

**Ghizlane Aarab, DDS, PhD,** is an associate professor at the department of Orofacial Pain and Dysfunction at the Academic Centre for Dentistry in Amsterdam. She teaches at the undergraduate, graduate, and postgraduate levels on orofacial pain and on dental sleep medicine. Further, Ghizlane is working part-time as a dentist specialized in sleep medicine, orofacial pain/TMD, and restorative dentistry at her private dental clinic in the Netherlands. In 2011, Dr. Aarab defended her thesis entitled "Mandibular Advancement Device Therapy in Obstructive Sleep Apnea" at the University of Amsterdam.



**Anne Bartolucci, Ph.D., C.B.S.M.**, is a licensed psychologist and a certified behavioral sleep medicine specialist. She founded Atlanta Insomnia & Behavioral Health Services, P.C. in 2010, and approximately 80-90% of her caseload at any one time consists of patients with insomnia. She is also the author of two nonfiction books - *Business Basics for Private Practice: A Guide for Mental Health Practitioners* and *Better Sleep for the Overachiever*. She is a sought-after speaker and conference panelist and has a not-so-secret other life as a fiction author under a pen name.



**Alan Blanton, DDS** graduated from the University of Tennessee College of Dentistry in 1983. He is a Diplomate with the American Board of Dental Sleep Medicine and has practiced general Dentistry since 1983 in Collierville, TN. He now devotes a large part of his practice to the treatment of obstructive sleep apnea by the use of oral appliance therapy. He has been on the Board of Directors of the AADSM for the last 3 years and is an Associate Professor and Director of Dental Sleep Medicine and Orofacial Pain at the University of Tennessee Health Science Center College of Dentistry in Memphis, Tennessee.



**Kevin Boyd, DDS,** is a board-certified pediatric dentist practicing in Chicago. He is also an attending instructor in the residency-training program in Pediatric Dentistry at Lurie Children's Hospital where he additionally serves as a dental consultant to the Sleep Medicine service. Dr. Boyd completed his dental degree from Loyola University's Chicago College of Dentistry in 1986, and attended the University of Iowa for his post-graduate residency training where he received a Certificate in Pediatric Dentistry in 1988. Dr. Boyd has served on the teaching faculties of the University of Illinois College of Dentistry, the University of Michigan's College of Dentistry, the University of Chicago Hospital, Rush Presbyterian-St. Luke's Medical Center and Michael Reese Hospital as an attending clinical instructor. He is currently a visiting Scholar at U. Pennsylvania doing research in the areas of anthropology and orthodontics.



**Anita Carmen Choy, MD**, is a Board Certified Allergist, providing comprehensive medical care for adult and children since 1995. Dr. Choy received her Allergy training at Northwestern University in Chicago, where she also completed her Internal Medicine Residency. She received her medical degree from Sydney University in Sydney, Australia. Currently an executive board member for the Northern California Society of Allergy, Asthma and Immunology, Dr. Choy served as Secretary, Vice President and President of the Board of the Northern California Allergy and Asthma Society between 2004 and 2008. She has been continuously recognized in America Top Docs and People's Choice Awards.



**Leopoldo Correa, BDS, MS**, is an associate professor at Tufts University Dental School in Boston Massachusetts. He is the director of the Dental Sleep Medicine fellowship program and the snoring and sleep apnea clinic at Tufts. He incorporated the teaching of dental sleep medicine into the pre and post-graduate programs at Tufts and developed various continuing education programs at the university including the mini-residency program. Dr. Correa is a Diplomate of the American Board of Dental Sleep Medicine, and visiting professor in different dental schools. His passion for education has allowing him to develop share and teach Dental Sleep Medicine programs in the USA, Latin America, Europe and Asia.



**B. Gail Demko, DMD,** is a past president of the AADSM and sits on the ABDSM Board of Directors. She has received the AADSM Distinguished Service award and continues as the expert advisor to the FDA in the area of oral appliance therapy for OSA. She did her first oral appliances is 1989 and limited her practice to DSM in 1997. Dr. Demko has lectured worldwide on the topic of oral appliance therapy and authored articles for scientific journals.



