

OVERVIEW: This session will use evidence-based literature to define oral appliance adherence and present strategies for adherence to treatment in a clinical setting.

OBJECTIVES:

- ▶ Define oral appliance adherence;
- ▶ Utilize available tools to improve adherence;
- ▶ Implement a proper strategy for long-term follow-up of OAT patients; and
- ▶ Consider upcoming changes in the field to adapt their treatment protocol when needed.

Spencer Study Club BUSINESS ELITE & CFO Dental Partners

Two Truths and a Lie: The Practice Profitability Secrets Your Accountant Won't Tell You

Saturday, May 20th
1:00 - 2:00 pm
Room: Franklin 1

By Invitation Only
Stop by booth 627 to inquire about availability

Daniel Richards



PANTHERA SLEEP

PANTHERA'S FIVE DRIVERS FOR DSM SUCCESS

Presented by: Scott Craig, CEO at Midwest Dental Sleep Center

**Saturday, May 20
1-2pm, Franklin 2**

COME AND MEET US: BOOTH 600

LUNCH ON YOUR OWN AND EXHIBIT HALL
12:30pm – 2:00pm

ABDSM Q&A Session

12:30pm – 1:00pm | Grand Ballroom Salon CD

Have questions about the ABDSM exam? Stop by to participate in this question and answer session!

INDUSTRY PRODUCT THEATERS

Two Truths and a Lie: The Practice Profitability Secrets Your Accountant Won't Tell You

Sponsored by: *Spencer Study Club*

1:00pm – 2:00pm | Room: Franklin 1

For more information and to register, visit *Spencer Study Club* at Booth #627.

INDUSTRY PRODUCT THEATERS

Panthera's Five Drivers for DSM Success

Sponsored by: *Panthera*

1:00pm – 2:00pm | Room: Franklin 2

For more information and to register, visit *Panthera* at Booth #600.

These events are not part of the official AADSM program. While the AADSM appreciates the support of companies hosting industry product theaters (IPTs), the AADSM does not endorse or recommend any of the products or services offered through IPTs. The AADSM does not review, investigate, or otherwise approve the quality, type, message, nature, or value of any product or service marketed at an IPT and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate any company prior to purchasing its products or services. Please consult your own professional legal, financial and medical advisors for advice concerning any products or services discussed.

Track A A11: Diabetes, Congestive Heart Failure, and OSA: Understanding the Link to Save Lives

2:00pm – 3:00pm | Grand Ballroom Salon E

SPEAKER: Paul Nguyen, MD

OVERVIEW: Incidence of sudden cardiac death has reached an all-time high, with prominent risk factors such as diabetes and congestive heart failure. Learn how the relationship of diabetes, congestive heart failure and OSA will improve patient care, treatment outcomes and ultimately save lives.

OBJECTIVES:

- ▶ Describe the physiology of OSA and heart failure;
- ▶ Understand the true connection between OSA and diabetes;
- ▶ Customize the approach to treat patients with OSA, diabetes and heart failure to optimize treatment outcomes; and
- ▶ Effectively communicate a care plan for these patient with their providers.

Track B B05: Combination Therapy: CPAP and OAT

2:00pm – 3:00pm | Grand Ballroom Salon F

SPEAKER: Ron Prehn, DDS

OVERVIEW: Learn from a dental perspective how the success of OAT increases when combined with CPAP and how combination therapy can be implemented into everyday practice.

OBJECTIVES:

- ▶ Understand both the clinical rationale for combination therapy and the practical implementation into a viable therapeutic option for those who fail CPAP and OAT;
- ▶ Understand the decision matrix of combination therapy as it is integrated into OAT; and
- ▶ Collaborate with sleep physicians in the implementation of this critical therapeutic option.

Track C Co3: Admin ABC's

2:00pm – 3:00pm | Grand Ballroom Salon C-D

SPEAKER: Jessica Sabo, DDS

OVERVIEW: Learn how to set up necessary administrative systems to make DSM thrive in a dental practice.

OBJECTIVES:

- ▶ Use key communication needed for continued referrals;
- ▶ Create a seamless journey for new patients from initial intake to annual recall; and
- ▶ Establish billing procedures to support a dental sleep medicine practice.

Track A A12: Sleep-Disordered Breathing and Pain

3:00pm – 4:00pm | Grand Ballroom Salon E

SPEAKER: Andres Pinto, DMD

OVERVIEW: This presentation will describe the intricate overlap between sleep medicine and pain medicine, with a focus on several sleep disorders and pain in the craniocervical complex. Opportunities for collaboration and patient benefit will be discussed that involve stakeholder teams to promote appropriate outcomes.

OBJECTIVES:

- ▶ Understand the physiology of pain in the sleep disorder context;
- ▶ Describe the pain-sleep cycle;
- ▶ Illustrate the significant interaction between orofacial pain and sleep-disordered breathing using real-life case scenarios; and
- ▶ Highlight the practical role of the sleep medicine oral care provider in the management of patients who present with primary or secondary pain complaints and seek oral appliance therapy.

Track B B06: DISE and the Role of the Dentist

3:00pm – 4:00pm | Grand Ballroom Salon F

SPEAKER: Luis Aneyba, DDS

OVERVIEW: Learn how Drug-Induced Sleep Endoscopy (DISE) can help you determine optimal placement of an oral appliance and see its effectiveness in real-time.

OBJECTIVES:

- ▶ Understand the performance of an oral appliance in the upper airway;
- ▶ Recognize the importance of DISE studies performed by ENTs in collaboration with dentists; and
- ▶ Work with sleep physicians for better patient outcomes.

Track C Co4: Triaging Side Effect Complaints

3:00pm – 4:00pm | Grand Ballroom Salon CD

SPEAKER: Imran Patel, DMD

OVERVIEW: This session will discuss common complaints from patients using oral appliance therapy that the dental team can triage.

OBJECTIVES:

- ▶ List all possible side effects that can arise from using an oral appliance;
- ▶ Educate patients on how to prevent side effects; and
- ▶ Understand when it is absolutely necessary to bring the patient into the clinic to address a side effect.

BREAK IN EXHIBIT HALL AND POSTER VIEWING
4:00pm – 4:30pm

Poster Viewing

4:00pm – 4:30pm | Franklin Hall Foyer

All posters are available for viewing outside the exhibit hall throughout the AADSM Annual Meeting. Presenters of the posters listed below are available for questions and comments during this time.

POSTER #003

THE IMPACT OF INCREMENTAL INCREASES IN VERTICAL DIMENSION OF OCCLUSION ON THE RELATIONSHIPS BETWEEN PRE- AND POST-TREATMENT AHI VALUES AND ACOUSTIC PHARYNGOMETER MEASURES

Levendowski, Lown, Morgan, Mazeika

POSTER #004

A PILOT INVESTIGATION TO DETERMINE IF ORAL APPLIANCES AT INCREMENTALLY INCREASED VERTICAL DIMENSIONS OF OCCLUSION PROMOTES PROPORTIONATE CHANGES IN OSA SEVERITY AND ACOUSTIC PHARYNGOMETER MEASURES

Levendowski, Lown, Morgan, Mazeika

POSTER #005

MOUTHGUARD MECHANICAL PROPERTIES RELATED TO CRANIOFACIAL INJURIES AND OSA WEAR

Duncan, Buerk

POSTER #007

ORAL APPLIANCE NETWORK ON GLOBAL EFFECTIVENESS (ORANGE) FOR OBSTRUCTIVE SLEEP APNEA SYNDROME: AN UPDATE OF A MULTICENTER COHORT STUDY

Chen, Almeida, Huynh, Dieltjens, Vanderveken, Sutherland, Cistulli, Aarab, Lobbezoo, Huang

POSTER #009

PULSE RATE AND OXYGEN SATURATION VARIABILITY PREDICT CHANGES IN APNEA-HYPOPNEA INDEX VARIATIONS IN THE COURSE OF ORAL APPLIANCE THERAPY FOR THE MANAGEMENT OF OBSTRUCTIVE SLEEP APNEA: A PILOT STUDY

Fernandez-Vial, Yanez-Regonesi, Pasha, Boggero, Okeson, Vazquez, Moreno-Hay

POSTER #010

USE OF A NOVEL ORAL APPLIANCE IN THE MANAGEMENT OF OBSTRUCTIVE SLEEP APNEA: CASE REPORT

Iturbe Zabala, Correa, Picaza-Iglesias

POSTER #014

THE EVALUATION OF EFFECTIVENESS, EFFICACY, AND COMPLIANCE OF A CUSTOM-MADE OSA THERAPY DEVICE

Ojile, Uhles, Postol, Lillenberg

POSTER #016

PRESSURE DROP IN THE UPPER AIRWAY, A COMPARISON OF TWO METHODS: COMPUTATIONAL FLUID DYNAMICS AND IN VITRO PRESSURE DROP EXPERIMENTAL ANALYSIS

Gianoni-Capenakas, Lagravere

Track A A13: Effectively Treating OSA Using a Personalized and Precision Medicine (PPM) Approach

4:30pm – 5:30pm | Grand Ballroom Salon E

SPEAKER: Olivier Vanderveken, MD, PhD

OVERVIEW: Learn how to effectively treat OSA patients using a personalized and precision medicine (PPM) approach, which includes the right OSA treatment for each individual patient.

OBJECTIVES:

- ▶ Understand OSA pathophysiology;
- ▶ Understand the different OSA pathophysiological pheno-endotypes;
- ▶ Describe the gold standard versus the less invasive methods to pheno-endotype OSA patients and better understand how OSA pheno-endotyping could lead to better prospective patient selection for OSA treatment; and
- ▶ Discuss the impact of innovation in terms of precision medicine, in particular in the field of OAT.

Track B B07: Dental Sleep Medicine Insights

4:30pm – 5:30pm | Grand Ballroom Salon F

SPEAKERS AND AREAS OF FOCUS:

- ▶ Mouth-Taping for Improving OAT Success – Vicki Cohn, DDS
- ▶ The Importance of Talking About Weight – Paula Jacobs, RN
- ▶ Sleep in the Military – LTC Phillip W Neal, DMD, DABGD

Track C C05: Addressing Financial Barriers with Patients

4:30pm – 5:30pm | Grand Ballroom Salon CD

SPEAKER: Erica Johannes, DDS

OVERVIEW: Through connection, communication, and closing, this session will explore these three key principles to help patients say “yes” to treatment.

OBJECTIVES:

- ▶ Establish trust and rapport with patients so they are receptive and open to communication;
- ▶ Communicate clearly and effectively with patients so they understand the value of the treatment; and
- ▶ Implement sales closing techniques to overcome financial objections and get patients to accept treatment.

