



## Faculty Bios and COI Disclosures



**Alan Blanton, DDS, MS, D. ABDSM**, is a graduate of the University of Tennessee College of Dentistry. He is a Diplomate with the American Board of Dental Sleep Medicine and is the former Director of the Dental Sleep Medicine and Orofacial Pain Program at the University of Tennessee Health Science Center College of Dentistry. In private practice, he devotes a large part of his general practice to the treatment of Sleep-Related Disordered Breathing, Orofacial Pain and TMD. He is a former member of the AADSM Board of Directors and has chaired both Board Review Course and the Advanced Course and has lectured on behalf of the AADSM at the Annual ADA Meeting. He continues to lecture on Sleep, Oral Appliance Therapy, Orofacial Pain and TMD to State and local dental groups.

No potential conflicts of interest to disclose.

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**Michelle Cantwell, DMD, D.ABDSM**, is a graduate of Wilkes University and the University of Pittsburgh, School of Dental Medicine. Following graduation, she completed a three-year residency in prosthodontics and served on active-duty service as a Lieutenant Commander in the US Navy. She became a Diplomate of the ABDSM in 2014. In 2018, she merged her dental sleep medicine practice into the Pulmonary & Sleep Medicine Department of Wellspan Hospital. She currently lives in Lancaster, PA with her husband Steve and their daughters.

No potential conflicts of interest to disclose.



**Massimiliano Di Giosia, DDS** is a graduate of the University "G.d'Annunzio", School of Dentistry - Chieti, Italy. He completed a residency program in Orofacial Pain at the University of Kentucky-Orofacial Pain Center in 2007 and an Orthodontic residency program at the University of Cagliari, Italy, in 2011. He is a Diplomate of the American Board of Orofacial Pain and a fellow of the American Headache Society.

Dr. Di Giosia is a Visiting Clinical Associate Professor at Indiana University School of Dentistry (IUSD)-Dept. of Oral and Maxillofacial Surgery where he is responsible for clinical, teaching and research activities in orofacial pain, TMD and dental sleep medicine.

He has published several articles, books, and book chapters in the field of orofacial pain and dental sleep medicine.

No potential conflicts of interest to disclose.

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**David Federici, DMD, D.ABDSM** graduated from the University of Pittsburgh School of Dental Medicine in 1992 and has since been practicing dentistry in Manahawkin, NJ where he has elevated his practice to include the treatment of obstructive sleep apnea for his patients. His passion extends into speaking engagements to both the public and many health, dental lab and business groups to advance awareness of this extremely life threatening and life altering condition. Dr. Federici is a Diplomate of the American Board of Dental Sleep Medicine and the chair of the AADSM OAT for OSA Awareness Task Force. He is a faculty member of the AADSM Mastery 2 Course and on the Board of the NJ Sleep Society.

No potential conflicts of interest to disclose.

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**Barry Fields, MD** completed his undergraduate education at Cornell University and obtained his MD at the University of Rochester School of Medicine and Dentistry before completing an Internal Medicine residency at Yale-New Haven Hospital. He then completed a sleep medicine fellowship at the University of Pennsylvania where he earned a Master's degree in medical education. He joined the faculty at Emory University in 2014 where he is now an Associate Professor of Medicine and the Sleep Medicine Fellowship Program Director. He practices sleep medicine at the Atlanta VA Health Care System and directs its sleep telemedicine program.

No potential conflicts of interest to disclose.

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**David Flamenco, DDS, D.ABDSM** is a graduate of La Universidad De La Salle, Bajío, where he concentrated his studies in esthetic dentistry. He has been a dental technician since the age of 16 years old. He began private practice in Reseda, CA and now resides in San Diego, CA. Dr. Flamenco also works with SHARP hospital and has OR privileges for dental surgeries. He is dedicated to staying up to date with advancements in technology and biocompatible materials. He has taken extensive courses in multiple specialties and provides comprehensive care from start to finish within his office while utilizing the most advanced technology available. Dr. Flamenco became a Diplomate of the American Board of Dental Sleep Medicine after completing the AADSM Mastery Program. To stay up to date with the advancements of patient care he is a member of the ADA /CDA, SDCDS, ICOI, AAID, AACD, DOCS education, AASM, and AADSM.