**Danny Eckert, PhD**, is a Professor of Medicine at the University of New South Wales and Principal Research Scientist at Neuroscience Research Australia (NeuRA) in Sydney where he heads the clinical and sleep research programs. He has also recently taken up the role of Matthew Flinders Fellow and Director of the Adelaide Institute for Sleep Health at Flinders University. Prior to returning to Australia, he was an Assistant Professor at the Brigham and Women's Hospital, Harvard Medical School in Boston. His research program focuses on identification of the physiological causes of sleep apnea, optimization of existing therapies and development of new tailored therapies using novel upper airway physiology and phenotyping techniques. He has >100 peer reviewed publications.



**Arthur Feigenbaum, DMD,** is a Diplomate of the American Board of Dental Sleep Medicine. He is dental director both at Delta Sleep Center of Long Island and Sleep Diagnostics of New York. Dr. Feigenbaum has been a lecturer and consultant on Dental Sleep Medicine. He also does Dental Sleep Medicine for Holistic Dentists of New York and has been in private practice for 40 years. Dr. Feigenbaum has been on the board of trustees of the Queens County Dental Society for the past 7 years and is a member for the American Academy of Dental Sleep Medicine and serves on the AADSM's Annual Meeting Committee.



**Neil Freedman, MD**, is a practicing Pulmonary Disease Specialist in Bannockburn, IL. Dr. Freedman graduated from Icahn School of Medicine at Mount Sinai in 1992 and has been in practice for 27 years. He completed a residency at Hospital of the University of Pennsylvania. Dr. Freedman also specializes in Critical Care Medicine and Sleep Medicine.



**Michael Hanna**, is a is a SR. Provider Outreach and Education Specialist for CGS Administrators, LLC, one of the Medicare Administrative Contractor's for the Centers for Medicare & Medicaid Services (CMS). He has a Master's of Public Administration and is a certified DME Specialist. He has been with CGS for 12 years.



**Sue Harding, MD**, graduated magna cum laude from Florida State University and received her MD from University of Florida. She completed her internship and residency in Internal Medicine at the University of Alabama at Birmingham (UAB). She completed her fellowship in Pulmonary and Critical Care Medicine also at UAB. She served as Medical Director of the UAB Sleep Wake Disorders Center for more than 18 years and currently serves as Professor Emerita at UAB. She trained in Esophagology under Dr. Joel Richter. She has expertise in extra-esophageal manifestations of gastroesophageal reflux.



**Michael Hnat, DMD,** is a graduate of the University of Pittsburgh School of Dental Medicine. He is the Dental Director of Progressive Dental Solutions for Sleep and TMJ in McMurray, PA. His dental sleep medicine facility has been accredited by the AADSM since 2012. Dr. Hnat is a Diplomate of the American Board of Dental Sleep Medicine and currently serves as a member of the Accreditation Committee of the AADSM. As Clinical Assistant Professor at the West Virginia University School of Dentistry he teaches dental sleep medicine to the dental and hygiene students and provides oral appliance therapy to patients in the faculty clinic. He lectures nationally and Internationally to dentists and other health professionals and his passion in this field is evident in the standard of care delivered to his patients and in his lectures.



**Seema Khosla, MD**, is the Medical Director of the North Dakota Center for Sleep in Fargo, ND. She is board-certified in internal medicine, pulmonary, critical care, and sleep. She is the chair of the AASM Presidential Technology Committee which recently authored the AASM Position Statement on Consumer Sleep Technology. She has volunteered with the AASM for a number of years and has been the chair of the AASM Sleep Medicine Trends course and, most recently, the AASM Sleep Medicine Disruptors course. She practices sleep medicine full-time and is working on a pilot program to improve collaboration between sleep medicine and dental sleep medicine utilizing telemedicine and other technology.



**Jennifer Le, DMD,** is a general dentist with a focus on dental sleep medicine. She works from a patient-centered care model built through collaborative relationships with the patient's other healthcare providers to create a personalized management approach for obstructive sleep apnea. Dr. Le is a dental director of an accredited dental sleep medicine facility, a national speaker and presenter on the topic of dental sleep medicine and is Adjunct Faculty at UNC School of Dentistry. In addition, she is a Diplomate of the ABDSM, Director-at-Large for the ABDSM, Chair of the AADSM Accreditation Committee, Internationally Certified Co-Active Coach and has completed a leadership program in integrative medicine from Duke University.