AADSM Membership Meeting

5:30pm – 6:00pm | Grand Ballroom Salon E

The Board of Directors invites all members to this meeting to learn about recent activities and initiatives of the AADSM.

Sunday, May 21

Track A A14: Pharmacologic Therapy of Residual Daytime Sleepiness in Patients with OSA

8:00am – 9:00am | Grand Ballroom Salon E

SPEAKER: James Rowley, MD, AASM President-elect

OVERVIEW: Not all patients have resolution of their daytime sleepiness with use of either PAP or an OA. Learn how patients who continue to have residual sleepiness despite adequate/optimal therapy and have no other clear etiology for their sleepiness can be offered stimulant medications.

OBJECTIVES:

- ▶ Describe the reasons for continued sleepiness after treatment of OSA with positive airway pressure; and
- ▶ Describe the medications that can be used for treating residual sleepiness in well-treated OSA.

Track B B08: Case-Based Standards for Practice: A 2022 Update

8:00am – 9:00am | Grand Ballroom Salon F

SPEAKER: Kevin Postol, DDS, AADSM President-elect

OVERVIEW: This interactive, case-based session will focus on the updates to the standards for practice paper and how different models of care can be implemented to help more patients get diagnosed and treated for obstructive sleep apnea.

OBJECTIVES:

- ▶ Understand how the standards for practice have evolved;
- ▶ Apply these standards to be able to treat patients in a new, modern approach; and
- ▶ Identify the benefits and liabilities brought forth in these standards.

Track A A15: Sleep Bruxism

9:00am – 10:00am | Grand Ballroom Salon E

SPEAKER: Gilles Lavigne, DMD, PhD

OVERVIEW: Sleep bruxism can be easily diagnosed and managed by a dentist. This session will discuss skills and referral for interdisciplinary management when the presence of comorbidities such as TMD pain, insomnia, sleep apnea, GERD, headache or neurological conditions (e.g., PLMS or more rare epilepsy, REM Behavior Disordered) is required.

OBJECTIVES:

- ▶ Diagnose and manage ‘normo’ sleep bruxism;
- ▶ Recognize the complexity of how to manage ‘patho’ sleep bruxism in presence of comorbidities; and
- ▶ Recognize when to refer a complex case to most appropriate clinician.

Track B B09: Sleepy After Treatment of Obstructive Sleep Apnea: Differential Diagnosis and Management

9:00am – 10:00am | Grand Ballroom Salon F

SPEAKER: Salma Patel, MD, MPH, FACP

OVERVIEW: This session will review the differential diagnoses for treatment resistant cases for patients with OSA as well as the next steps in management.

OBJECTIVES:

- ▶ Evaluate patients with symptoms despite treatment of OSA;
- ▶ Understand differential diagnoses for patients who are symptomatic despite treatment of OSA; and
- ▶ Describe next steps in management for patients with symptoms despite treatment of OSA.

BREAK

10:00am – 10:30am

Track A A16: Central Sleep Apnea

10:30am – 11:30am | Grand Ballroom Salon E

SPEAKER: M. Safwan Badr, MD

OVERVIEW: This session will address the mechanisms and risk factors associated with central sleep apnea and discuss current recommendations for diagnosis and treatment.

OBJECTIVES:

- ▶ Describe the etiology and risk factors of central apnea in different patient population;
- ▶ Describe the relationship between central and obstructive apnea; and
- ▶ Outline a management approach, including diagnosis and treatment.

Track B B10: Private Insurance and Medicare Q&A Panel

10:30am – 11:30am | Grand Ballroom Salon F

SPEAKERS: Nancy Addy, DDS; Vicki Cohn, DDS; Scott Craig; Judith Roan, CGS; and Ashley Decoteau, Noridian

OVERVIEW: Knowledgeable clinicians will share their recommendations for establishing effective billing practices. Attendees are encouraged to come with questions.

OBJECTIVES:

- ▶ Explain foundational principles of medical billing;
- ▶ Consider effective models of medical billing management; and
- ▶ Identify appropriate codes and support documentation for OAT.

Track A A17: Ansa Cervicalis Stimulation and Other Neurostimulation Treatment Strategies for Sleep-Disordered Breathing

11:30am – 12:30pm | Grand Ballroom Salon E

SPEAKER: David Kent, MD

OVERVIEW: Learn about the evolving landscape of hypoglossal nerve stimulation, as well as emerging evidence supporting novel upper airway neurostimulation targets, including the ansa cervicalis.

OBJECTIVES:

- ▶ Understand the physiologic mechanisms underpinning upper airway patency;
- ▶ Articulate the mechanistic effects and the limitations of hypoglossal nerve stimulation;
- ▶ Describe emerging clinical technologies and approaches to hypoglossal nerve stimulation in the U.S.; and
- ▶ Understand the effects of novel neurostimulation targets, including ansa cervicalis stimulation, on upper airway patency.

Track B B11: Successfully Incorporating Telemedicine to Improve Workflows

11:30am – 12:30pm | Grand Ballroom Salon F

SPEAKER: Megan Nye, EFDA

OVERVIEW: This session will review various platforms and techniques that can be used to successfully integrate telemedicine into a DSM practice.

OBJECTIVES:

- ▶ Describe the benefits and limitations of telemedicine in a dental sleep medicine practice; and
- ▶ Implement telemedicine appropriately for improved access to care in dental sleep medicine cases.



COMPANY NAME	BOOTH #	COMPANY NAME	BOOTH #
Adit.....	612	Medical Billing For Dentists	413
Airway Management.....	502	MedPro	203
Apex Dental Sleep Lab.....	305	Myofunctional Research Co.....	409
ASAP Pathway	209	Newsom	608
BeamReaders.....	506	Nierman Practice Management	621
BetterNight.....	306	OASYS Dream Systems	308
BQ Ergonomics LLC.....	418	Otto Trading Inc.....	610
Bullseye Media LLC.....	419	Panthera Dental	600
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Elite Booth

While the AADSM appreciates the support of exhibiting companies, the AADSM does not endorse or recommend any of the products or services offered by exhibitors, advertisers, or sponsors. The exhibit hall is simply available as a convenience for attendees who may want to learn more or compare various offerings.

The AADSM does not review, investigate, or otherwise approve the quality, type, message, nature, or value of any product or service marketed by exhibitors and assumes no liability of any kind for any verbal or written information provided by any exhibitor, advertiser, or sponsor or their employees, agents, or representatives. We encourage you to conduct your own independent research to verify and investigate any company prior to purchasing its products or services. Please consult your own professional legal, financial and medical advisors for advice concerning any products or services discussed.

2023 AADSM ANNUAL MEETING

EXHIBIT HALL FLOOR PLAN

Marriott Philadelphia Downtown – Franklin Hall B

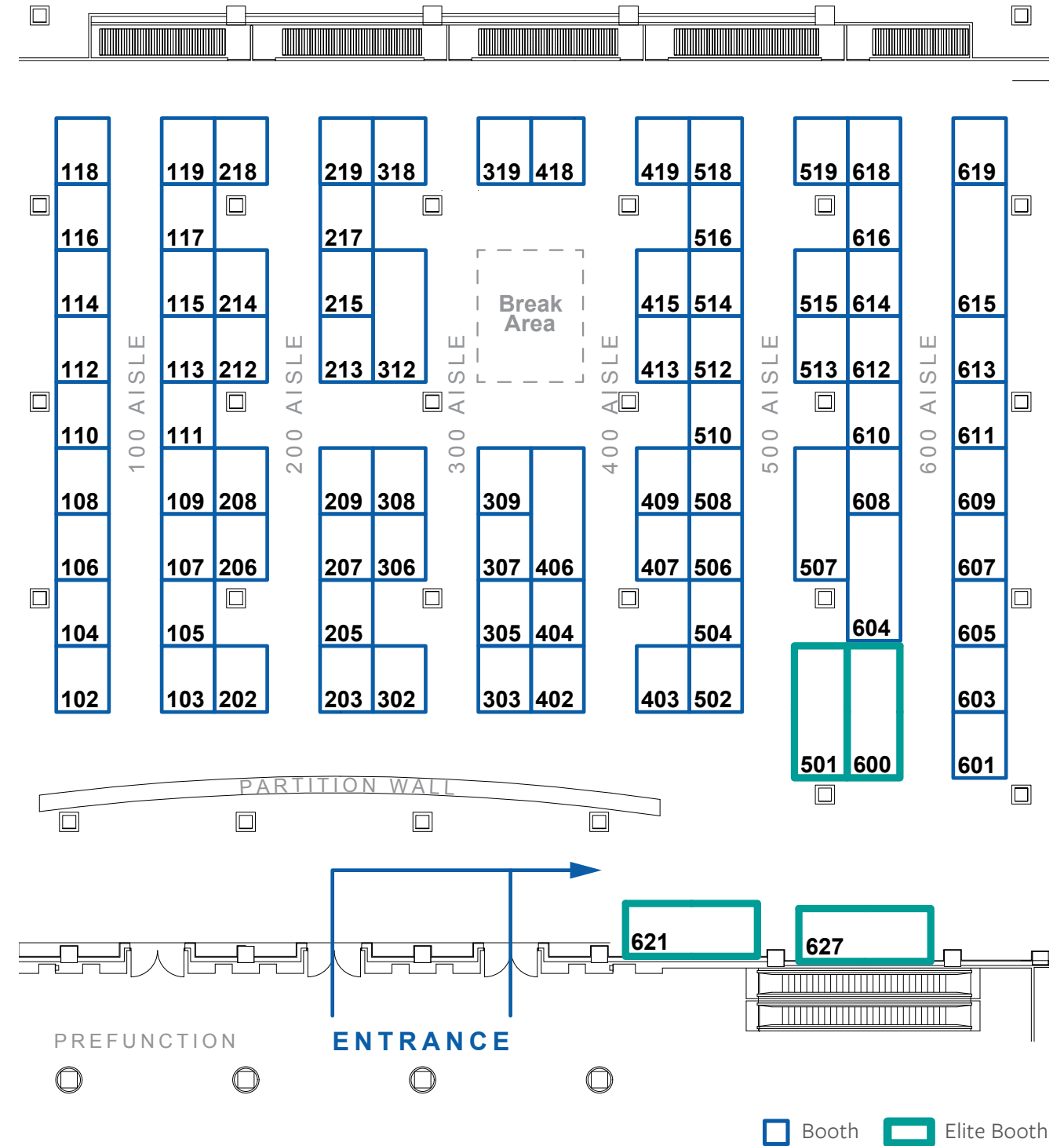


EXHIBIT HALL HOURS

Friday, May 19 10:00am – 6:30pm
 Saturday, May 20 10:00am – 4:30pm

Adit

Booth 612

Richmond, TX | adit.com
801-380-0841

Designed and engineered specifically for dental practices. Adit is a software solution that integrates VoIP, texts, emails, patient forms, online scheduling, analytics, reviews, payments and more, all in one place!