No potential conflicts of interest to disclose.



**Maria Therese Galang- Boquiren, DMD, MS, D.ABDSM**, is a tenured associate professor at the University of Illinois at Chicago. Apart from teaching, she works in private practice and holds a hospital appointment at the John H Stroger Jr Hospital of Cook County. She is a Diplomate of the American Board of Orthodontics and is completing board certification for the American Board of Dental Sleep Medicine. Dr. Galang-Boquiren has received numerous awards for her teaching and research accomplishments. She is also very active in organized dentistry and reviews scientific manuscripts for various peer-reviewed journals. Dr. Galang-Boquiren has been invited to speak both locally and internationally.

No potential conflicts of interest to disclose.

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**Subha Giri, BDS, MS, D.ABDSM**, has over twelve years of clinical experience in collaborating with sleep physicians to provide Oral Appliance Therapy for patients diagnosed with Obstructive Sleep Apnea with concurrent focus in Temporomandibular Joint Disorders and Orofacial Pain. As a current Assistant Professor of Dentistry at Mayo Clinic in Rochester, Minnesota, Dr. Giri provides Oral Appliance Therapy, in collaboration with the Center for Sleep Medicine. Dr. Giri's practice philosophy is driven by a keen interest in individualized care plans, tailored to fit each of the patient's needs ranging from the simple to the complex with particular interest in reducing risks associated with concurrent presence of Temporomandibular Joint Disorders for patients seeking Oral Appliance Therapy. Dr. Giri completed her clinical fellowship in TMJ and Orofacial Pain Management from the School of Dentistry at the University of Minnesota and a M.S. degree focusing on chronic pain mechanisms. She has been a participant dentist with the National Dental Practice Based Research Network and has authored chapters in textbook, journal articles, and patents.

No potential conflicts of interest to disclose.



**Aaron Glick, DDS, D.ABDSM**, is a Clinical Assistant Professor at the University of Texas Health Science Center at Houston School of Dentistry and Sam Houston State University College of Osteopathic Medicine. He also works part-time in private practice. He is a Diplomate of the American Board of Dental Sleep Medicine and holds Fellowship credentials with Academy of General Dentistry and International Congress of Oral Implantology. Dr. Glick has served on the AADSM Scientific Committee for 3 years. He has been published in medical and dental journals and lectures nationally on dental sleep medicine and digital/software technologies.

No potential conflicts of interest to disclose.

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**Michael Hnat, DMD, D.ABDSM**, is the Dental Director of “Pittsburgh Dental Sleep Medicine” in McMurray, PA. His dental sleep medicine facility has been accredited by the AADSM since 2012. His practice focuses on dental sleep medicine and the treatment of temporomandibular disorders. Dr Hnat holds Diplomate status with the American Board of Dental Sleep Medicine and the American Board of Craniofacial Dental Sleep Medicine. He currently serves as Chair of the Accreditation and the Professional Ethics Committees of the AADSM. As Clinical Assistant Professor at the West Virginia University School of Dentistry he teaches dental sleep medicine to the dental and hygiene students and provides oral appliance therapy to patients in the faculty clinic. He lectures nationally and internationally to dentists and other health professionals and his passion in this field is evident in the standard of care delivered to his patients and in his lectures.

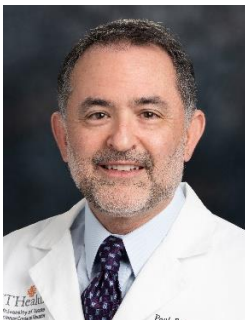
No potential conflicts of interest to disclose.



**Michael Howell, MD**, is the Associate Professor, Department of Neurology at the University of Minnesota. Dr. Howell is a neurologist who specializes in sleep disorders. His clinical interests include sleepwalking and related disorders such as REM Sleep Behavior Disorder, Sleep Related Eating Disorder, sleep seizures and other violent sleep behaviors. Dr. Howell's research interests include characterizing the relationship between sleep and neurological disorders and determining whether these processes are reversible with current or experimental therapies. He is also interested in the relationship between sleep and obesity. Specifically, he is investigating whether poor sleep as a result of sleep deprivation or of sleep disorders leads to or contributes to the current global obesity pandemic.