**Chris Lettieri, MD,** is a Professor of Medicine and currently serves as a Medical Expert, US Medical Affairs, Respiratory Division for GlaxoSmithKline. Dr. Lettieri recently retired as a Colonel in the U.S. Army, where his previous assignments included the Pulmonary & Critical Care Medicine Consultant to the Army Surgeon General, Senior Medical Advisor to the Joint Chiefs of Staff, Director of Global Joint Medical Operations, Assistant Deputy Commander for Medical Services at the Walter Reed National Military Medical Center, Chief of the Walter Reed Sleep Disorders Center, and Sleep Medicine Fellowship Program Director at the National Capital Consortium. Dr. Lettieri serves on numerous academic and editorial boards related Pulmonary, Critical Care, and Sleep Medicine topics.



**Stanley Liu, MD, DDS,** is an Assistant Professor of Otolaryngology in the Division of Sleep Surgery, and is co-director of the Stanford Sleep Surgery Fellowship. He is a committee member of sleep medicine in the American Academy of Otolaryngology, and is a recent Stanford Biodesign Faculty Fellow (2018). He received his medical and dental degrees from the University of California - San Francisco . After his maxillofacial surgery residency at UCSF, Dr. Liu completed his sleep surgery fellowship with the Department of Otolaryngology at Stanford. Dr. Liu practices the full scope of sleep apnea surgery including nasal, palate, tongue base, hypoglossal nerve stimulation (Inspire), genioglossus advancement, distraction osteogenesis maxillary expansion (DOME), and maxillomandibular advancement (MMA). His active areas of research include dynamic airway examination for sleep surgical selection, virtual surgical planning for facial skeletal surgery, and neuromodulation of the upper airway. He has published over 50 scientific articles and medical texts, with original scientific work on sleep surgery.



**Frank Lobbezoo, DDS, PhD,** graduated cum laude as dentist in 1988 from the University of Utrecht (UU), The Netherlands. In 1992, he obtained his PhD degree from the UU, after which he worked as a postdoctoral fellow at the University of Montreal in Quebec, Canada. As of September 1996, he works at the Academic Centre for Dentistry Amsterdam (ACTA), The Netherlands, where he was appointed as a full professor in 2005. In 2014, he was appointed as Chair of the Department of Oral Health Sciences and Vice-Dean. Frank Lobbezoo is specialized in TMD/ Orofacial Pain and in Dental Sleep Medicine.



**Jonathan Lown, MD,** is Board certified in internal medicine, sleep medicine and lipidology and is both owner and Medical Director of Lown Medical Group. Selected as a member of the national medical honor society, Alpha Omega Alpha in 1992, Dr. Lown graduated medical school, Magna Cum Laude in 1995. From 1995 through 1998 he completed his residency and internship at Columbia Presbyterian Medical Center. In addition to private practice and frequent lecturing, Dr. Lown currently serves as Clinical Assistant Professor of Medicine for Stonybrook University's Medical School.



Jayme Matchinski, JD, a former vice president of a national health care consulting firm, has successfully represented health care providers in reimbursement claims against insurance carriers and the Centers for Medicare and Medicaid Services. She works with physicians and health care systems in the licensure, certification, legal structure and reimbursement structuring of post-acute venues of care, including sleep disorder centers, rehabilitation hospitals and facilities, ambulatory surgery centers, long-term acute care hospitals, skilled nursing facilities, nursing homes and assisted living facilities. She has significant experience in the area of sleep medicine and covers regulatory, reimbursement, compliance, operational and contract issues that could potentially impact sleep disorder centers.



**Lisa Meltzer, PhD,** is an Associate Professor of Pediatrics at National Jewish Health. She received her Ph.D. in Clinical Health Psychology from the University of Florida, and completed her clinical internship and post-doctoral fellowship at the Children's Hospital of Philadelphia. Dr. Meltzer is certified in Behavioral Sleep Medicine by the American Board of Sleep Medicine, and is a Diplomate of the Board of Behavioral Sleep Medicine. Dr. Meltzer has a funded program of research examining sleep in children with chronic illnesses and their parents, objective and subjective measures of pediatric sleep, and the impact of changing school start times on health outcomes.