Airway Management

Booth 502

Dallas, TX | tapintosleep.com
866-264-7667

Airway Management, Inc. is a manufacturer of the TAP Sleep Care system which offers four unique oral device categories that provide snoring and sleep apnea treatment. Our devices are studied in the market, and range from non-custom oral appliances to hybrid custom oral appliances with CPAP masks.

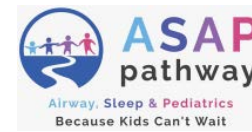
Apex Dental Sleep Lab

Booth 305

La Mesa, CA | apexsleep.com
619-724-6040

Apex Dental Sleep Lab is family owned and operated. We specialize in TMJ orthotics and sleep/snoring devices with over 50 years of experience in the industry. We are a licensed manufacturing partner for Panthera, EMA, TAP, OASYS, Oravan, SomnoMed, Kava and Vivas. Stop by our booth and speak with us!

ASAP Pathway



Booth 209

Oakhill, VA | asapathway.com
703-283-3745

ASAP Pathway is a worldwide network and mentorship program that addresses dental airway management for all ages. We provide online and in-person training programs for the entire dental team. Our mission is to educate dentists on the signs and symptoms of sleep-disordered breathing. It is paramount that we understand medical and dental guidelines, so we can co-diagnose and co-manage this disease with our interdisciplinary team. Sleep-disordered breathing (SDB) encompasses a spectrum of disorders that can start as early as birth and progress into adulthood. Kids can't wait.

BeamReaders

Booth 506

Kennewick, WA | beamreaders.com
206-579-5861

BeamReaders provides dental diagnostic imaging services with comprehensive radiology reports for CBCT and MRI scans. Our team of over 50 oral and maxillofacial radiologists are experts in extracting the maximum clinical value from your scans. BeamReaders' online portal is easy to use and secure. Expand your team with BeamReaders!

BetterNight

Booth 306

San Diego, CA | betternight.com
317-432-7744

BetterNight is a comprehensive, virtual-care sleep solution. Results include lower unit costs, superior adherence, improved patient satisfaction, and higher health outcomes. BetterNight's mission is to have a positive impact on the lives of people living with sleep disorders by simplifying the complex process from diagnosis to treatment.

BQ Ergonomics LLC

Booth 418

Overland Park, KS | Bqe-usa.com
913-217-7088

BQ Ergonomics develops and manufactures ergonomic stools and chairs for the entire office.

Bullseye Media LLC

Booth 419

Dallas, TX | onlinedentalmarketing.com
214-491-6166

Since 2006, Bullseye Media has helped over 350 dental offices grow their practices by attracting more patients and increasing revenue per visit. We leverage our expertise in dental marketing to ensure all facets of your online presence work in unison, maximizing eyes on your site and patients in your chairs.

Convergent Dental

Booth 607

Needham, MA | convergentdental.com
508-954-7550

Solea® is a breakthrough technology that enables virtually every cavity prep to be performed anesthesia-free, delivering a dental experience that patients prefer. Solea also enables soft tissue procedures that are blood-free and suture-free with minimal post-op discomfort and remarkably rapid healing. Perform your best dentistry and watch your practice transform.

Delmore Medical

Booth 510

Sunny Isles, FL | elverskin.com
702-913-8016

We are a high-end, red-light therapy company that provides products for pain relief following dental procedures.

Digital Healthcare Professionals

Booth 614

San Diego, CA | Dhpwebsites.com
858-733-5606

Digital Healthcare Professionals offers custom website development, digital marketing, search engine optimization, reputation management and custom blogs.

Dental Prosthetic Services

Booth 513

Cedar Rapids, IA | dpsdental.com
319-393-1990

Dental Prosthetic Services is an industry leader in equipping dentists to successfully practice dental sleep medicine. We feature 10 FDA-cleared appliances, including the EMA®, O2 OASYS™, Panthera D-SAD™, Somnodent®, and TAP®. We offer patient and practice support, as well as outstanding craftsmanship and service.

Dental Sleep Practice Magazine

Booth 207

Scottsdale, AZ | dentalsleeppractice.com
623-340-4373

Dental Sleep Practice aims to be the leading magazine for dentists and dental professionals dedicated to the treatment of sleep apnea disorders. It features a unique blend of editorial content including clinical techniques, nutrition information, legal information, technology features, new product information, practice management features and office spotlights.

Dental Sleep Profits

Booth 603

Eugene, OR | dentalsleepprofits.com
541-556-6629

Dental Sleep Profits is a "plug & play" program designed exclusively to help sleep dentists accelerate their dental sleep medicine practice without relying on physician referrals.

Dental Sleep Solutions

Booth 514

Bradenton, FL | dentalsleepsolutions.com
941-254-6508

Dental Sleep Solutions was created for dentists, by dentists to make it easier for you to practice dental sleep medicine. We offer education, software, training, and billing all centered on that same mission. Whether you're just learning about dental sleep or delivering 20+ devices a month, we've got you covered.

Doctor Multimedia

Booth 302

La Jolla, CA | doctormultimedia.com
800-679-3309

We are experts in website design and marketing for the medical industry. We provide doctors with internet solutions and marketing techniques that turn the web into an advantage for their practices.

DynaFlex



Booth 406

Lake St. Louis, MO | dynaflex.com
800-489-4020

DynaFlex is one of the largest and most trusted laboratories of dental sleep medicine devices in the United States. DynaFlex offers a complete line of sleep devices, including CAD/CAM Milled Devices. Our high precision 5-axis milling machines create accurate, crystal clear, and durable sleep devices. DynaFlex offers all sleep devices with Accu-Fit lining, including Milled Devices! The Accu-Fit liner will guarantee every device fits the first time, every time! Accu-Fit also gives the ability of being able to refit over new crown and bridge work, saving costly re-makes when patients get dental restorations. DynaFlex is the go-to dental sleep lab. Speak with a member of our team to get started today.

Electromedical Products International

Booth 402

Mineral Wells, TX | alpha-stim.com
940-327-0788

Alpha-Stim® AID is a handheld, prescription medical device that is FDA cleared to treat anxiety, insomnia, and depression. Proven fast, safe and effective by more than 100 clinical trials over 38 years. No lasting side effects, no risk of addiction, and treatments are done at home in just 20 minutes.

EMA Sleep Inc



Booth 307

Spicewood, TX | ema-sleep.com
800-588-7898

Originally founded by Dr. Donald Frantz, EMA® has been used by thousands of dentists since 1993. With over 400 Global Certified Lab Partners, Frantz Design has evolved to EMA-Sleep as it embraces modern technology and materials in the manufacturing of EMA sleep appliances through Milling, SLS Nylon and 3D Printed Resin. In our continued efforts to provide affordable access to care for all patients, EMA-Sleep is also proud to launch the EMA-NOW™ as an immediate and temporary sleep device for the treatment of mild to moderate sleep apnea/OA.

Evolution Medical Devices

Booth 611

Riverview, FL | evolutionmedicaldevices.com
954-812-7446

Our company specializes in high-end medical devices that use LED technology for pain management and therapy. Our products are designed to provide effective solutions for those seeking relief from pain and discomfort post procedures and at home.

General Sleep Corporation



Booth 507

Cleveland, OH | generalsleep.com
216-289-2331

General Sleep is a technology driven company that is dedicated to providing innovative products that enable medical and dental professionals to achieve maximum effectiveness in the diagnosis and management of sleep apnea. Our highly affordable Zmachine Synergy is a 9-channel, Type II, home sleep test that combines our FDA-cleared EEG-based sleep staging technology with a full complement of respiratory sensors and tri-axis body position. Compact, easy-to-use, and multi-night capable, the Zmachine Synergy delivers everything you'd expect in a next generation home sleep testing system. We didn't invent the home sleep test, we just made it better!

Great Lakes Dental Technologies

Booth 205

Tonawanda, NY | greatlakesdentaltech.com
716-319-1232

Great Lakes Dental Technologies is an employee-owned company, with 225 employee-owners who design, develop, manufacture, and market appliances and products for use in the orthodontic, dental, and sleep and airway markets.

HealthyStart by Ortho-tain

Booth 601

Winnetka, IL | thehealthystart.com
800-541-6612 ext: 6

The HealthyStart® System addresses the root causes of sleep-disordered breathing in 9 out of 10 children while straightening teeth without braces in a non-pharmaceutical, non-invasive system. We provide lectures educating on sleep-disordered breathing to identify the outward symptoms and treat the root causes and orthodontic conditions.

Inspire Medical Systems, Inc.

Booth 403

Golden Valley, MN | inspiresleep.com
763-354-4417

Inspire Medical Systems offers an obstructive sleep apnea treatment for those unable to use CPAP. The Inspire system is implanted during an outpatient procedure and uses mild stimulation to keep the airway open during sleep. The therapy has broad commercial and Medicare coverage, with over 600 clinics managing 20,000+patients.

Kettenbach LP

Booth 318

Huntington Beach, CA | Kettenbach-dental.us
877-532-2123

Kettenbach is a leader in developing and manufacturing elite, German made materials. Our Airway Metrics system allows clinicians to accurately identify the target airway position, initial positioning and final titration for any oral sleep device. Other popular products include our impression and resin materials such as Panasil, Visalys and more!

LeBlanc Dental Products, Inc.



Booth 303

Houston, TX | slide2sleep.com
855-754-3311

The Slide is the soft-tissue friendly oral sleep appliance for sleep apnea and snoring. An FDA-cleared device, the Slide places all of the adjustable components over the biting surfaces of the teeth and away from all oral tissue, providing extraordinary comfort by design. No lateral components are what make the difference. No screws, nuts, hooks, dorsal fins, elastics, or multiple splint combinations. The Slide is the latest in oral sleep technology. It was invented by a dentist with sleep apnea who could not find a comfortable fit with existing devices. As a attached bilateral interlocking device, the Slide is Medicare billable under the HCPCS code K1027. It's time for Simply Better Sleep with the Slide.

LeoneAmerica Dental Products, Inc.

Booth 613

Oxnard, CA | leoneamerica.com
805-487-9860

Leone Orthodontics and Implantology of Florence, Italy, established in 1935, is an Italian manufacturer of orthodontic products. LeoneAmerica Dental Products, Inc. was formed and named as Leone's sole distributor for orthodontic and mandibular advancement devices in North America in 2017.