No potential conflicts of interest to disclose.

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**Paul Levine, DDS, D.ABDSM**, served as Clinical Assistant Professor at the University of Texas School of Dentistry at Houston in the department of General Practice and Dental Public Health from 2014-2021. He served as course director for a predoctoral dental sleep medicine course and earned his dental degree from UT Health School of Dentistry at Houston in 1982. He is a member of the American Academy of Dental Sleep Medicine and a Diplomate of the American Board of Dental Sleep Medicine. In addition, Dr. Levine currently serves as chair of the AADSM Academic Dental Sleep Medicine Council Steering Committee. He continues to focus on teaching dental sleep medicine to help the dental community recognize the importance of screening for sleep-related breathing disorders.

No potential conflicts of interest to disclose.



**Jonathan Lown, MD**, is board-certified in internal medicine, sleep medicine and lipidology, and is the Clinical Director at Delta Sleep Center of Long Island. Selected as a member of the national medical honor society, Alpha Omega Alpha in 1992, Dr. Lown graduated medical school, Magna Cum Laude in 1995. From 1995 through 1998 he completed his residency and internship at Columbia Presbyterian Medical Center. In addition to private practice and frequent lecturing, Dr. Lown currently serves as Clinical Assistant Professor of Medicine for Stonybrook University's Medical School. He holds two Diplomate statuses with the American Board of Internal Medicine in Sleep Medicine as well as Internal Medicine.

No potential conflicts of interest to disclose.

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**Belinda Postol, RN**, has been actively involved with her husband's dental practice from its inception in 1995. As the business manager, she is involved with all aspects of the practice. Since 2007, she has been intricately involved with dental sleep medicine, developing protocols and strategies for insurance, communication with sleep physicians, and consultations with patients. She has trained with dental sleep physicians around the country and brings both a thorough knowledge of obstructive sleep apnea and understanding of the medical arena. She has spoken across the country with the AADSM and university-based programs. In addition to working at the dental practice, Belinda had worked at SSM Health Cardinal Glennon Children's Hospital on a part-time basis until her retirement in June 2019 after 31 years. She continues to expand her knowledge in the areas of sleep and medical insurance.

No potential conflicts of interest to disclose.



**Noah S. Siegel, MD**, is board-certified in both Sleep Medicine and Otolaryngology Head and Neck Surgery. Dr. Siegel serves as the Director of Sleep Medicine and Surgery at Massachusetts Eye and Ear, a Harvard Medical School teaching hospital in Boston. He is the Medical Director of Otolaryngology for Massachusetts Eye and Ear's Longwood facility in addition to several other sleep laboratories in the Boston area. Dr. Siegel is clinical faculty at Massachusetts General Hospital and in the division of Craniofacial pain, TMD and Sleep at Tufts Dental School. Having graduated Magna Cum Laude from the University of Michigan Medical School in Ann Arbor in 1995, he completed his general surgery internship at Northwestern University followed by a residency at Harvard University in Otolaryngology- Head and Neck Surgery. He has been boarded in Sleep Medicine since 2008. Maintaining an active medical practice with primary interest in sleep disorders, allergy and chronic sinusitis, he regularly lectures at medical and dental sleep courses and training programs.

No potential conflicts of interest to disclose.



**Irina Trosman, MD** is a graduate of the University of Chicago Pritzker School of Medicine and the University of Chicago Pediatric residency program. She received additional training in Sleep Medicine at the Northshore Sleep Medicine Center. Dr. Trosman has been with Lurie Children's Hospital for 19 years and is presently an Interim Director of the Lurie Children's Hospital Sleep Medicine Center. In addition to an extensive educational experience with medical students, residents, and fellows, Dr. Trosman has been collaborating with her Sleep Medicine colleagues from all over the world, Otolaryngologists, Developmental Pediatricians, Neurologists, Dentists, Psychologists, and Orthodontists. Dr. Trosman presented at the national pediatric sleep medicine conferences, Pediatric American Thoracic Society Meetings, Grand Rounds, Pediatric Conferences, and the Chicago Dental Society meeting. She is currently involved in clinical research and building interdisciplinary clinics for pediatric patients with sleep disorders. Dr. Trosman is a Board Member of the Illinois Sleep Medical Society and co-chair of the Pediatric Committee.