**Ken Mogell, DDS**, has been practicing dentistry in Boca Raton for over 30 years. His practice is now limited to treating patients diagnosed with Sleep Disordered Breathing. Dr. Mogell's office locations are located in Boca Raton, Jupiter, Vero Beach, Melbourne, and Ocala, Florida. Dr. Mogell received his Doctor of Medical Dentistry degree from the University of Florida in 1984 He currently serves on the Editorial Advisory Board for the journal Sleep Review. He is a Diplomate of the American Academy of Dental Sleep Medicine and the American Board of Craniofacial Dental Sleep Medicine. When he isn't focused on sleep, Dr. Mogell enjoys traveling, working out, and spending time with his family, including his two dogs.



**Luigi Taranto Montemurro, MD,** is an Italian physician-scientist who received his MD degree at Brescia University (Italy) in 2006. After medical school, he obtained specialty training in Respiratory and Sleep Medicine. In 2010-11 he worked as a researcher at Toronto University focusing on the cardiovascular consequences of obstructive sleep apnea. Since January 2015 he became part of the research laboratory at the Brigham and Women's Hospital and Harvard Medical School in Boston. His work at Harvard is focused on upper airway muscle activity during sleep and on the research for a pharmacological treatment for OSA.



**LTC Phillip Neal, DMD,** is a clinician, educator, and leader with 30 years of federal service. He serves as the lead action officer on strategic readiness initiatives to enhance dental sleep medicine support. Currently he is serving on a DOD/VA workgroup writing a clinical practice guideline standardize care for service members and veterans. He holds undergraduate degrees from Panama Canal College and Augusta University and earned his Dental Medicine Doctorate via the Health Professions Scholarship from the Medical College of Georgia. His passions include his family, leader development, dental sleep medicine, and improving the health and readiness of Soldiers, Sailors, Airmen and Veterans. LTC Neal is a board-certified Comprehensive Dentist, delegate to the AGD, and member of the ADA, AUSA, and Order of Military Medical Merit.



**David Orozco, MS, RD,** owns TD Wellness, LLC, a nutrition and health consulting company. He has been in practice for over twelve years as a Registered Dietitian Nutritionist with a Master's in Nutrition and Health Science. He is a Certified Intuitive Eating Counselor, Exercise Physiologist, Quit Smart® smoking cessation counselor, and is fluent in Spanish. He specializes in weight management and eating disorders. He has also developed wellness solutions for various corporations and organizations. In his practice he works closely with psychologists that specialize in sleep and other emotional conditions.



**Ben Pliska, DDS**, is a graduate of the University of Western Ontario School of Dentistry, and obtained his Certificate in Orthodontics and Master's Degree in Dentistry from the University of Minnesota. He is an Assistant Professor of the University of British Columbia Faculty of Dentistry, an Orthodontic Consultant at B.C. Children's Hospital and maintains a private practice in Vancouver as a certified specialist in Orthodontics. Dr. Pliska's research interests include craniofacial imaging and sleep medicine.



**Belinda Postol, RN,** has been actively involved with her husband's dental practice from its inception in 1995. As the business manager, she is involved with all aspects of the practice. Since 2007, she has been intricately involved with dental sleep medicine, developing protocols and strategies for insurance, communication with sleep physicians, and consultations with patients. She has trained with dental sleep physicians around the country and brings both a thorough knowledge of obstructive sleep apnea and understanding of the medical arena. She has spoken across the country with the AADSM and University based programs. In addition to working at the dental practice, Belinda continues to work at SSM Health Cardinal Glennon Children's Hospital on a part time basis and is completing her Certification in Clinical Sleep Health.



**Dominic Sawaya, JD, MPPA** is the AADSM Health Policy Manager. He earned his MA in Public Policy and Administration from Northwestern University, JD from the University of Detroit Mercy, and BA from Michigan State University. Dominic has extensive experience in health policy and government affairs. Prior to joining the AADSM, he was part of the management team at Prevail Health, where he worked on a variety of health policy and compliance issues and was instrumental in helping the health tech company maintain their federal government contract.



**Rose Sheats, DMD, MPH** is a graduate of the Harvard School of Dental Medicine with an orthodontic certificate from the University of Florida and a Master's in Public Health from Johns Hopkins University. A Diplomate of the American Board of Orthodontics, she retired in 2013 from her full-time academic position as the Graduate Orthodontic Program Director at the University of North Carolina. She continues to promote the practice of dental sleep medicine through her leadership positions and educational activities at the American Academy of Dental Sleep Medicine where she serves as a Director-at-Large of the Board of Directors and as Associate Editor of the *Journal of Dental Sleep Medicine*.