Medical Billing For Dentists

Booth 413

Modesto, CA | medicalbillingfordentists.com
209-380-5486

Medical Billing For Dentists provides your team with unique and successful financial and medical insurance strategies. The Billing Team with 18 years of "A to Pay" medical billing with mentoring for your team from Dr. Marty Lipsey! No software and no headaches--- talk to us to hear the difference.

EXHIBITOR DESCRIPTIONS

MedPro

Booth 203

Katy, TX | medproinfo.org
702-626-2307

MedPro specializes in a new and advanced solution in the medical field.

Myofunctional Research Co

Booth 409

Rancho Cucamonga, CA | myoresearch.com
909-587-4940

For over 30 years, our treatment systems have helped practitioners worldwide to treat orthodontic, TMJ and airway issues, as well as the underlying breathing and myofunctional causes. MRC has been a leader in its field and continues to expand with the ever increasing public demand for sleep and wellness solutions.

Newsom



Booth 608

Paris, France | bluepro.pro
337-724-04409

Newsom manufactures and markets the temporary oral appliance BluePro. BluePro is custom-fitted at the chairside to provide immediate same-day treatment, with proven efficacy and tolerability comparable to custom-made devices over 6 months. Available at www.bluepro.pro

ELITE EXHIBITOR

Nierman Practice Management



Booth 621

Tequesta, FL | niermanpm.com
800-879-6468

Nierman Practice Management (NPM) has been trusted as a medical billing, dental sleep medicine, and TMD partner of dental practices for over 35 years. NPM provides education, systems, and support to remove the common roadblocks holding practices back from achieving dental sleep medicine success. DentalWriter Plus+ Software and Nierman Medical Billing Service provides an easy and efficient workflow for dental sleep medicine documentation, medical billing, and referral correspondence that facilitates stress-free reimbursement and practice growth. With the core values of dedication, innovation, and integrity since 1988, NPM builds long-lasting partnerships with dentists and team members and "gets their ducks in a row".

OASYS Dream Systems



Booth 308

Roseville, CA | dreamsystemsdentallab.com
916-865-4528

Dream Systems is a research and development lab for the O2 OASYS Oral/Nasal Airway System (+10mm) and the Medicare/PDAC compliant OASYS Herbst (+10mm). A study on the O2 OASYS was published in 2018 for its positive results on severe and very severe OSA, addressing the throat, nose and tongue. The O2 OASYS can also be used in combination with Invisalign Therapy, with an Upper Denture, minimal dentition and for nasal breathing issues. The PDAC compliant OASYS Herbst received PDAC verification to include nasal dilators and tongue lifters to the device, as in the O2 OASYS. Dream Systems also fabricates the Standard Herbst, EMA and Kava Dorsal and TMJ and Bruxism Splints, including Dr. Mark Abramson's MyoSplint and Pivotal Splint.

Otto Trading Inc

Booth 610

Las Vegas, NV | unimedmassager.com
562-338-6995

Otto aims to manufacture and distribute health and medical devices in order to make people's lives easier and more comfortable.

ELITE EXHIBITOR

Panthera Dental



Booth 600

Quebec, QC | pantherasleep.com
418-527-0388

Panthera Dental is committed to design and manufacture custom-made dental restorations, sleep-disordered breathing solutions and implantology products using proprietary CAD/CAM processes, smart manufacturing and superior quality materials. Panthera's highly skilled and passionate team is dedicated to provide the highest quality outcomes and to deliver state-of-the-art solutions to dental, medical and sleep professionals who strive to improve patients' quality of life worldwide. The sleep division designs and manufactures cutting-edge customized medical devices for sleep-related breathing disorders such as snoring, obstructive sleep apnea and bruxism. All Panthera Sleep products are produced using proprietary design software, industrial 3D printing processes and medical grade polyamide Type 12, a biocompatible, highly durable and versatile nylon.

Pennsylvania Dental Association

Booth 319

Harrisburg, PA | Padental.org
717-234-5941

The Pennsylvania Dental Association, a constituent of the American Dental Association, was organized in 1868 and exists to promote optimal dental care to the public, uphold the dental profession, serve as a spokesperson and strong advocate of dentists' rights in Pennsylvania and provide opportunities for professional growth and development.

Pro Impressions Marketing



Booth 213

Ten Sleep, WY | proimpressionsgroup.com
970-672-1212

Dentists struggle to attract new patient leads in the quality and quantity they need to grow their practices. Pro Impressions Marketing specializes in dental marketing that generates more ideal patients. Our mission at Pro Impressions Marketing is to help you, a highly specialized and life-changing dentist, become more profitable and help more people. Essentially, we want to help you, help them. We offer a comprehensive digital marketing membership that'll give you an award-winning website, raise your search engine rankings, connect with patients, and raise your profitability through other marketing services. Our team of dental marketing experts is excited about the opportunity to help you grow your practice so you can help more people live happier and healthier lives.

ELITE EXHIBITOR

ProSomnus Sleep Technologies



Booth 501

Pleasanton, CA | ProSomnus.com
844-537-5337

ProSomnus® Sleep Technologies is a manufacturer of precision, patient preferred, oral appliance therapy medical devices for the treatment of OSA. Seventeen studies encompassing over 1,400 unique patient datapoints demonstrate that ProSomnus precision devices provide efficacy on par with CPAP for mild and moderate OSA, excellent nightly adherence, mitigation of many side effects, symptom alleviation and quality of life improvements. To learn more, visit www.ProSomnus.com.

EXHIBITOR DESCRIPTIONS

Rhinomed, Inc.

Booth 504

New York, NY | mutesnoring.com
866-316-0671

Rhinomed is an airway technology company that seeks to radically improve the way you breathe, sleep, maintain your health and take medication. Rhinomed's patented nasal technology leverages the physiology of the nose to optimize our breathing which is essential to restful sleep and to maintaining good health.

Serena Sleep Solutions



Booth 415

Lakeland, MN | SerenaSleep.com
800-654-9842

Are you tired of paying top dollar for well performing sleep appliances? Look no further than Serena Sleep! Our dedication to providing the best combination of comfort, effectiveness, durability, and affordability in our patented Nylon EMA and Elevate models is unmatched. Our commitment to excellent customer service ensures it is very easy for you to do business with us, improving your and your patient's success. Stop by our booth to feel our silky smooth, thin, and flexible appliances, and learn why our appliances increase your patient satisfaction. Don't miss out on the opportunity to sign up for 2 FREE Elevate Trial Cases so you can experience the difference for yourself!

Sleep Apnea Leads

Booth 404

Dallas, TX | sleepapnealeads.com
630-216-7769

We drive real, qualified sleep apnea patients to help you build a thriving dental sleep business without relying on doctor's referrals. Go to sleepapnealeads.com to get a free marketing health analysis delivered to your email.

Sleep Group Solutions

Booth 604

Hollywood, FL | sleepgs.com
954-606-6960

For over ten years Sleep Group Solutions has trained dentists nationwide on how to properly implement a patient friendly dental sleep medicine program in their practices with the Eccovison Pharyngomer and Rhinometer. Pioneers in DSM education, instrumentation and in-office training, SGS offers a comprehensive selection of CE seminars.

Sleep Lab Magazine

Booth 515

Ambler, PA | Sleeplabmagazine.com
215-527-0699

Apple watch giveaway! Sleep Lab Magazine, a bi-monthly multimedia digital magazine for all sleep medicine stakeholders, published by BreakAway Media Group (BMG). Each issue contains the latest insights and trends in diagnostics, therapies, HST, pharmaceuticals, dental sleep medicine, and operations.

Sleep Multimedia, Inc.

Booth 309

Scarsdale, NY | sleepmultimedia.com
914-722-9291

SleepMultimedia 2023 is a comprehensive computerized textbook of sleep medicine with text, audio, graphics, animation, and video. SleepMultimedia contains Medline references and abstracts. Updated annually with 140 CME credits, the program covers adult and pediatric clinical sleep medicine, dental sleep medicine, sleep physiology, polysomnography, sleep research and sleep practice management.

SleepImage



Booth 605

Denver, CO | sleepimage.com
313-575-2280

SleepImage is an FDA cleared system to diagnose sleep apnea and to manage sleep disorders such as insomnia and sleep apnea (obstructive and central). The SleepImage ring has the simplicity of a consumer wearable without the need of any single use consumables and the clinical accuracy of the gold standard polysomnography. The SleepImage system can be used for multi night testing not only to address intra-night variability but also to address sleep disorders as the chronic disease that it is. The SleepImage device has been approved for billing code 95800 through Medicare and most major commercial medical insurance. SleepImage has been featured in over 100 peer reviewed articles and is FDA cleared for both children and adults. For SleepImage clinical data and peer reviewed articles please visit [introduction to SleepImage](https://www.sleepimage.com).

SomnoMed



Booth 312

Plano, TX | somnomed.com
888-447-6673

SomnoMed is a leader in oral appliance therapy, operating in 28 countries and helping over 760,000 patients to date. SomnoMed helps sleep specialists across the world achieve success in providing OAT as an accessible, first-line OSA therapy when indicated. With the right referral pathways, it can be just as easy and seamless to refer patients for OAT as it is to send an order for CPAP to a durable medical equipment company. Through effectively facilitating the physician-dentist collaboration in delivering OAT while keeping patients at the epicenter of this process, SomnoMed helps physicians bring trustworthy, highly skilled OAT dental professionals into the treatment plan and ensures a smooth patient care handoff and collaboration.

ELITE EXHIBITOR

Spencer Study Club

**Spencer
Study Club**



Booth 627

Pleasant View, UT | spencerstudyclub.com
208-861-5687

Spencer Study Club is a private community for dentists who are passionate about helping more people with sleep and TMJ disorders. We provide easy to access online education, mentoring from respected dentists in the field, and unrivaled members-only live events. The online educational material is perfect for staff training, and unique staff focused sessions are often held on everything from how to make appliances in-house (and save a fortune) to how to bring medical billing in-house (and save a fortune). Spencer Study Club is NOT for those seeking "an easy button" or looking for a get rich quick scheme. Stop by our booth in the exhibit hall and ask dentists in the field why they are members.

True Function

Booth 512

LaMesa, CA | truefunction.com
619-466-1872

Many clinicians tolerate bad service ranging from lack of communication, cases arriving late, or devices requiring a lot of adjustments at delivery. We aim to provide you with peace of mind by understanding your needs, offering 5-day turnaround time, and focusing on doing the job right the first time.

VirtuOx, Inc.

Booth 215

Coral Springs, FL | virtuox.net
954-592-0750

VirtuOx, Inc. is a diagnostic testing company, specializing in diagnosing sleep apnea. VirtuOx has specifically designed programs to provide dentists with a seamless pathway to have patients diagnosed with sleep apnea for oral appliance therapy and provide titration testing solutions.

