

# 2020 ADVANCED DENTAL SLEEP MEDICINE COURSE FACULTY



## **Course Chair**

**Don Farquhar, DDS**, obtained his dental degree from the University of Western Ontario. He recently limited his practice in Midland, Ontario to treatment of snoring and obstructive sleep apnea. A member of the American Academy of Dental Sleep Medicine since 2005 and a Diplomate of the American Board of Dental Sleep Medicine, he has chaired the AADSM's Essentials of Dental Sleep Medicine and Board Review courses and has lectured at the Practical Demonstration, and Advanced Dental Sleep Medicine courses. He is currently on the Board of Directors of the American Board of Dental Sleep Medicine.



## **Vice Chair**

**Tanya Al-Talib, DDS**, earned her doctorate of dental surgery from Louisiana State University School of Dentistry, and her certificate in orthodontics from the University of North Carolina-Chapel Hill, School of Dentistry. She is the assistant professor-in-residence in orthodontics, at UNLV School of Dental Medicine and her primary teaching responsibilities include introducing orthodontic clinical experiences to pre-doctoral students, orthodontic training, and instructing orthodontic and pediatric dentistry residents. Dr. Al-Talib's research focus is on sleep disordered breathing among children and adults, and she has several projects dedicated to identifying the risk factors or signs of sleep disordered breathing. She also has an ongoing research project studying 3-D analyses of the airway, and aims to raise awareness about sleep disordered breathing problems. In addition to her teaching role, Dr. Al-Talib treats orthodontics patients in private practice.



**Shouresh Charkhandeh, DDS**, is a graduate of the University of Alberta, Canada. He also earned fellowships from International Association of Physiologic Aesthetics & Las Vegas Institute for Advanced Dental Studies. He then furthered his education and training by completing a Research Fellowship in the area of "Sleep and Dental Sleep Medicine" at the University of Antwerp Hospital (UZA), in Antwerp, Belgium, where he is also currently enrolled in a PhD program. Dr. Charkhandeh is a general dentist who maintains a group of private practices in Edmonton and Calgary with an interest in Dental Sleep Medicine and TMD Management. He is actively involved in clinical research in Dental Sleep Medicine and his research focuses on developing new technologies to improve treatment outcome predictability and patient selection in Oral Appliance Therapy for patients with OSA and improving clinical workflow efficiencies, utilizing different digital technologies. He is the founder and director of Alberta Dental Sleep Medicine Study Club and the Clinical Director at The Snore Centre in Canada. He current serves as the Chief Dental Officer at Zephyr Sleep Technologies.



**Subha Giri, DDS, MS**, has over twelve years of clinical experience in collaborating with Sleep Physicians to provide Oral Appliance Therapy for patients diagnosed with Obstructive Sleep Apnea with concurrent focus in Temporomandibular joint disorders and Orofacial pain. Currently at Mayo Clinic, in the Department of Dental Specialties, Dr. Giri is providing Oral Appliance therapy, in collaboration with the Center for Sleep Medicine. Dr. Giri's practice philosophy is driven by a keen interest in individualized care plans, tailored to fit each of the patient's needs ranging from the simple to the complex with particular interest in reducing risks associated with concurrent presence of Temporomandibular joint disorders for patients seeking Oral Appliance therapy. Dr. Giri completed her clinical fellowship in TMJ and Orofacial Pain Management from the School of Dentistry at the University of Minnesota and a M.S. degree focusing on chronic pain mechanisms. She has been a participant dentist with the National Dental Practice Based Research Network and has authored chapters in textbook, journal articles, and patents.

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**Jonathan Lown, MD**, is board certified in internal medicine, sleep medicine and lipidology, and is the Clinical Director at Delta Sleep Center of Long Island. Selected as a member of the national medical honor society, Alpha Omega Alpha in 1992, Dr. Lown graduated medical school, Magna Cum Laude in 1995. From 1995 through 1998 he completed his residency and internship at Columbia Presbyterian Medical Center. In addition to private practice and frequent lecturing, Dr. Lown currently serves as Clinical Assistant Professor of Medicine for Stonybrook University's Medical School. He holds two Diplomate statuses with the American Board of Internal Medicine in Sleep Medicine as well as Internal Medicine.



**Rose Sheats, DMD, MPH**, is a board-certified orthodontist with a Masters in Public Health. She retired in 2013 from her full-time academic position as the Graduate Orthodontic Program Director at the University of North Carolina. She has just concluded several terms as a member of the AADSM Board of Directors and continues to promote the practice of dental sleep medicine through leadership positions and educational activities at the AADSM. Dr. Sheats is a passionate advocate for the practice of evidence-based DSM and is an Associate Editor of the Journal of Dental Sleep Medicine.



**LTC Scott Williams, MD**, is the Director for Medicine at the Fort Belvoir Community Hospital, Virginia. He is an associate professor of medicine and psychiatry at the Uniformed Services University of the Health Sciences (USUHS). Dr. Williams is active in his professional societies, currently serving as the physician representative to the Sleep Research Society patient advocacy task force. Previous committees include the American Academy of Sleep Medicine (AASM) Education Committee and the AASM Sleep Technologist and Respiratory Therapist Education Committee. He is co-chair of the gold standard panel for the Inter-Scorer Reliability program and serves on the Board of Directors of the American Alliance for Healthy Sleep.

Dr. Williams has published over 20 peer-reviewed manuscripts, 5 books chapters, and 19 abstracts. He has served on the U.S. Army Performance Triad working group and is currently a member of both the VA/DoD sleep disorders clinical practice guideline working group and the Military Health System sleep improvement work group.

He is a Fellow of the AASM and the American College of Physicians, and is a Distinguished Fellow of the American Psychiatric Association.