No potential conflicts of interest to disclose.





**Alex Vaughan, DDS**, is a board-certified Orofacial Pain specialist and co-founder of Virginia Total Sleep in Richmond Virginia. Having started his dental career in the front office, he was “insurance minded” from the beginning. Seeing the urgent need for dental sleep medicine and orofacial pain services, he co-founded his practice with Dr. Michael Pagano on the foundation of medical billing and cutting-edge technology. By combining electronic medical records and his billing expertise, Virginia Total Sleep has reduced patient costs by 90% all while maximizing revenue and case acceptance rate.

Conflict of Interest Disclosure

Consultant: SomnoMed

*The material presented in the AADSM Mastery Program has no relationship with this potential conflict.*

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**Kevin Wallace, DMD**, is a graduate of Washington University School of Dental Medicine in St. Louis where he received his Doctor of Dental Medicine degree in 1990. In private practice for 25 years as a general dentist in Chicago, Dr. Wallace began to treat patients with Obstructive Sleep Apnea in 2010. Having retired from the practice of clinical dentistry in 2016, Dr. Wallace joined Midwest Dental Sleep Center in Chicago as Dental Director to concentrate solely on treating Obstructive Sleep Apnea patients. Shortly thereafter, he obtained Diplomate status from the American Academy of Dental Sleep Medicine. Dr. Wallace is currently a member of the Education Committee at the AADSM.

No potential conflicts of interest to disclose.



**Samantha Weaver, MS, SLP** has been involved with myofunctional therapy and sciences since 2009 in two clinics that specialize in breathing remediation and orofacial myofunctional therapy with children and adults. In addition to being a therapist, she is a director of the Academy of Orofacial Myofunctional Therapy (AOMT), whose curriculum leads the area of myofunctional therapy, helping facilitate the latest evidence-based research touching on breathing remediation, sleep disorders, TMJ disorders, posture, fascia-release, and frenulum inspection and surgery. She holds two Bachelors, one in Performance Studies (Northwestern University) and one in Communicative Disorders and Sciences (Utah State University), and a Masters of Science in Communicative Disorders (CSUN). Samantha is a founding board member of the Academy of Applied Myofunctional Sciences (AAMS) and passionate about educating the public at large about the application of myofunctional therapy.

No potential conflicts of interest to disclose.

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**Nicholas Wilson, DDS, MS, ABGD, D. ABDSM** is a graduate of the University of Colorado School of School of Dental Medicine. He has served Active Duty in the Army since 2011, where he has completed both a 1-year AEGD and a 2-year Comprehensive Dentistry residency. He currently serves as an Assistant Professor in the Postgraduate Dental College of the Uniformed Services University of the Health Sciences and the Assistant Program Director of the Comprehensive Dentistry residency in Schofield Barracks, Hawaii.

No potential conflicts of interest to disclose.



**Karen Wuertz, DDS** has made it her mission to be on the cutting edge of dentistry and all the newest options available. With over 30 years of private practice clinical experience, she is passionate when sharing her knowledge in the fields of dental sleep medicine, oral restrictions, orofacial myofunctional therapy, and laser therapy.

She is an Associate Professor & Group Practice Director at the UTH Health Houston, School of Dentistry, an AADSM qualified dentist, and serves on the AADSM Academic Council Steering and Mastery Program Committees. Dr. Wuertz is a Diplomate of the American Board of Craniofacial Dental Sleep Medicine, American Board of Laser Surgery and Fellowship in Craniofacial Pain/TMD in the American Academy of Craniofacial Pain.

Her professional accomplishments include a Doctorate of Dental Surgery, UT San Antonio Health Science Center Dental School, 1992 and General Practice Residency, Barnes-Jewish Hospital, St. Louis, Missouri, 1993.

No potential conflicts of interest to disclose.

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