EXHIBITOR DESCRIPTIONS

Vivos Therapeutics

Booth 407

Littleton, CO | vivos.com
405-826-8124

Vivos Therapeutics (NASDAQ: VVOS) is a medical technology company focused on developing and commercializing innovative treatments for patients suffering from sleep-disordered breathing, including obstructive sleep apnea (OSA). Vivos believes that its technology represents a clinically effective non-surgical, non-invasive, non-pharmaceutical and cost-effective solution for people with mild-to-moderate OSA.

Whole You

Booth 508

Brooklyn, NY | wholeyou.com
718-643-7326

At Whole You™, we see every health challenge as an opportunity to improve lives, and we work with leading experts to create innovative medical products by placing people at the center of everything we do.

ZOLL Itamar

Booth 615

Atlanta, GA | Itamar-medical.com
508-400-4487

ZOLL® Itamar® is a leading company in sleep apnea diagnosis and sleep apnea management programs for patients and healthcare professionals. Our mission is to improve access to the millions of undiagnosed sleep apnea patients with diagnostic testing and cardio sleep solutions through our breakthrough WatchPAT® products and services.

SPEAKER INDEX

Ghizlane Aarab, DDS, PhD is a professor at the Department of Orofacial Pain and Dysfunction at the Academic Centre for Dentistry in Amsterdam (ACTA). She teaches at the undergraduate, graduate, and postgraduate levels in dental sleep medicine. In 2011, she defended her thesis "Mandibular Advancement Device Therapy in Obstructive Sleep Apnea". Currently, she supervises 10 PhD projects in dental sleep medicine and collaborates in several international projects in dental sleep medicine. Dr. Aarab currently serves as a member of the AADSM *Journal of Dental Sleep Medicine* editorial board and is a past chair of the AADSM Scientific Committee. She works part-time as a dentist specializing in sleep medicine, orofacial pain/TMD, and restorative dentistry, and as a general dentist at her private dental clinic in The Hague (The Netherlands).

Nancy Addy, DDS is a graduate of the University of Missouri-Kansas City (UMKC) School of Dentistry and a former assistant professor of General Dentistry at UMKC. Dr. Addy delivered her first oral appliance to help relieve a patient's snoring in 1997 and joined the American Academy of Dental Sleep Medicine (AADSM) in 1998. She became a Diplomate of the American Board of Dental Sleep Medicine (ABDSM) in 2006 and has served as president of both the AADSM and ABDSM. Since 2006, Dr. Addy has exclusively practiced dental sleep medicine. She regularly presents lectures on oral appliance therapy both locally and nationally.

Fernanda Almeida, DDS, PhD is an Associate Professor at the Faculty of Dentistry, University of British Columbia, whose research is focused on dental sleep medicine. In recognition of her work in the field of dental sleep medicine, she was the recipient of the AADSM Pierre Robin Award (2011) and the Meier-Ewert Award from the German Dental Sleep Society (2012) for significant, original and sustained contributions evidenced by publications, and academic appointments and other efforts. Dr. Almeida has treated sleep apnea patients for more than 20 years and has authored over 100 published articles.

Luis Daniel Aneyba, DDS is a panelist for the Technological Evaluation of Mandibular Advancement Devices for the Treatment of OSA from Pontificia Universidad Javeriana in Colombia. He collaborated on the development of the "Sleep Disorders Manual" at the National Autonomous University of Mexico, UNAM in 2021. Dr. Aneyba is the Co-Founder of the AMMOS Mexican Association of Oral Sleep Medicine, and winner of the New Stetic Latin America Dental Expert Contest. He holds a certificate in Diversity in Leadership from the American Dental Association (ADA) and lectures internationally.

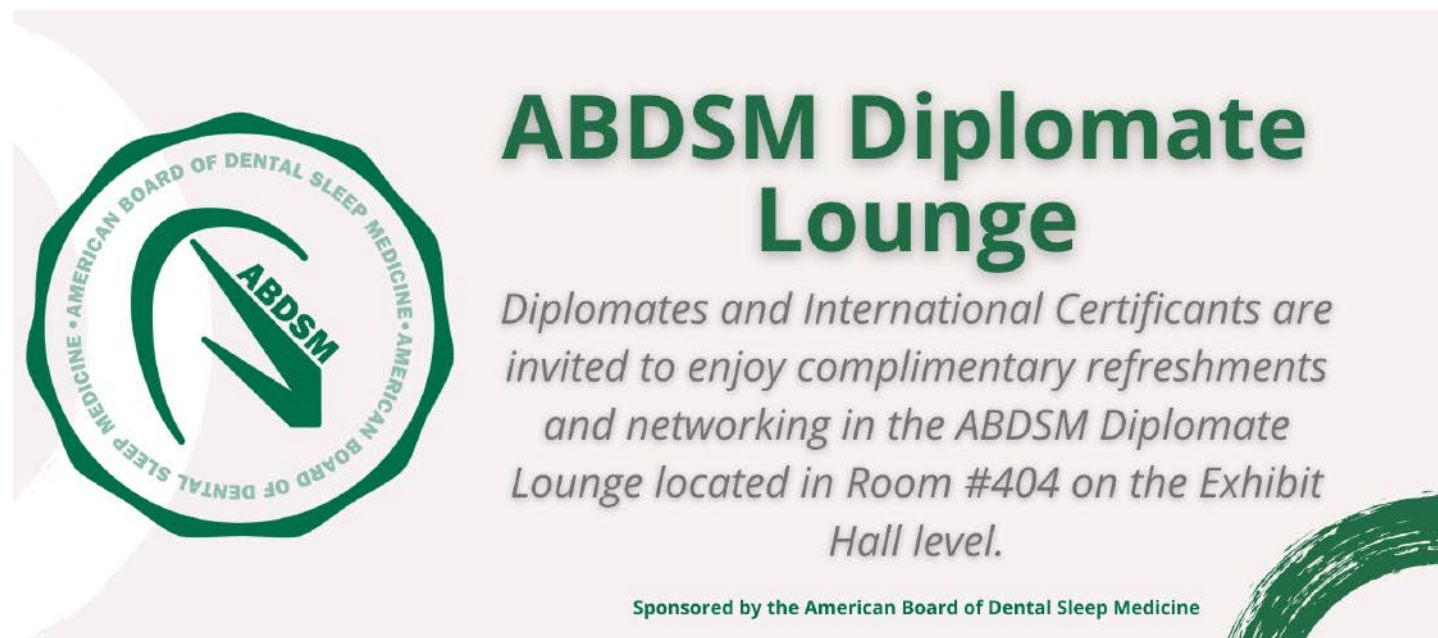
M. Safwan S. Badr, MD, MBA is a professor and chair of internal medicine at Wayne State University School of Medicine and a staff physician at the John D. Dingell VA Medical Center. Dr. Badr has served on multiple national and international medical societies in addition to the board of directors of the American Thoracic Society (ATS) and the American Academy of Sleep Medicine (AASM), including president of the AASM from 2013-2014. Dr. Badr currently serves on the board of directors for the American Board of Internal Medicine (ABIM).

Dr. Badr is an internationally known sleep disorders researcher. He has mentored numerous trainees and junior faculty members who have launched successful academic careers. Dr. Badr is invested in outstanding medical education. He was the founding director of the Wayne State University School of Medicine Sleep Medicine Fellowship program, and he teaches and mentors students in multiple departments across the medical school.

Vicki E. Cohn, DDS concentrates her practice solely on the treatment of sleep apnea and snoring. She is a member of the AADSM, AASM, ADA and MDS. She is a Diplomate of the American Board of Dental Sleep Medicine, chair of the AASM Dental Assembly and on the Editorial Board of the JDSM. She works with the Sleep Disorders Center at Beth Israel Deaconess Medical Center in Boston, MA where she lectures and helps train sleep fellows and international medical students/HMS in oral appliance therapy. She has lectured for both dentists and physicians at other institutions, including Harvard and Yale Medical Schools. Prior to 2016, Dr. Cohn had a 30-year career as a general dentist in Chatham, NY, which included all disciplines of general dentistry along with dental sleep medicine. Since 2016, Dr. Cohn has maintained a private dental sleep medicine practice in Newton, MA.

Scott D. Craig is a graduate of DePaul University's Driehaus College of Business. He has 19 years of experience as an entrepreneur in the medical equipment, service and supply industries. Scott has a proven record in business development, strategic planning and relationship management to develop and grow existing companies or new start-up companies. He is a recipient of the AADSM 2014 Clinical Research Award and member of the AADSM Reimbursement Task Force. Scott has served as CEO of Midwest Dental Sleep Center (MDSC) since 2007. Under his leadership, MDSC has become one of the largest and most respected dental sleep medicine clinics in the country. The center is Joint Commission accredited and has six diplomates of the American Board of Dental Sleep Medicine with five locations serving the Chicago-land area. MDSC is one of a handful of multi-center clinics in the world focused exclusively on providing dental sleep medicine services.

Shelly L. Curran, PhD is a clinical health psychologist licensed in Minnesota and Wisconsin and is also part of PSYPACT. She has a doctorate in clinical psychology from the University of Kentucky and completed the certificate program of the Department of Behavioral Medicine, University of Kentucky College of Medicine. Dr. Curran has over 25 years of experience working in outpatient pain clinics and in private practice helping adults with a variety of health issues. She has lectured and published research in areas including facial/jaw pain, headaches, fatigue, breast cancer, chronic pain, physical and sexual abuse, and relaxation training. Dr. Curran has been a member of the interdisciplinary team at the Minnesota Head & Neck Pain Clinic since 1996 and also has a private psychotherapy practice. She also works as a consultant for Polyvagal Theory training courses through the Polyvagal Institute.



ABDSM Diplomat Lounge

Diplomates and International Certificants are invited to enjoy complimentary refreshments and networking in the ABDSM Diplomat Lounge located in Room #404 on the Exhibit Hall level.

Sponsored by the American Board of Dental Sleep Medicine

SPEAKER INDEX

Danny J. Eckert, PhD is a Mathew Flinders Professor at Flinders University in Adelaide, Australia. He currently serves as director of the Adelaide Institute for Sleep Health where he leads a comprehensive basic sciences and translational research program comprised of over 60 multidisciplinary sleep researchers. His research focuses on identification of the causes of sleep apnea, optimization of existing therapies, and development of new tailored therapies. He is most well-known for his pioneering respiratory endophenotyping work which has led to a new precision medicine therapeutic framework to understand and treat OSA and for his research on novel pharmacotherapy. He has published ~200 articles in the leading sleep/respiratory medicine and other cross-disciplinary/general medical journals. His previous appointments include professor of medicine at UNSW in Sydney and principal research scientist at NeuRA where he retains affiliate appointments. From 2006-2011 was an assistant professor at the Brigham and Women's Hospital, Harvard Medical School in Boston.

