



Faculty Bios and COI Disclosures



Nancy Addy, DDS, D. ABDSM, FACD exclusively practices dental sleep medicine. She delivered her first oral appliance to help relieve a patient's snoring in 1995 and joined the American Academy of Dental Sleep Medicine (AADSM) in 1998. She became a Diplomate of the American Board of Dental Sleep Medicine (ABDSM) in 2006. She served as the ABDSM president from 2014 through 2016 and the AADSM president from 2018 through 2020. Dr. Addy regularly presents lectures on oral appliance therapy both locally and nationally and currently serves on the Peer Review Board of the Kansas Dental Association. She is a graduate of the University of Missouri-Kansas City (UMKC) School of Dentistry and is a former assistant professor of General Dentistry at UMKC.

Dr. Addy is a faculty member for Aerin Medical.

The material presented in the AADSM DSM Team Training Program has no relationship with this potential conflict.



Patricia (Trish) Braga, DDS, D. ABDSM graduated from the University of Minnesota School of Dentistry and established a multidisciplinary practice in 1983. In 2006 Dr. Braga entered the field of dental sleep medicine and became a Diplomate of the American Board of Dental Sleep Medicine in 2013. She began limiting her practice to dental sleep medicine in 2014 and completed the transition in less than a year. She chaired the AADSM Accreditation Committee, served as a Director-at-Large for the ABDSM and participated on a consensus conference panel to develop the "Management of Side Effects of OAT for SDB" paper. She currently serves as the Director of Education for the American Academy of Dental Sleep Medicine.

No potential conflicts of interest to disclose.



Aaron Glick, DDS, D. ABDSM is a Clinical Assistant Professor at the University of Texas Health Science Center at Houston School of Dentistry and Sam Houston State University College of Osteopathic Medicine. He also works part-time in private practice. He is a Diplomate of the American Board of Dental Sleep Medicine and holds Fellowship credentials with Academy of General Dentistry and International Congress of Oral Implantology. Dr. Glick has served on the AADSM Scientific Committee for 3 years. He has been published in medical and dental journals and lectures nationally on dental sleep medicine and digital/software technologies.

No potential conflicts of interest to disclose.



Paige Kunz Murrer, DMD, D. ABDSM practices in Pittsburgh, Pennsylvania at the Sleep Apnea Dental Center where she provides oral appliance therapy to patients diagnosed with obstructive sleep apnea and snoring. Dr. Kunz Murrer is a graduate of Penn State University and the University of Pittsburgh School of Dental Medicine. Prior to attending dental school, she spent over eight years as a dental assistant in a sleep-limited practice. Dr. Kunz Murrer is a Diplomate of the American Board of Dental Sleep Medicine.

No potential conflicts of interest to disclose.



Megan Nye has been in the dental sleep medicine field since 2010 alongside Dr. Michelle Cantwell in Lancaster, PA. She has worn many hats in private practice from chairside assisting to placing fillings, all while managing a prosthodontic and dental sleep medicine practice, which is affiliated with a hospital system offering oral appliance therapy exclusively. Megan finds it extremely rewarding to help others achieve better sleep and overall health. In her free time, she enjoys spending time with her husband, three kids and three dogs.

No potential conflicts of interest to disclose.



Gina Pepitone-Mattiello is a Registered Dental Hygienist (RDH) practicing with Long Island Dental Sleep Medicine. A pioneer in dental sleep medicine since 2011, Gina works with her patients to identify risk factors, signs, and symptoms of airway disorders and obstructive sleep apnea (OSA). She enjoys helping her patients understand their disorder and finding compassionate solutions for better health.

Gina first entered sleep medicine when her husband, a former New York City firefighter and 9/11 responder, was diagnosed with OSA and she learned about oral appliance therapy (OAT) as a treatment option. “My WHY is my family...I credit OAT for saving my husband’s life and our marriage!” She supports the World Trade Center Health Program by educating and treating first responders who suffer with airway disorders.

No potential conflicts of interest to disclose.



Belinda Postol, RN has been actively involved with her husband's dental practice from its inception in 1995. As the business manager, she is involved with all aspects of the practice. Since 2007, she has been intricately involved with dental sleep medicine, developing protocols and strategies for insurance, communication with sleep physicians, and consultations with patients. She has trained with dental sleep physicians around the country and brings both a thorough knowledge of obstructive sleep apnea and understanding of the medical arena. She has spoken across the country with the AADSM and University based programs. In addition to working at the dental practice, Belinda had worked at SSM Health Cardinal Glennon Children’s Hospital on a part time basis until her retirement in June 2019 after 31 years. She continues to expand her knowledge in the areas of sleep and medical insurance.

No potential conflicts of interest to disclose.



Chris Takacs is a Treatment Coordinator, Laboratory Technician, Office Manager and faculty lecturer in a private practice in Columbus, Ohio. Under the direction of Dr. James Metz, a Diplomate of the ABDSM, his career began in the dental laboratory in 2013, learning the intricacies and fabrication of oral appliances for sleep and TMD treatments. As a Laboratory Technician, he was able to travel extensively throughout the U.S. and Asia, lecturing and teaching fabrication to other eager clinicians and technicians. His experience with direct patient care and office management began in 2014 and has continued since then. Chris has fabricated, delivered, and titrated hundreds of oral appliances, and takes pride in improving the quality of life for all patients.

No potential conflicts of interest to disclose.



Briana Turlington is a Dental Assistant turned Dental Administrator turned Dental Sleep Medicine Maven. She has worked in the dental field her entire career and loves every minute of it. New people, new procedures and new factions of dental wellness are what keeps Briana engaged and excited about this field. She sees dental sleep medicine as the next frontier of dental advancement. Briana serves as the chair of the AADSM DSM Team Member Education Task Force.

No potential conflicts of interest to disclose.



Alex Vaughan, DDS, is a board-certified Orofacial Pain specialist and co-founder of Virginia Total Sleep in Richmond Virginia. Having started his dental career in the front office, he was “insurance minded” from the beginning. Seeing the urgent need for dental sleep medicine and orofacial pain services, he co-founded his practice with Dr. Michael Pagano on the foundation of medical billing and cutting-edge technology. By combining electronic medical records and his billing expertise, Virginia Total Sleep has reduced patient costs by 90% all while maximizing revenue and case acceptance rate.

Conflict of Interest Disclosure

Consultant: SomnoMed

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