

## Home Sleep Apnea Testing Information by State

*Disclaimer: The information presented here is for information only and was obtained through an internet search for publicly available information from state dental board websites. The information is accurate as of the time it was accessed, and we recommend that members confirm the current rules with their own dental board. The AADSM cannot offer legal advice or interpretations of state practice acts, laws, statutes, and related information. Questions about whether using HSAT is within your scope of practice should be directed to your state dental board. In some cases, state dental associations have been active in creating policies about sleep apnea treatment by dentists, and these groups may also be of assistance to you.*

Legend:

**Yes** indicates information about the dental board’s position on HSAT is available through the dental board’s website.

**No** indicates a statement about HSAT is not publicly available. Please contact the dental board directly to request information about their position on HSAT.

State	Does the state dental board have a publicly available position on HSAT?	Further Information
AK	Yes	The dental board stated in meeting minutes that dentists may prescribe HSAT, as long as a licensed physician interprets the results.  See <a href="#">meeting minutes</a> from December 2020 and March 2021.
AL	Yes	The dental board published an opinion that it is within the scope of practice for a dentist to order/administer a home sleep apnea test.  See the <a href="#">Frequently Asked Questions</a> for more information.
AR	No – contact the dental board	
AZ	No – contact the dental board	
CA	No – contact the dental board	

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CO	No – contact the dental board	
CT	Yes	<p>The dental board stated in meeting minutes that dentists may dispense HSATs ordered by a physician and use HSAT to determine an oral appliance’s optimal position, but dentists may not order HSAT.</p> <p>See <a href="#">Final Declaratory Ruling</a> from September 7, 2022 for more information.</p>
DC	No – contact the dental board	
DE	No – contact the dental board	
FL	No – contact the dental board	
GA	Yes	<p>Georgia dentists are not prohibited from ordering sleep apnea tests. Diagnosis of sleep apnea is solely in the purview of the patient’s physician and the practice of medicine.</p> <p>See <a href="#">Dental Policy Manual</a> for more information.</p>
HI	No – contact the dental board	
IA	Yes	<p>The dental board has convened a task force to discuss the role of dentists in managing sleep-related breathing disorders.</p> <p>Updated guidelines from 10/28/2021 states: dentists’ use of unattended Home Sleep Apnea Testing devices for screening should be considered within the scope of practice of a qualified dentist. However, data from the HSAT must be interpreted by a licensed medical provider, preferably a sleep physician, which may be accomplished by a face to face or telehealth visit.</p> <p>See the <a href="#">Role of Iowa Dentists in Managing Sleep-Related Breathing Disorders Guidelines</a> for more information.</p>

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ID	No – contact the dental board	
IL	No – contact the dental board	
IN	No – contact the dental board	
KS	No – contact the dental board	
KY	No – contact the dental board	
LA	Yes	<p>The dental board stated during a meeting that dentists are allowed to order and dispense HSAT.</p> <p>See the <a href="#">July 10, 2020 minutes</a> for more information.</p>
MA	No – contact the dental board	
MD	No – contact the dental board	
ME	No – contact the dental board	
MI	No – contact the dental board	
MN	No – contact the dental board	
MO	No – contact the dental board	
MS	Yes	<p>The dental board has indicated that dentists may order pulse oximetry.</p> <p>See the dental board’s <a href="#">Frequently Asked Questions</a> about scope of practice for more information.</p>
MT	No – contact the dental board	
NC	Yes	<p>The dental board’s newsletter indicated that dispensing home sleep apnea tests fall outside a dentist’s scope of practice; however, note that the board stated their opinion was based only on the facts supplied in the inquiry to which they were responding.</p> <p>See <a href="#">March 2018 newsletter</a> for further information.</p>

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ND	No – contact the dental board	
NE	No – contact the dental board	<p>The Board’s opinion is that a dentist has the authority to prescribe a sleep apnea screening test and refer for a diagnosis per the American Dental Association (ADA) policy statement on sleep apnea (2017).</p> <p>See the <a href="#">meeting minutes</a> from April 9, 2021</p>
NH	No – contact the dental board	
NJ	Yes	<p>The dental board has assigned a committee to review correspondence from AASM and AADSM regarding the dentist’s role in ordering and administering HSAT.</p> <p>See the <a href="#">meeting minutes</a> from April 7, 2021, for more information.</p> <p>Additionally, the dental board has addressed questions regarding dental sleep medicine and the scope of dental practice in multiple meetings over the years.</p> <p>Of note, the dental board stated in meeting minutes from July 22, 2015 that dentists cannot order or interpret home sleep screening tests. In response to a representative from a New Jersey sleep center on April 5, 2017, the board meeting minutes state that dentists may not order/prescribe either in-center or out-of-center sleep studies, and that dentists may not perform in-center or out-of-center sleep studies. On February 7, 2018 in response to a question from a New Jersey dentist, the dental board minutes state that a dentist cannot dispense a home sleep apnea test for the purpose of diagnosis, but after treatment has started a dentist</p>

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		may coordinate with the treating physician regarding the use of sleep testing needed to modify the treatment.
NM	Yes	<p>In 2019, the dental board updated regulations to state that dentists treating sleep apnea should follow guidelines from the ADA, AADSM, and AASM.</p> <p>See the regulations for <a href="#">adjunctive dental services</a> for more information.</p>
NV	No – contact the dental board	
NY	No – contact the dental board	
OH	Yes	<p>The dental board has issued a position statement affirming the role of the dentist in treating sleep-related breathing disorders.</p> <p>Review the <a href="#">position statement</a> for more information.</p>
OK	No – contact the dental board	
OR	No – contact the dental board	<p>The dental board posted on its scope of practice website that diagnosing obstructive sleep apnea is outside the scope of practice for dentists, but their position on dentists’ use of HSAT is not specified.</p> <p>For more information, see the <a href="#">Scope of Practice website</a>.</p>
PA	No – contact the dental board	
PR	No – contact the dental board	
RI	No – contact the dental board	
SC	Yes	<p>The dental board states that if screening suspicions dictate, a licensed dentist in South Carolina may order a Home Sleep Test (HST), which will be read, interpreted and a diagnosis be rendered by a South Carolina licensed sleep physician, with</p>

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		<p>results, diagnosis and therapeutic recommendations provided by that physician as part of the dentist's ongoing care of their patients.</p> <p>For more information, see the <a href="#">July 9, 2021 meeting minutes</a> and <a href="#">position statement</a>.</p>
SD	Yes	<p>The dental board issued an advisory opinion that it is within the scope of practice for a dentist to order sleep apnea tests.</p> <p>For more information, see the board's <a href="#">Declaratory Rulings/Advisory Opinions</a>.</p>
TN	No – contact the dental board	
TX	No – contact the dental board	<p>The Texas state administrative code has a section that prohibits dentists from diagnosing obstructive sleep apnea, but their position on dentists' use of HSAT is not specified.</p> <p>For more information, see the <a href="#">Texas Administrative Code</a>.</p>
UT	No – contact the dental board	
VA	Yes	<p>The dental board has been exploring the issue of a dentist's role in the treatment of sleep-related breathing disorders and whether a dentist may order or administer home sleep apnea tests.</p> <p>See <a href="#">meeting minutes</a> from May 17, 2021, and October 22, 2021 for more information.</p>
VT	No – contact the dental board	
WA	No – contact the dental board	
WI	No – contact the dental board	
WV	No – contact the dental board	
WY	No – contact the dental board	