James Fricton, DDS, MS is a professor emeritus in the Schools of Dentistry, Medicine, and Public Health at the University of Minnesota and senior researcher with HealthPartners Institute. Dr. Fricton has published and lectured extensively and is the co-author of several books including *TMJ and Orofacial Pain: Diagnosis, Management and Prevention*, *Myofascial Pain and Fibromyalgia*, and *Orofacial Disorders: Current Therapies in Orofacial Pain and Oral Medicine*. His research funding from National Institute of Health includes research and development of the pain prevention program to help providers prevent chronic pain and addiction. He is founder of the Minnesota Head and Neck Pain Clinic and takes great joy in helping patients with simple to complex TMJ, orofacial, head and neck pain conditions and obstructive sleep disorders.

Subha Giri, BDS, MS has over 15 years of clinical experience in collaborating with sleep physicians to provide oral appliance therapy for patients diagnosed with obstructive sleep apnea with concurrent focus in temporomandibular joint disorders and orofacial pain. Currently an assistant professor of dentistry at Mayo Clinic in Rochester, Minnesota, Dr. Giri is providing oral appliance therapy in collaboration with the center for sleep medicine. She completed her clinical fellowship in TMJ and orofacial pain management from the University of Minnesota and a M.S. degree focusing on chronic pain mechanisms. Dr. Giri has authored many chapters in textbook, journal articles, and patents. She is a Diplomate of the ABDSM, faculty member of the AADSM Mastery Program, and chair of the AADSM TMD for the DSM Dentist Course.

Aaron Glick, DDS is on faculty at the University of Texas Health Science Center at Houston School of Dentistry and Sam Houston State University College of Osteopathic Medicine. He is a Diplomate of the ABDSM, faculty member of the AADSM Mastery Program, member of the AADSM Mastery Committee, and holds fellowship credentials with Academy of General Dentistry and International Congress of Oral Implantology. He enjoys all technologies and has a background in software programming for neuroscience research at Brandeis University and Harvard University using 3D modeling, AI, and

fMRI technologies. Dr. Glick has been published in medical and dental journals and lectures nationally on dental sleep medicine and digital/software technologies.

Thomas M. Gotsis, DDS attended Loyola School of Dentistry in Chicago, IL. He completed a 1-year residency in the US Army at Ft. Carson, CO and a 3-year tour in Stuttgart, Germany at EUCOM (Patch Barracks). He moved his family to St. Louis and started in private practice but continued in the Army Reserves until retirement as a 06 in 2008 after AD Tours in Kosovo 2000, Ft. Knox 2003 and at Camp Shelby in 2005. After his Army retirement, he relocated his practice to SSM DePaul Hospital where he began practicing dental sleep medicine and TMD. In 2012, he limited his practice to dental sleep medicine and TMD where he currently practices. He married his high school sweetheart, Laurie, in 1984 and has three grown children Nicholas, Toree, and Trace and three beautiful grandchildren.

Mark Hans, DDS, MSD attended Yale University in New Haven, CT, where he earned his Bachelor of Science degree in chemistry in 1975. Following graduation, Dr. Hans continued on to Case Western Reserve University in Cleveland, Ohio, where he received his Doctorate of Dental Surgery in 1979 and his Master of Science in dentistry and orthodontics in 1981. During his education, Dr. Hans was honored several times, winning the Harry Sicher Award for Best Research by an Orthodontic Student and was granted a Presidential Teaching Fellowship. As one of the youngest doctors ever certified by the American Board of Orthodontics in 1989, Dr. Hans continues to maintain his board certification and was one of only a handful of doctors who volunteered to be re-examined by the board again in 2003. Dr. Hans currently teaches in the Seminar Approach to General Education (SAGEs) program at Case Western Reserve in a course entitled "Face First", a study of the human face in society. He has also been named as one of Cleveland's Top Dentists by Northern Ohio Live.

Gary Heir, DMD is a past-president and a Diplomate of the American Board of Orofacial Pain and past president and a Fellow of the American Academy of Orofacial. He was recently named the Carmel Chair in Algesiology at the Rutgers School of Dental Medicine. Dr. Heir is a professor, program and clinical director of the Center for Temporomandibular Disorders and Orofacial Pain of Rutgers University School of Dental Medicine and Director of the Post Graduate Advanced Education and Masters Programs. Dr. Heir served on the Commission on Dental Accreditation (CODA) and continues to serve as an orofacial pain site inspector. He is a member of the Advanced Dental Education of the ADA Council on Dental Education and Licensure (CDEL) and the section editor of the Orofacial Pain Neuroscience Section of *The Journal of The American Dental Association*.

Paula J. Jacobs, RN attended Michigan State University and received her R.N. degree from Butterworth Hospital School of Nursing in Grand Rapids, Michigan. Her nursing career includes experience in the surgical ICU, ER, home health, and as an instructor in clinical pharmacology. She

and her husband, Dr. Paul Jacobs have operated U.P. Sleep Dentistry in Escanaba, Michigan since 1983. Paula has been involved in patient education and dental practice management for over 20 years. She is a co-founder and past president of the Board of the Care Free Dental Clinic, Inc. She has served as the president of the OSF St. Francis Hospital Foundation Board and is a 2014 recipient of the Athena Award.

Erica Johannes, DDS graduated from the University of Wisconsin-Madison and received her Doctor of Dental Surgery from Marquette University School of Dentistry. She practiced in Wisconsin before needing to escape winter and moved to Columbia, South Carolina. After seven years of practicing general dentistry, she "accidentally" found herself at a dental sleep medicine course in 2013 and discovered that just about everyone in her family had sleep apnea, including her children. That course changed her life, both personally and professionally. She fell in love with sleep apnea, dove in headfirst, and in 2018 limited her practice to the treatment of sleep-disordered breathing and temporomandibular joint disorders. Dr. Johannes owns a private practice, Dental Sleep Doc, in West Columbia, South Carolina and is also the author of *Sleep is Sacred*.

Emily Kahnert, DPT, CCTT is a physical therapist in the TMD, Orofacial Pain and Dental Sleep Medicine Clinic at the University of MN School of Dentistry. She completed her Doctor of Physical Therapy (DPT) at the University of Minnesota, where her interest in treating performing artists led her to pursue specialty work with temporomandibular joint disorders (TMD). She has practiced exclusively with TMD and orofacial pain populations in multidisciplinary settings for seventeen years. She earned her Certified Cervical and Temporomandibular Therapist (CCTT) designation through the Physical Therapy Board of Craniofacial and Cervical Therapeutics (PTBCCT) in 2019 and is currently a PhD candidate at the University of MN studying telerehabilitation for individuals with TMD. Her research interests also include TMJ biomechanics and diagnostic classification. When not studying, working, or spending time with her family, she enjoys speaking about her practice area, teaching physical therapy and dental students, and playing her cello.

Emilee Kemper served as a business assistant for 10 years. Her enthusiasm for helping people in a dental office honed her communication skills and made her quickly learn that patients respond to someone who cares enough to listen. Now, as a sleep patient coordinator in a multi-dental practice, Ms. Kemper is able to apply her personal experiences with sleep disorders to patients' success with oral appliance therapy. Like many patients, she struggled with CPAP before trying an oral appliance. Her patient relationships begin at first phone contact and continue through long-term follow-up, acting as reimbursement advocate, educator, and trusted guide to better sleep.

David Kent, MD is an assistant professor and director of sleep surgery in the Department of Otolaryngology-Head and Neck Surgery at Vanderbilt University Medical Center. His primary academic interests

lie in the neurophysiology of the upper airway, with a focus on mechanisms for control of breathing in obstructive sleep apnea (OSA) and their application towards novel OSA treatments.

Gilles Lavigne, DMD, PhD, FRCD is a (oral med) professor, faculty of dental medicine at the Université de Montréal in Montréal, Canada. Dr. Lavigne is internationally recognized for his research on sleep bruxism, sleep apnea and pain and sleep interactions. He has served as the vice-dean for research and dean (faculty of dental medicine at the Université de Montréal), president of the Canadian Sleep Society and Canadian Pain Society, and holds a Canada Research Chair in Pain, Sleep & Trauma. He received an honoris causa (University of Zurich, Switzerland) and Order of Canada, has authored over 270 papers, and co-edited four books.

Jennifer Martin, PhD is a clinical psychologist and professor of medicine at the David Geffen School of Medicine at UCLA and an expert in sleep disorders and sleep health. She also serves as the associate director for clinical and health services research and the VA Greater Los Angeles Healthcare System Geriatric Research, Education and Clinical Center. Dr. Martin's scientific research program focuses on improving sleep as a key component of maintaining and improving physical and mental health. Her work has included studies of novel approaches to treating insomnia disorder, and in understanding how improved sleep leads to health benefits. She has over 200 scientific publications, and currently serves as the president of the American Academy of Sleep Medicine.

Jean-Francois Masse, DMD graduated from Université Laval in 1990. After completing a general practice residency, he received two Master's degrees: one in dental science and the other in epidemiology on the topic of sleep apnea. Besides working in a general practice, he is on staff at the Institut universitaire de cardiologie et de pneumologie de Québec, in one of the main sleep centers in Canada. He also teaches sleep appliance therapy at Université Laval's School of Dentistry. He has served on the board of directors of the American Board of Dental Sleep Medicine and is currently the editor in chief of the *Journal of Dental Sleep Medicine*. In 2022, Dr. Masse received the AADSM Distinguished Service Award for his contributions to the academy.

Joseph Matthews, DDS, MSc is an orofacial pain specialist focusing on diagnosis and treatment of chronic pain and sleep. Dr. Matthews graduated with a DDS from UMKC in 1983 then served in the Navy Dental Corps and private practice until 2013. He completed a residency in orofacial pain from UCLA in 2013 prior to limiting his practice to orofacial pain and sleep. He has presented on pain, sleep, and appraisal of research literature in several post-doctoral residencies. Dr. Matthews also completed an MSc degree in evidence-based health care from Oxford University. He is a Diplomate of the Board of Orofacial Pain, a Fellow of the American Academy of Orofacial Pain, and a member of the American Association of Oral and Maxillofacial Radiology. Dr. Matthews served on the board of directors for The Academy of Integrative Pain Management and is a former consultant to the ADA council on scientific affairs.