**Shelley Shults, DDS, CNP** is a quadruple board-certified interdisciplinary graduate of The Wichita State University College of Nursing with a BSN in 1982, The Ohio State University College of Dentistry in 2001, attained certification and Diplomate status with the ABDSM and AAOSM in 2015, then graduated with her FNP-MSN degree from South University in 2017. She entered into the dental sleep medicine field in 2008 after she and her husband experienced intolerance to CPAP. They recognized the frequent disconnect between medical and dental disciplines when they desired an alternative therapy. Dr. Shults was determined to bring oral appliance therapy to the forefront of her dental practice as well as awareness to both patient and physician peers as an effective therapy for OSA patients. She is the owner of Powell Dental Group and Powell Dental Sleep Solutions in Powell, Ohio. She currently is instrumental in co-developing the best practice guidelines with the OSDB for dentists practicing DSM in Ohio and enjoys lecturing with a patient-centric approach to OSA therapy.



**Noah Siegel, MD** is board-certified in both otolaryngology—head and neck surgery and sleep medicine, Dr. Siegel brings more than 17 years of practice experience to Mass. Eye and Ear's Longwood location. As Medical Director of Otolaryngology, he provides direct patient care and oversees a robust medical and surgical otolaryngology practice. Dr. Siegel completed Harvard Medical School's residency program at Mass. Eye and Ear. Prior to that, he completed a general surgery internship at Northwestern University Medical School. His undergraduate and medical school training were at the University of Michigan, where he graduated *cum laude* and was a member of the Alpha Omega Alpha Honor Medical Society.



**Michael Simmons, DMD, MSc, MPH** is boarded in pain and sleep with a MSc in sleep medicine, a medical fellowship in pain management and recently completed MPH. He has authored and published peer reviewed scientific papers, conducted original research and taught at UCLA from 1987-2018. Dr. Simmons has held many leadership positions including serving on the Board of Directors for AADSM, ASAA, CSS, LASS and as President of his local Dental Society component of 1400 members of the CDA. Dr. Simmons has been politically active in promoting the involvement of organized dentistry in sleep health including his resolutions to the ADA and CDA.



**Joel Solis, MD** is a board-certified family medicine physician in McAllen, Texas. Dr. Solis graduated from University of Medicine & Dentistry of New Jersey Robert Wood Johnson Medical School in 1999 and has been in practice for 20 years. He completed a residency at University of Texas Health Science. Dr. Solis also specializes in Emergency Medicine and Emergency Medical Services.



**Dan Taché, DMD** is a graduate of Tufts University School of Dental Medicine. After graduating from dental school, he completed an advanced general dentistry residency program at the Veterans Administration Hospital (VA)/University of Texas Dental Branch (UTDB). Dr. Taché attended an 18-month training program for the diagnosis and treatment of myofascial pain dysfunction (MPD). Dr. Taché established a successful practice in Houston, Texas, where he emphasized temporomandibular joint dysfunction (TMD), MPD and sleep apnea. During that time, he maintained his position as an assistant clinical professor, lecturing on TMD/MPD. In 1999, Dr. Taché and his family moved back home to Appleton and became board-certified in dental sleep medicine.





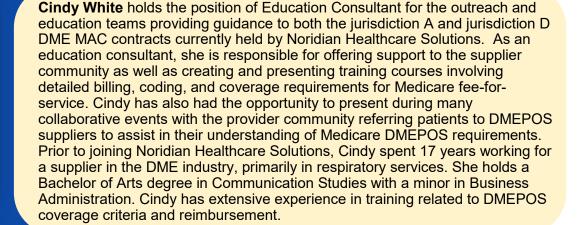
Olivier Vanderveken, MD, PhD is a full-time ENT, Head and Neck Surgeon at the Antwerp University Hospital in Belgium. He is appointed as vice-chair of the department of ENT-HNS at Antwerp University Hospital. Dr. Vanderveken received his medical degree from University of Antwerp in 2001. He completed an ENT, Head and Neck Surgery residency at the Antwerp University Hospitals. In 2007, he obtained a PhD in Medical Sciences on the topic of the fundamental and multidisciplinary approach to upper airway collapse during sleep-disordered breathing. His main research is in the area of sleep-disordered breathing, in particular pathophysiological assessment of upper airway collapse including phenotyping, drug-induced sedation endoscopy, treatment of sleep apnea with mandibular advancement devices and upper airway surgery including hypoglossal nerve stimulation and transoral robotic surgery. He is an Associate Editor of the journal Sleep and Breathing and the Deputy Editor of the Journal of Dental Sleep Medicine. Dr. Vanderveken has been a recipient of the AADSM Clinical Research Award in 2011, the AADSM Clinical Excellence Award in 2011 and the AADSM Pierre Robin Academic Award. He is a current member and past chair of the AADSM Research Committee.