SPEAKER INDEX

Sylvan Mintz, DDS, MSD received his BA and DDS from UMBCDS 1967, MS degree in pediatric dentistry from BUSGD in 1971 with a certificate in anesthesia and was awarded certificates in TMD and orofacial pain from Rutgers 1991. He is board-certified by both American Board of Orofacial Pain and ABDSM. Dr. Mintz has served as active staff for 40 years at Children’s Hospital in DC and previous chief of dentistry at PG Hospital. He is currently a consultant to the Orofacial Pain and Sleep Medicine departments at Walter Reed, UM Dental School Orofacial Pain Clinic and GWU Clinical Assistant Professor in pediatrics. Dr. Mintz has published a clinical study on managing sleep apnea in adults with oral devices as well as an article on TMD in children. He has begun a pilot study on oral devices for children with OSA.

Phillip W. Neal II, DMD is a clinician, educator, and leader with 34 years of federal service, including 17 years as a dentist. He leads the Army initiative to enhance dental sleep medicine (DSM) support, co-authored the DOD/ VA clinical practice guideline for OSA and insomnia for service members and Veterans, wrote the Army DSM Policy and created the Army DSM Short Course that has educated over 1,000 providers to manage sleep-disordered breathing. He has lectured at the local, national, and international level, has deployed to four overseas combat operations and provided care during humanitarian service missions on four continents. He earned his DMD from the Medical College of Georgia and completed a two-year post-doctoral residency at Fort Hood, TX. When he transitions from military service, Dr. Neal will focus on improving DSM care available to Veterans and improving the training and mentorship available to providers delivering and improving DSM support.

Paul Nguyen, MD, MS is a board-certified cardiologist. He completed his cardiology fellowship at the University of Missouri – Kansas City. He attended the prestigious Mid-America Heart Institution in Kansas City and received his fellowship in cardiac electrophysiology. Dr. Nguyen’s passion for human service is highlighted by his compassion for patient care, belief in Women’s Health, commitment to clinical research in the areas of “Health Status Outcomes” and relentless support of medical and clinical education. In 2008, Dr. Nguyen founded Elite Cardiology where he currently practices cardiovascular medicine. He is on staff at Northwestern Medicine Kishwaukee Hospital where he brings technology, innovation, and research to optimize patient care. In 2012, Dr. Nguyen founded Sudden Cardiac-death Awareness Research Foundation (S.C.A.R.F.), a non-profit organization in response to an overwhelming need for public education and awareness of sudden cardiac arrest/death. Dr. Nguyen also serves as the director of innovation for a leading telehealth firm.

Rubina Nguyen, DDS attended dental school at University of Illinois at Chicago. Her training also included a postgraduate residency (GPR) at UIC and University of Chicago. In 2012, Dr. Nguyen co-founded S.C.A.R.F. (Sudden Cardiac-death Awareness Research Foundation) to raise awareness about sudden cardiac death that claims the lives of

more people than most cancers combined. The mission of S.C.A.R.F. is to raise public awareness about sudden cardiac death, educate healthcare providers, support cardiovascular research, and to educate the next generation of students. She’s currently serving as the director of Mentorship and Career Guidance Program. Each summer, Dr. Nguyen brings in over 40 students to intern under her guidance. In 2015, Dr. Rubina founded Suburban Dental Sleep Medicine in Elgin, IL to provide FDA-approved treatment for obstructive sleep apnea. Dr. Nguyen is board-certified in dental sleep medicine through the ABDSM, a member of AADSM Education Committee, and chair of the AADSM Intro to Oral Appliances for Sleep Apnea Course.

Megan A. Nye, EFDA has been in the dental sleep medicine field since 2010. Megan holds an EFDA license and managed a dual private practice which focused on prosthodontics and dental sleep medicine. Megan now serves as the dental sleep supervisor for the dental sleep medicine team within the pulmonary and sleep practices at Wellspan Health. Megan serves on AADSM DSM Team Member Education Task Force and assisted with the development of the AADSM DSM Team Member Training Program. She finds this field very rewarding in assisting patients achieve better sleep and improving their overall health.

Allan I. Pack, MBChB, PhD is the John Miclot Professor of Medicine at the University of Pennsylvania. He graduated from medical school in Glasgow and worked at the Royal Infirmary in Glasgow before relocating to the USA in 1976. Dr. Pack was the founding director of the center for sleep and circadian neurobiology and the division of sleep medicine at the University of Pennsylvania. Dr. Pack’s current area of focus is on functional genomic approaches to sleep and its disorders. He uses mouse models in his work and translates findings to humans. A major component of his research relates to the pathogenesis and consequences of the common disorder, obstructive sleep apnea, and to the effects of sleep loss. He is engaged in genetic studies and has established international consortia. Dr. Pack is also majorly committed to research training.

Jonathan A. Parker, DDS is a graduate of the University of Minnesota School of Dentistry. He has been caring for patients with snoring and sleep apnea for over 30 years. He is also a co-founder of the Sleep Performance Institute. He is a Diplomate of the American Board of Dental Sleep Medicine (ABDSM) and the American Board of Orofacial Pain (ABOP) and a past president of the ABDSM. Dr. Parker is an adjunct clinical professor at Tufts University School of Dental Medicine. He lectures internationally on the dentist’s role in treating snoring and OSA. He is also well-known for developing innovative techniques and protocols to improve patient care and treatment outcomes in dental sleep medicine.

Imran Patel, DMD is a clinical assistant professor of medicine at the University of Arizona. He is a graduate of A.T. Still University - Arizona School of Dentistry & Oral Health. Dr. Patel completed a two-year residency in orofacial pain at New York University. He is a Diplomate of the American Board of Dental Sleep Medicine, a clinical editor of

the *Journal of Dental Sleep Medicine*, member of the AADSM Annual Meeting Committee, and vice-chair of the AADSM TMD for the DSM Dentist Course. Dr. Patel’s research interest is in sleep and pain. His research is funded by the National Institute of Health. He has given numerous presentations locally and nationally in the areas of orofacial pain and dental sleep medicine.

Salma I. Patel, MD, MPH, FACP is an assistant professor of medicine at the University of Arizona. She is a board-certified sleep medicine physician. Dr. Patel received her Doctor of Medicine degree from the University of Arizona. She completed an internal medicine residency and sleep medicine fellowship at the Mayo Clinic. Dr. Patel serves as the associate program director for the sleep medicine fellowship and core faculty for the internal medicine residency program at the University of Arizona. Dr. Patel writes board examination questions for the American Board of Internal Medicine for sleep medicine physician exams. Most of Dr. Patel’s contributions to science are in the area of sleep medicine, cardiology, and vascular medicine. Her work is supported by grants from the AASM, NIH, DOD, and the University of Arizona. She gives numerous local and national presentations and has multiple publications in her area of expertise.

Gina Pepitone-Mattiello, RDH is a registered dental hygienist (RDH) practicing with Long Island Dental Sleep Medicine. A pioneer in dental sleep medicine since 2011, Gina works with her patients to identify risk factors, signs, and symptoms of airway disorders and obstructive sleep apnea (OSA). She enjoys helping her patients understand their disorder and finding compassionate solutions for better health. Gina first entered sleep medicine when her husband, a former New York City firefighter and 9/11 responder, was diagnosed with OSA and she learned about oral appliance therapy (OAT) as a treatment option. “My WHY is my family... I credit OAT for saving my husband’s life and our marriage!” She supports the World Trade Center Health Program by educating and treating first responders who suffer with airway disorders. Gina also assisted with the development of the AADSM DSM Team Member Training Program.

Andres Pinto, DMD is a professor and chair of the Department of Oral and Maxillofacial Medicine and Associate Dean for Graduate Studies at Case Western Reserve University. He is board-certified in Oral Medicine and Orofacial Pain and holds appointments as a professor of medicine and otolaryngology at the school of medicine. Dr. Pinto has 24 years of experience in clinical practice and business management. He received his dental degree and specialist training in oral medicine at the University of Pennsylvania Health System, training in orofacial pain at the University of Kentucky, a certificate in clinical research, MPH and an MS in clinical epidemiology from the Pearlman School of Medicine (UPenn), and an MBA in healthcare administration from the Weatherhead School of Management and the Cleveland Clinic. He leads an active clinical service in oral medicine, dental sleep medicine, and orofacial pain at several health systems in northeast Ohio.

Kevin F. Postol, DDS received his dental degree from the University of Missouri-Kansas City and attended the University of Iowa for a GPR. He has practiced general dentistry since 1992. In 2007 he entered the field of dental sleep medicine and later became a Diplomate of the ABDSM in 2011. He is past chairman of the AADSM Essentials of Dental Sleep Medicine Course. Currently, he serves as the president-elect of the AADSM. Dr. Postol maintains a combination of a general dental practice and dental sleep medicine practice simultaneously in St. Louis, MO.

Ronald S. Prehn, DDS is a third-generation dentist who focuses his practice on complex medical management of sleep-disordered breathing. He received his degree at Marquette School of Dentistry in 1981 and post graduate education at the Parker Mahan Facial Pain Center at the University of Florida and the LD Pankey Institute in the years to follow. He is a Diplomate and past president of the American Board of Dental Sleep Medicine. While he was an adjunct professor at the University of Texas Dental School in Houston, he published in several journals on the subject of combination therapy for the treatment of obstructive sleep apnea. He is currently involved in research and practices in Austin, TX, while enjoying the hill country of Texas with this wife.

David M. Rapoport, MD is professor of pulmonary, critical care and sleep medicine and director of sleep research at the Icahn School of Medicine at Mount Sinai, NY. He established the sleep medicine programs at Sinai and NYU between 1980-2015. His research interest is control of breathing and the upper airway, and the epidemiology, causes, consequences and treatments of OSA. A “gadgeteer” by nature he holds 40 US patents for modifications of CPAP, the main treatment for OSA. He was the NY principal investigator of the sleep heart health study (cardiovascular epidemiology); the CATNAP study (CPAP benefit in mild/moderate OSA), and participates in PRIDE (NIH-sponsored program to mentor early career minority faculty). He has led industry-sponsored studies of OSA and is the founder/president of the non-profit Foundation for Research in Sleep Disorders. He has trained many clinical and research fellows in sleep medicine and has more than 140 peer-reviewed publications.

Judie Roan is a provider relations senior analyst with CGS Jurisdiction C. Prior to joining CGS, Judie was an outreach specialist with the Jurisdiction A DME MAC and an ombudsman and business analyst with the Region A DMERC. Judie brings over twenty years of Medicare experience to her current position. Her primary focus is providing the highest quality education and sharing her in-depth knowledge of Medicare policies. She strives to help the supplier community utilize all of the valuable resources available for the DMEPOS industry, guiding them to submit claims correctly and successfully pass audits.

James Rowley, MD received his medical degree from the New York University School of Medicine. He completed his residency in internal medicine at the University of Chicago Hospital and a fellowship in pulmonary/critical care medicine at the Johns Hopkins Medical

Institutions, where he developed his interest in sleep medicine. Dr. Rowley is presently professor of medicine at Wayne State University School of Medicine and medical director of the Detroit Receiving Hospital Sleep Disorders Center. Dr. Rowley has long been active in professional societies serving the sleep community. He is presently president-elect of the American Academy of Sleep Medicine, having served on many committees for the Academy including the Education, Standards of Practice, and Accreditation Committee. He has also served on the board of directors of the American Thoracic Society and as a member of the writing committee for the sleep certification examination for the American Board of Internal Medicine.

Jessica Sabo, DDS is a graduate of the Loma Linda University School of Dentistry, and a Diplomate of the American Board of Dental Sleep Medicine. She has owned and operated a solo dental practice in Southern California for 20 years, integrating general dental, TMD and dental sleep medicine into her daily operations. When Dr. Sabo is not taking care of her community's dental needs, she is chasing her two awesome teenagers on bikes, skis, and boards.

Anupamjeet Sekhon, MD is a sleep medicine physician with Kaiser Permanente Fontana. She completed her sleep medicine fellowship at Case Western Reserve University/University Hospitals, Cleveland, Ohio. She is passionate about sleep medicine and helping people get a better

night's sleep. Dr. Sekhon specializes in a comprehensive spectrum of sleep disorders including sleep apnea, insomnia, narcolepsy and other conditions that cause excessive sleepiness. Sleep well and thrive is her motto.

Jerald Simmons, MD is the founding-director of The Sleep-Education-Consortium (SEC) and Comprehensive-Sleep-Medicine-Associates, PA (CSMA). He is triple board-certified in neurology, epilepsy and sleep medicine, graduating from Ohio State University, trained in neurology at Washington University, sleep medicine at Stanford University and epilepsy at the University of California. He was an assistant professor of neurology at UCLA, co-directing the UCLA Sleep Disorders Center. He moved to Houston in 1999 to establish his sleep disorders practices, continuing to conduct research and developing methods to enhance the assessment and treatment of patients. Working extensively with dentists over the past 30 years exploring and educated on the relationship between sleep bruxism and sleep-disordered breathing.

Omar F. Suarez, DMD, MA is the director of the orofacial pain service at NYU Langone Medical Center in Brooklyn, New York. He completed a two-year fellowship in temporomandibular disorders and orofacial pain at UMDNJ. Dr. Suarez is board-certified with the American Academy of Orofacial Pain, was awarded the distinction of Master in the American Academy of General Dentistry, and holds a Master's degree in dental education instruction and curriculum at the University of the Pacific.

Throughout his career he has served as a clinician, teacher, and director of a two-year CODA-approved orofacial pain residency program. Additionally, he serves as a guest speaker at various national and international meeting mainly in the content area of temporomandibular and orofacial pain disorders. He has held faculty positions at New York University College of Dentistry and director of orofacial pain clinic at Hospital for Joint Diseases-orthopedic Institute - New York, NY.

Briana Turlington, CDA is a certified dental assistant turned dental administrator turned dental sleep medicine maven. She has worked in the dental field her entire career and loves every minute of it. New people, new procedures and new factions of dental wellness are what keeps her engaged and excited about the field. She sees dental sleep medicine as the next frontier of dental advancement and can't wait to see what comes next. Briana serves as the chair of the AADSM DSM Team Member Education Task Force.

Olivier M. Vanderveken, MD, PhD is an ENT, head and neck surgeon at the Antwerp University Hospital in Belgium where he is appointed as the chair of the department. He is a professor at the Faculty of Medicine of University of Antwerp. Dr. Vanderveken's main research projects focus on pathophysiological assessment of upper airway collapse including

endo/phenotyping, drug-induced sleep endoscopy, treatment of obstructive sleep apnea with mandibular advancement devices and upper airway surgery including hypoglossal nerve stimulation and transoral robotic surgery. Dr. Vanderveken is the founding president of iBEDSSMA, the interdisciplinary Belgian Dental and Surgical Sleep Medicine Academy. He is the deputy editor for the *AADSM Journal of Dental Sleep Medicine* and holds a Senior Clinical Investigator Fellowship at the Research Foundation Flanders (FWO) in Belgium supporting him to pursue a full-fledged career in translational research.

Karen Wuertz, DDS has made it her mission to be on the cutting edge of dentistry and all the newest options available. With over 30 years of private practice clinical experience, she is passionate when sharing her knowledge in the fields of dental sleep medicine, oral restrictions, orofacial myofunctional therapy, and laser therapy. She is an associate professor and group practice director at the UTH Health Houston, School of Dentistry, and serves as a member of the AADSM Academic Council Steering Committee and AADSM Mastery Program Committee. She is a Diplomate of the American Board of Dental Sleep Medicine, American Board of Craniofacial Dental Sleep Medicine, American Board of Laser Surgery and fellowship in craniofacial pain/TMD in the American Academy of Craniofacial Pain.

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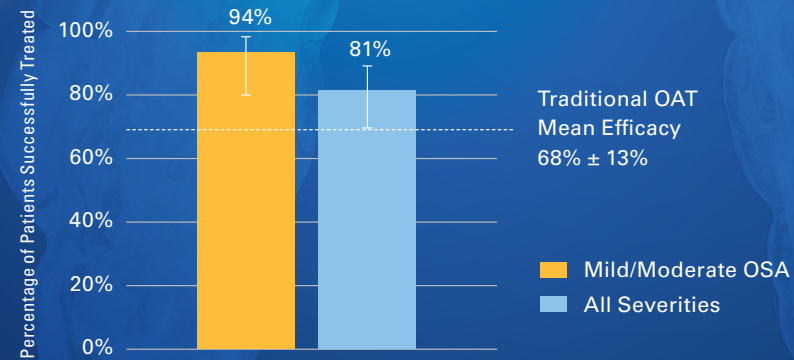
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¹Mosca E; Remmers J; et al. In-home mandibular repositioning during sleep using MATRx plus predicts outcome and efficacious positioning for oral appliance treatment of obstructive sleep apnea. *Journal of Clinical Sleep Medicine*. Vol. 18, No. 3, March 2022.
²Sall E. Precision Oral Appliance Therapy: The Prime - Time Treatment for OSA. *World Sleep Congress*. Rome, Italy. Poster Abstract #289. March 2022.
³Smith K; et al. Efficacy of a Novel Precision Iterative Device and Material. *World Sleep Congress*. Rome, Italy. Poster Abstract #081. March 2022.
⁴Murphy M; et al. Device Design's Impact on Dose in Oral Appliance Therapy. *Journal of Dental Sleep Medicine*. Vol. 8, No. 3 2021. Abstract #004.

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Mar 28, 2023	Processed	1 - Pre-authorization Paid to Provider	Courtney Jupiter	Sleep
Mar 28, 2023	In Process at Insurer	2 - Submitted to Insurer	Rose Nierman	Sleep
Mar 28, 2023	Processed	3 - Pre-authorization Paid to Patient	Pauly Plus	Sleep
Mar 28, 2023	Processed	4 - Pre-authorization Attached	Courtney Appleton	Sleep
Mar 28, 2023	On Hold	1 Pending: Add Info From Provider	Mark Abramson	Sleep
Mar 28, 2023	In Process at Insurer	2 Submitted to Insurer	Michael Smith	Sleep
Mar 28, 2023	Processed	3 Pre-authorization Paid to Provider	Michael Jordan	Sleep
Mar 28, 2023	Processed	4 Pre-authorization Attached	Han Soki	TMD
Mar 28, 2023	Processed	5 Pre-authorization Paid to Patient	Lisa Smith	Oral Surgery
Mar 28, 2023	Processed	6 Pre-authorization Attached	Rob Tard	Sleep
Mar 28, 2023	Processed	7 Pre-authorization Attached	Rose Nierman	Sleep

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Instant access education in Dental Sleep Medicine and TMD that is practical, professional, and principle based for dentists that are looking to care for their patients at the highest standard of care and ethics.

Over 50 hours of "learn it today, use it tomorrow" principles and techniques, with the ability to review them as often as desired and to use for team training. It's like having constant access to a week long course from Jamison Spencer, plus all the tools to use in your practice so you can finally implement Dental Sleep and TMD with confidence!

Spencer Study Club

LEVEL 1



Master the basics so you can stop being distracted by every "new" shiny piece of diagnostic equipment, therapeutic device, or the latest "system."

LEVEL 2



Grow your confidence by understanding patient flow from beginning to end, & your role as part of the medical diagnosis and management team.

LEVEL 3



Finally "get it" when it comes to those "crazy TMJ patients." Believe it or not, it's not that tough once you understand and master the basics.

LEVEL 4



Now that you've built your strong foundation, it's time to let the world know! That's what Level 4 is all about.

LEVEL 5



Your role in helping the sleep patient extends beyond keeping the airway open. Help your patients at a higher level by diving deeper.

Stop by the Registration Counter

Shop AADSM Products

Enjoy 23% off AADSM products for the duration of the annual meeting! Explore promotional and informational materials and let the AADSM team help you place your order on-site.




Pick Up Designation Ribbons

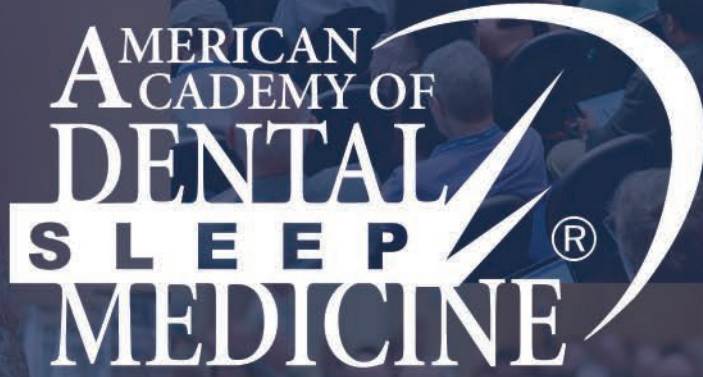
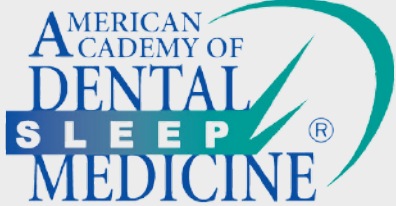
Grab your ribbons and wear your designations with pride! The AADSM provides identifying ribbons for the following designations: First-time attendee, committee member, board member, qualified dentist, diplomate.

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Get the most out of your listing in the Find-an-AADSM-Dentist directory. Add your photo and the 'Request Information' button to enhance your listing and ensure patients and referral sources can find you through our directory.



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2024 AADSM Annual Meeting

May 17–19, 2024

May 16, 2024 • *Add-On Course*

New Orleans, Louisiana