**John Viviano, DDS** obtained his credentials from U of T in 1983. His clinic is limited to providing conservative therapy for sleep-disordered breathing and nocturnal bruxism, commonly referred to as snoring, sleep apnea and tooth grinding. A member of various sleep organizations, he is a Diplomate of the American Board of Dental Sleep Medicine and has lectured internationally, conducted original research and authored articles on the management of sleep-disordered breathing and the use of acoustic reflection to evaluate the upper airway. Dr. Viviano's facility is accredited by the American Academy of Dental Sleep Medicine. He also hosts the Sleep Disorders Dentistry online discussion group on LinkedIn with members from around the globe. His Sleep Disorders Dentistry Research and Learning Centre hosts numerous continuing education programs for clinicians that manage sleep disordered breathing and this facility is also involved in research projects to help further the field of sleep disorders dentistry.



**Shahebina Walji, MD** is the Medical Director of Calgary Weight Management Centre, a community-based center which provides comprehensive and evidence-based care to patients who struggle with their weight. Dr. Walji received her medical degree from McMaster University and her family medicine designation from the University of Toronto. She has a faculty position with the University of Calgary, offering clinical teaching to family medicine residents, and she is currently working to build obesity education into the family medicine curriculum. She is extensively involved in the development of professional education programs to increase knowledge about obesity and its treatments to practicing health professionals. Dr. Walji is the acting co-chair for the Calgary Chapter of the Canadian Obesity Network and was previously a working committee member for CON'S 5A's of Obesity Management Toolkit. She has two beautiful young children and loves volunteering at school with reading. In her "spare" time, Dr. Walji enjoys cooking, carpentry and interior decorating.





**Emerson Wickwire, PhD** completed his advanced training in sleep at the Johns Hopkins School of Medicine. He is currently Assistant Professor of Psychiatry and Medicine at the University of Maryland School of Medicine, where he directs the Insomnia Program. Dr. Wickwire is a recognized expert in the non-drug treatments of sleep disorders and motivational approaches to managing chronic disease. He is currently principal investigator of three funded studies exploring health and economic outcomes of sleep disorders and their treatments. Dr. Wickwire is a fellow of the American Academy of Sleep Medicine and Associate Editor of the *Journal of Clinical Sleep Medicine*.



**Audrey Yoon, DDS, MS** is a dual trained sleep orthodontist and pediatric dentist. She completed her orthodontic, pediatric and craniofacial training at the University of California, Los Angeles. She obtained a master's degree completing extensive research in obstructive sleep apnea (OSA). Dr. Yoon is a collaborative team member at Stanford Medical Center in the sleep apnea research. She has worked on a pioneering technique, maxillary distraction osteogenesis for the treatment of OSA. Dr. Yoon also has developed a surgery-first approach orthodontic protocol for maxillomandibular advancement surgery. Currently her active areas of research include craniofacial growth modification, frenulum inspection and myofunctional therapy.



**Soroush Zaghi, MD** graduated from Harvard Medical School, completed his residency in ENT at UCLA, and Sleep Surgery Fellowship at Stanford University. The focus of his subspecialty training is on the comprehensive treatment of nasal obstruction, snoring, and obstructive sleep apnea. He is very active in clinical research relating to sleep-disordered breathing with over 60+ peer-reviewed research publications in the fields of neuroscience, head and neck surgery, and sleep-disordered breathing. Dr. Zaghi is particularly interested in studying the impact of tethered-oral tissues (such as tongue-tie) and oral myofascial dysfunction on maxillofacial development, upper airway resistance syndrome, and obstructive sleep apnea. He is an invited lecturer, author, and journal reviewer for topics relating to the diagnosis and management of sleep disordered breathing and tongue-tie disorders.